

RETURN TO SMALL OUTDOOR GROUP TRAINING PROTOCOLS - SUMMARY

01 June 2020

The Club may undertake training in groups no larger than 20 people. The group of 20 does not include a coach. Two groups of 20 can utilise the same oval provided they do not operate closely together, and the oval is split into two zones. No more than 2 small training groups per oval at any one time with groups not permitted to interact.

- Training must be strictly non-contact, (i.e. no tackling, no bumping, no marking contests, etc.)
- All training must strictly observe social distancing requirements of 1.5m.
- All club rooms, changerooms and wet areas are not to be used as part of the return to small outdoor group training.
- Footballs can be used for small outdoor group training, however only limited additional equipment is permitted (i.e. field marking cones are permitted).
- Footballs will be wiped with antibacterial wipes or alcohol-based sanitiser prior to and after each use training session.
- The attendance of all members must be recorded at every training session attended, all registers will be available upon request to the League, AFL Victoria or health authorities.
- The Club encourages all players, volunteers and families to download the COVIDSafe App to help in tracing the spread of COVID-19.
- The designated entry point for vehicles to Scammell Reserve is via Guest Road
- The designated exit point for vehicles from Scammell Reserve is via North Road
- The designated entry point for vehicles to Princes Hwy Reserve is via Princes Hwy
- All parents must remain in vehicles while training is underway, no mingling
- All members should vacate the grounds and car park promptly on the conclusion of training

HYGIENE PROTOCOLS FOR ALL MEMBERS

- Do not come to training if you are sick (even just a sniffle)
- Wash your hands often with soap and water for at least 20 seconds (you can sing the first verse of the Dragons song to yourself). If soap and water are not available, use an alcohol-based hand sanitiser.
- Alcohol based hand sanitisers must be available at training sessions
- Avoid touching your eyes, nose and mouth.
- Cover your mouth with your elbow to cough or sneeze.
- Any player, Club member, or close relative of someone that has underlying health conditions or is considered a vulnerable person should consult with a healthcare professional prior to returning to small outdoor group training
- Bring your own drink bottle to training and do not share drink bottles
- DO NOT SPIT
- There will be no contact with any players or coaches (i.e. no high fives and no tackles!)
- Mouthguards are not to be removed during training or play and must be sealed away when not in use