



FFA National Futsal Championships

Air Quality Policy, Procedures and Recommendations

10 January 2020

OVERVIEW

This policy sets out the procedures and recommendations related to air quality, specifically relating to the scheduling of matches in the presence of smoke at the venues used for the 2020 FFA National Futsal Championships (**NFC**).

AIR QUALITY INDEX

The Air Quality Index (**AQI**) is used by public health authorities to quantify air quality, including;

- Localised air pollution levels
- The common contributing pollutants
- The potential health risks and advice relating to adjusting normal activity

Consecutive days of exposure to polluted air can have a cumulative effect.

The Local Organising Committee (**LOC**) of the NFC use the following resources to monitor the AQI;

- AirVisual App – which can be downloaded via the below links;
[AirVisual App - Android](#)
[AirVisual App - Apple](#)
- [ACT Health Alerts](#)
- AQI readers at each venue

The AirVisual App and ACT Health will be utilised to understand forecast conditions across the ACT, with the AQI readers at the venues monitoring the levels at each court.

AQI PARAMATERS

With reference to the [Smoke Pollution and Exercise Guidelines](#) used by the Australian Institute of Sport, the following guidelines are set for play at the NFC.

In venue AQI	Action Plan
Below 150	Matches to go ahead as planned
150-200	The Venue Manager assessed conditions in consultation with the Championship Director and medical officers, with matches to proceed unless otherwise deemed unsafe
Over 200	Matches are immediately ceased until such time as the AQI returns to an acceptable range and the Venue Manager in consultation with the Championship Director and medical officer agree it is safe to play



GENERAL AWARENESS

Participants attending the NFC are encouraged to be aware of the hazards associated with polluted air, to seek medical advice should they be categorised as at risk, and take precautions in the event that air quality is at an unsafe level.

This could include;

- Staying up to date with the relevant Health Alerts
- All participants who suffer from asthma having an updated management plan and consulting their doctor prior to exercising in smoke affected environments
- Should there be an adverse health risk due to smoke, people access equipment to mitigate the risk, which could include;
 - P2 Masks
 - Eye Drops
 - Nasal Spray
 - Asthma Inhalers
- If the AQI is at a hazardous level, limit the amount of time you spend outside