		Geelong Falcons - Tra	nining Calendar (Season 2015)
lovembe	er 2014		Notes (Last Updated - 12 April 2015)
	Monday	Full group session at Highton Reserve	Initial training session at Highton Reserve (Mon 10 Nov) - Manager & Coach's address followed
10-16	Wednesday	Full group session at Highton Reserve	fitness testing
	Friday	Full group session at Highton Reserve	
	Monday	Full group session at Highton Reserve	
17-23	Wednesday	Full group session at Highton Reserve	
	Friday	Full group session at Highton Reserve	
	Monday	Full group session at Highton Reserve	
24-30	Wednesday	Full group session at Highton Reserve	
	Friday	Full group session at Highton Reserve	
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	Monday	Full group session at Highton Reserve	
1-7	Wednesday		
1-7		Full group session at Highton Reserve	
	Friday	Full group session at Highton Reserve	
8-14	Monday	Full group session at Highton Reserve	
0-14	Wednesday	Full group session at Highton Reserve	
	Friday	Full group session at Highton Reserve	
45.04	Monday	Full group session at Highton Reserve	
15-21	Wednesday	Full group session at Highton Reserve	
	Friday	Full group session at Highton Reserve	Pre-Christmas Testing (aerobic time trials, skinfolds etc); players issued training diaries
	XMas-	New Year Break (20 Dec 14 - 25 Jan 15)	
nuary 2	2015		
, -	Monday	Full group session at Highton Reserve	Australia Day Holiday - Jan 26
6-1 Feb	Wednesday	Full group session at Highton Reserve	Post-Christmas fitness testing to be conducted at Highton Reserve on Wed 28 Jan
o. T 1.60			r osc-cinistinas nuness testing to be conducted at flighton reserve on wed 26 Jan
L	Friday	Full group session at Highton Reserve	
bruary	2015		
	Monday	Full group session at Highton Reserve	
2-8	Wednesday	Full group session at Highton Reserve	
	Friday	Full group session at Highton Reserve	
9-15	Monday	Full group session at Highton Reserve	
	Wednesday	Full group session at Highton Reserve	
	Friday	Full group session at Highton Reserve	
	Monday	Full group session at Highton Reserve	
16-22	Wednesday	Full group session at Highton Reserve	
	Friday	Full group session at Highton Reserve	Intra-trial matches at Central Reserve, Colac (SUN 22 Feb; 11.00am & 1.00pm)
	Monday	No training (TBC) - recovery session from trials	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
3-1 Mar		Full group session at Highton Reserve	
.5 1 11101	Friday	Full group session at Highton Reserve	Intra-trial matches at Central Reserve, Colac (SUN 1 Mar; 11.00am & 1.00pm)
arch 20		Tuli group session at riighton neserve	intra-trial matches at central Reserve, Colac (30N 1 Mar, 11.00am & 1.00pm)
arcii zu			
	Monday	No training (TBC) - recovery session from trials	
2-8	Wednesday	Full group session at Highton Reserve	Player Leadership Program (Leading Teams) - FRI 6 Mar start approx 4.30pm
	Friday	Player Leadership session @ Highton Reserve	Note: SAT 7 Mar - TAC Cup Testing Day (Maribyrnong) - TBC
	Monday	No training (Labour Day) - individual recovery session	Parent Information Evening (FRI 13 Mar): Captains Room, Simonds Stadium (6.00pm)
9-15	Wednesday	Full group session at Highton Reserve	SUN 15 Mar: Practice Matches vs North Ballarat (Central Reserve, Colac)
	Friday	Full group session at Highton Reserve	(11.00am, 1.00 & 3.00pm)
	Monday	No training - recovery session from Prac Matches	Rd 1: Metro Round
