|  |  |
| --- | --- |
|  | Calder Cannons Football ClubHighgate Recreation Reserve - 229 Grand Boulevard, Craigieburn (Mel Ref 386 J3)PO Box 1005, Craigieburn North 3064Telephone: 8339 7482 Email: cannonsyga@afl.com.auWebsite: [www.caldercannons.aflvic.com.au](http://www.caldercannons.aflvic.com.au/) |
| **To:** | 2017 U18 Towards Zero TAC Cup Squad Players, Parents & Officials |
| **From:** | Pauline Leslie (Youth Girls Manager) & Russell Humphrey (Football Ops Manager) |
| **Date:** | Monday 14 March 2017 |
| **Subject:** | 2017 Towards Zero TAC Cup Squad – Training Details |

**1. Upcoming dates**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Date** | **Month** | **Day** | **Session** | **Venue** | **Time** |
| 14th  | March | Tuesday | Training | RAMS Arena Highgate | 6:30PM-8:00pm |
| 16th | March | Thursday | Training | RAMS Arena Highgate | 6:30PM-8:00pm |
| 16th | March | Thursday | REACH | RAMS Arena Highgate | 5:15PM-6:30pm |
| 19th  | March | Sunday | Round 1 vs Gippsland | Frankston Oval | 11:30AM |
| 20th  | March | Monday | Training | RAMS Arena Highgate | 6:30PM-8:00pm |
| 23th  | March | Thursday | Training | RAMS Arena Highgate | 6:30PM-8:00pm |

**2. Game Details Round 1 v Gippsland Power:**

Date: Sunday 19th February

Venue: Frankston Oval Cnr Young St and Plowman Place Frankston

Time: Arrive at 10:00am for a 11:30am game start

Uniform: CCFC Jumper supplied by club

 CCFC White shorts supplied by club

 CCFC socks

Notes: All players to bring own post-match food to have following the game, no after match function will take place.

**3. REACH Session:**

There is a REACH session this Thursday 16 March BEFORE training starting at 5:30pm.

**4. Before and after game commitments:**

Players are expected to be at the game at least one and a half hours before the game for preparation and approximately an hour after the game for recovery.

**5. Team Announcement:**

Team selection will take place the Thursday night before each game and dinner will be provided for all girls. The girls will be required to stay for this which should conclude at 8.45pm.