

## **GWS GIANTS ACADEMY 2015 PROGRAM**

“The GIANTS Academy and Development programs are designed as elite training programs for the advancement of youth age athletes in Australian Rules football.

The ability to develop elite players by training together in such an environment further enhances their growth as local talent. GIANTS Academy and Development Programs must take priority over all other programs.” – Jason Saddington (Head Coach)

### **GIANTS Development Program – U13, U14 & U15**

**VENUE:** North West (Charles McLaughlin), West (BISP), South West (Peter Miller Oval)

**MAR–AUG :** Monday (North West), Tuesday (West & South West)

(U13/U14/U15s – times vary for each between 5.00pm-6.30pm)

\*Match Program included

### **GIANTS Academy Program – U16 & U18**

**VENUE:** Blacktown International Sports Park

**NOV-AUG:** Tues and Thurs 5.30pm-7.30pm

\*GIANTS Academy Match Day – March 7 (Canberra)

\*2 x U16 & U18 GIANTS v SWANS Academy (selected squads only)

### **SELECTION POLICY**

Players are pre selected for squads (invite only) based around the below criteria. Squads are fluent and players may be added/excluded at the discretion of GIANTS Academy Manager or Regional Talent Manager. There are no formal trials.

**SKILL:** KICKING - CLEAN HANDS - DECISION MAKING

**CONDITIONING:** FITNESS - SPEED/AGILITY/POWER - REPEAT EFFORT

**FOOTY IQ:** DECISION MAKING - STRUCTURE - POSITIONING

**ATTITUDE:** COMMITMENT - COMPETITIVENESS - CHARACTER

### **CONTACTS**

**General:** info@giantsacademy.com.au

**Head Coach:** Jason Saddington - jason.saddington@gwsgiants.com.au

**West Sydney Talent Manager:** Mick Clift - [mick.clift@aflnswact.com.au](mailto:mick.clift@aflnswact.com.au)