16-22	Tuesday	Full group session at Highton Reserve	SAT 21 Mar: Practice Matches vs Murray Bushrangers, RAMS Arena, Craigieburn
	Thursday	Full group session at Highton Reserve	(10.00am, 12 Noon & 2.00pm)
	Monday	No training - recovery session from Prac Matches	
23-29	Tuesday	Full group session at Highton Reserve	
	Thursday	Full group session at Highton Reserve	Rd 2 (SUN 29 Mar): vs North Ballarat Rebels (Simonds Stadium, Geelong; 2.00pm)
wil 201	<u> </u>	Tall group session at riighton reserve	That 2 (3014 23 Wait). V3 Worth Ballarat Nebels (3illionas Stadiann, Geelong, 2.00pm)
oril 201			
	Monday	Recovery session & Video edits	
80 Mar-5	Tuesday	Full group session at Highton Reserve	Rd 3 (SAT 4 Apr): vs Dandenong Stingrays (Shepley Oval, Dandenong; 1.00pm)
	Thursday	Full group session at Highton Reserve	(SUN 5 Apr): AFL Academy vs Werribee (Etihad Stadium)
			D 14/0 + D C 1744 +) C
	Monday	Recovery session & Video edits	Rd 4 (Country Round - SAT 11 Apr): vs Gippsland Power
6-12	Monday Tuesday	Recovery session & Video edits Full group session at Highton Reserve	(Queen Elizabeth Oval, Bendigo; 1.00 pm)
6-12			
6-12	Tuesday Thursday	Full group session at Highton Reserve	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG)
6-12	Tuesday Thursday Monday	Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG) Development Weekend (18-19 Apr)
	Tuesday Thursday Monday Tuesday	Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG) Development Weekend (18-19 Apr) APS Rd1: GGS vs GC; MGS vs XC
	Tuesday Thursday Monday Tuesday Thursday	Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Full group session at Highton Reserve	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG) Development Weekend (18-19 Apr)
13-19	Tuesday Thursday Monday Tuesday Thursday Monday	Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Full group session at Highton Reserve No training/recovery session (optional)?	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG) Development Weekend (18-19 Apr) APS Rd1: GGS vs GC; MGS vs XC (SUN 19 Apr): VC vs Queensland/NSW (TBC) (Visy Park, Carlton)
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13-19 20-26 7-3 May	Tuesday Thursday Monday Tuesday Thursday Monday Tuesday Thursday Monday Tuesday Thursday Monday Tuesday Thursday	Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Full group session at Highton Reserve No training/recovery session (optional)? Full group session at Highton Reserve Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG) Development Weekend (18-19 Apr) APS Rd1: GGS vs GC; MGS vs XC (SUN 19 Apr): VC vs Queensland/NSW (TBC) (Visy Park, Carlton) Rd 5 (SAT 25 Apr): vs Bendigo Pioneers (RAMS Arena, Craigieburn; 11.15am) APS: All Teams BYE
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13-19 20-26 27-3 May 2015 4-10	Tuesday Thursday Monday Tuesday Thursday	Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Full group session at Highton Reserve No training/recovery session (optional)? Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Recovery session & Video edits	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG) Development Weekend (18-19 Apr) APS Rd1: GGS vs GC; MGS vs XC (SUN 19 Apr): VC vs Queensland/NSW (TBC) (Visy Park, Carlton) Rd 5 (SAT 25 Apr): vs Bendigo Pioneers (RAMS Arena, Craigieburn; 11.15am) APS: All Teams BYE Rd 6 (SUN 3 May): vs Northern Knights (Preston City Oval, Preston; 1.00pm) APS Rd 2: GC vs MGS; CAUL vs GGS; XC vs BGS Rd 7 (FRI [night] 8 May): vs Calder Cannons (Simonds Stadium, Geelong; 7.00pm) APS Rd 3: BGS vs GC; GGS vs SC; WC vs XC
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13-19 20-26 27-3 May 4-10	Tuesday Thursday Monday Tuesday Thursday Thursday Thursday	Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Full group session at Highton Reserve Full group session at Highton Reserve No training/recovery session (optional)? Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG) Development Weekend (18-19 Apr) APS Rd1: GGS vs GC; MGS vs XC (SUN 19 Apr): VC vs Queensland/NSW (TBC) (Visy Park, Carlton) Rd 5 (SAT 25 Apr): vs Bendigo Pioneers (RAMS Arena, Craigieburn; 11.15am) APS: All Teams BYE Rd 6 (SUN 3 May): vs Northern Knights (Preston City Oval, Preston; 1.00pm) APS Rd 2: GC vs MGS; CAUL vs GGS; XC vs BGS Rd 7 (FRI [night] 8 May): vs Calder Cannons (Simonds Stadium, Geelong; 7.00pm) APS Rd 3: BGS vs GC; GGS vs SC; WC vs XC Rd 8 (SAT 16 May): vs Eastern Ranges (Simonds Stadium, Geelong; 1.00pm) APS Rd 4: GC vs WC; CY vs GGS; XC - BYE
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13-19 20-26 7-3 May ay 201 !	Tuesday Thursday Monday Tuesday Tuesday Monday Tuesday Monday Tuesday Tuesday Tuesday Tuesday Tuesday Tuesday Tuesday	Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Full group session at Highton Reserve No training/recovery session (optional)? Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve No training/recovery session (optional)? Full group session at Highton Reserve	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG) Development Weekend (18-19 Apr) APS Rd1: GGS vs GC; MGS vs XC (SUN 19 Apr): VC vs Queensland/NSW (TBC) (Visy Park, Carlton) Rd 5 (SAT 25 Apr): vs Bendigo Pioneers (RAMS Arena, Craigieburn; 11.15am) APS: All Teams BYE Rd 6 (SUN 3 May): vs Northern Knights (Preston City Oval, Preston; 1.00pm) APS Rd 2: GC vs MGS; CAUL vs GGS; XC vs BGS Rd 7 (FRI [night] 8 May): vs Calder Cannons (Simonds Stadium, Geelong; 7.00pm) APS Rd 3: BGS vs GC; GGS vs SC; WC vs XC Rd 8 (SAT 16 May): vs Eastern Ranges (Simonds Stadium, Geelong; 1.00pm) APS Rd 4: GC vs WC; CY vs GGS; XC - BYE Development Weekend (23-24 May) APS Rd 5: XC vs GC; GGS vs HY
13-19 20-26 7-3 May 4-10 11-17	Tuesday Thursday Monday Tuesday Thursday Thursday Monday Thursday Monday Thursday Thursday Thursday Thursday Thursday Thursday Thursday	Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Full group session at Highton Reserve No training/recovery session (optional)? Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG) Development Weekend (18-19 Apr) APS Rd1: GGS vs GC; MGS vs XC (SUN 19 Apr): VC vs Queensland/NSW (TBC) (Visy Park, Carlton) Rd 5 (SAT 25 Apr): vs Bendigo Pioneers (RAMS Arena, Craigieburn; 11.15am) APS: All Teams BYE Rd 6 (SUN 3 May): vs Northern Knights (Preston City Oval, Preston; 1.00pm) APS Rd 2: GC vs MGS; CAUL vs GGS; XC vs BGS Rd 7 (FRI [night] 8 May): vs Calder Cannons (Simonds Stadium, Geelong; 7.00pm) APS Rd 3: BGS vs GC; GGS vs SC; WC vs XC Rd 8 (SAT 16 May): vs Eastern Ranges (Simonds Stadium, Geelong; 1.00pm) APS Rd 4: GC vs WC; CY vs GGS; XC - BYE Development Weekend (23-24 May) APS Rd 5: XC vs GC; GGS vs HY (SUN 24 May): VC vs VM (Simonds Stadium, 11.00am)
13-19 20-26 7-3 May 4-10 11-17 18-24	Tuesday Thursday Monday Tuesday Thursday Monday Tuesday Thursday Monday Tuesday Thursday Monday Tuesday Monday Tuesday Thursday Monday Tuesday Thursday Tuesday Tuesday Tuesday Thursday Monday Tuesday Thursday Thursday Monday Tuesday Thursday Monday Tuesday Thursday Monday Tuesday Thursday Monday Monday	Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Full group session at Highton Reserve No training/recovery session (optional)? Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Recovery session & Video edits	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG) Development Weekend (18-19 Apr) APS Rd1: GGS vs GC; MGS vs XC (SUN 19 Apr): VC vs Queensland/NSW (TBC) (Visy Park, Carlton) Rd 5 (SAT 25 Apr): vs Bendigo Pioneers (RAMS Arena, Craigieburn; 11.15am) APS: All Teams BYE Rd 6 (SUN 3 May): vs Northern Knights (Preston City Oval, Preston; 1.00pm) APS Rd 2: GC vs MGS; CAUL vs GGS; XC vs BGS Rd 7 (FRI [night] 8 May): vs Calder Cannons (Simonds Stadium, Geelong; 7.00pm) APS Rd 3: BGS vs GC; GGS vs SC; WC vs XC Rd 8 (SAT 16 May): vs Eastern Ranges (Simonds Stadium, Geelong; 1.00pm) APS Rd 4: GC vs WC; CY vs GGS; XC - BYE Development Weekend (23-24 May) APS Rd 5: XC vs GC; GGS vs HY (SUN 24 May): VC vs VM (Simonds Stadium, 11.00am) Rd 9 (SAT 30 May): vs Western Jets (Avalon Airport Oval, Werribee; 1.30pm)
13-19 20-26 7-3 May ay 2019 4-10	Tuesday Thursday Monday Tuesday Thursday Thursday Monday Thursday Monday Thursday Thursday Thursday Thursday Thursday Thursday Thursday	Full group session at Highton Reserve Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Full group session at Highton Reserve No training/recovery session (optional)? Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve Recovery session & Video edits Full group session at Highton Reserve	(Queen Elizabeth Oval, Bendigo; 1.00 pm) (SAT 11 Apr) AFL Academy vs Northern Blues (MCG) Development Weekend (18-19 Apr) APS Rd1: GGS vs GC; MGS vs XC (SUN 19 Apr): VC vs Queensland/NSW (TBC) (Visy Park, Carlton) Rd 5 (SAT 25 Apr): vs Bendigo Pioneers (RAMS Arena, Craigieburn; 11.15am) APS: All Teams BYE Rd 6 (SUN 3 May): vs Northern Knights (Preston City Oval, Preston; 1.00pm) APS Rd 2: GC vs MGS; CAUL vs GGS; XC vs BGS Rd 7 (FRI [night] 8 May): vs Calder Cannons (Simonds Stadium, Geelong; 7.00pm) APS Rd 3: BGS vs GC; GGS vs SC; WC vs XC Rd 8 (SAT 16 May): vs Eastern Ranges (Simonds Stadium, Geelong; 1.00pm) APS Rd 4: GC vs WC; CY vs GGS; XC - BYE Development Weekend (23-24 May) APS Rd 5: XC vs GC; GGS vs HY (SUN 24 May): VC vs VM (Simonds Stadium, 11.00am)

June 2015	5		
	Monday	Recovery session & Video edits	
1-7	Tuesday	Full group session at Highton Reserve	Development Weekend (QB Weekend: 6-7 Jun)/APS - No Games
	Thursday	Full group session at Highton Reserve	(SUN 7 Jun): VM vs VC (Simonds Stadium, Geelong; 12 Noon)
	Monday	No training/recovery session (optional)?	Rd 10 (SAT 13 Jun): vs Tasmania (Avalon Airport Oval, Werribee; 11.00am)
8-14	Tuesday	Full group session at Highton Reserve	APS Rd 7: XC vs SC; GC vs CAUL; GGS - BYE
	Thursday	Full group session at Highton Reserve	(SUN 14 Jun): SA vs VC (AAMI Stadium, Adelaide; 11.00am)
	Monday	Recovery session & Video edits	
15-21	Tuesday	Full group session at Highton Reserve	Rd 11 (SAT 20 Jun): vs Murray Bushrangers (RAMS Arena, Craigieburn; 12 Noon)
	Thursday	Full group session at Highton Reserve	APS Rd 8: CY vs XC; GGS vs MGS; SC vs GC
	Monday	Recovery session & Video edits	
22-28	Tuesday	Full group session at Highton Reserve	Development Weekend (QB Weekend: 27-28 Jun)
	Thursday	Full group session at Highton Reserve	(FRI 26 Jun): VC vs SA (Simonds Stadium, Geelong; 12.35pm)
July 2015	<u> </u>		(
	Monday	Recovery session & Video edits	
29 Jun-5	Tuesday	Full group session at Highton Reserve	Rd 12 (SAT 4 Jul): vs Sandringham Dragons (Avalon Airport Oval, Werribee; 2.00pm)
	Thursday	Full group session at Highton Reserve	(THU 2 Jul): VC vs WA (Simonds Stadium, Geelong; 1.15pm)
	Monday	Recovery session & Video edits	(1110 25th). To to the (Simonas Statism) occords, 1125pm)
6-12	Tuesday	Full group session at Highton Reserve	
	Thursday	Full group session at Highton Reserve	Rd 13 (SUN 12 Jul): vs North Ballarat Rebels (Eureka Stadium, Ballarat; 1.00pm)
	Monday	Recovery session & Video edits	That 15 (50 ft 21 staff 15 110 ft) Statistic New York (Larenta Statistic) 2100 pm)
13-19	Tuesday	Full group session at Highton Reserve	Development Weekend (18-19 Jul)
	Thursday	Full group session at Highton Reserve	APS Rd 9: XC vs HY; BGS vs GGS; GC vs CY
	Monday	No training/recovery session (optional)?	AF3 Nu 3. AC 43 111, Bu3 43 003, de 43 01
20-26	Tuesday	Full group session at Highton Reserve	Rd 14 (SAT 25 Jul): vs Eastern Ranges (Box Hill City Oval, Box Hill; 1.00pm)
	Thursday	Full group session at Highton Reserve	APS Rd 10: SKC vs XC; GGS vs WC; HY vs GC
	Monday	Recovery session & Video edits	71. 5 1.0. 15.10. 15.70.) 5 55 15 17 5, 111 15 5 5
27-Aug 2	Tuesday	Full group session at Highton Reserve	Rd 15 (SAT 1 Aug): vs Gippsland Power (Visy Park, Carlton; 1.00pm)
	Thursday	Full group session at Highton Reserve	APS Rd 11: XC vs GGS; GC vs SKC
August 20		rangroup session at riighten reserve	Al 3 Na 11 Ne v3 GGS, GE v3 SNC
7 tagast = t	Monday	Recovery session & Video edits	
3-9	Tuesday	Full group session at Highton Reserve	Development Weekend (8-9 Aug)
3 3	Thursday	Full group session at Highton Reserve	APS Rep Matches - SAT 8 Aug
	Monday	No training/recovery session (optional)?	Ard hep Machies - DAT & Aug
10-16	Tuesday	Full group session at Highton Reserve	
10 10	Thursday	Full group session at Highton Reserve	Rd 16 (SAT 15 Aug): vs Northern Knights (Simonds Stadium, Geelong; 3.00pm)
	Monday	Recovery session & Video edits	ita 10 (3A) 13 Aug). V3 Northern Knights (3imonus Stadium, Geelong, 3.00pm)
17-23	Tuesday	Full group session at Highton Reserve	
1. 25	Thursday	Full group session at Highton Reserve	Rd 17 (SAT 22 Aug): vs Oakleigh Chargers (Warrawee Park, Oakleigh; 1.00pm)
	Monday	Recovery session & Video edits	The 17 June 22 Aug). V3 Canteign Chargers (Warrawee Fair, Canteign, 1.00pm)
24-30	Tuesday	Full group session at Highton Reserve	
2.55	Thursday	Full group session at Highton Reserve	Rd 18 (SUN 30 Aug): vs Dandenong Stingrays (Simonds Stadium, Geelong; 2.00pm)
Septembe	<u> </u>	I an Broad session at Highton Reserve	That to (30 in 30 Mag). Vs Danidenong Stiligrays (Sillionus Stadium, Geerolig, 2.00pm)
31 Aug-6		ТВС	Qualifying & Elimination Finals (SAT 5 & SUN 6 Sep) - TBC
7-13	TBC	TBC	Semi Finals (SUN 13 Sep) - TBC
14-20	TBC	TBC	Preliminary Finals (SAT 19 Sep) - TBC
21-27	TBC	TBC	Grand Final (SUN 27 Sep) - TBC
Z1-Z/	TUC	IDC	Orania rinar (3014 27 3ep) * TDC