

Advice for QRL Clubs affected by the NQ flood

BACKGROUND

Summary of recommendation supported by Townsville public health unit.

KEY POINTS

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| <ul style="list-style-type: none">• The soil-based bacteria melioidosis has infected ten people in Townsville (normally 10 cases occur annually across Queensland). |
| <ul style="list-style-type: none">• Immuno-suppressed people who are ill or on medication are most at risk |
| <ul style="list-style-type: none">• Protective gear and airway protection from mud is recommended for the flood clean-up |

QRL PRESEASON TRAINING/PLAYER ADVICE

1. Train only of fields that are “high and dry” and unaffected by the floods.
2. Avoid contact with soil or muddy water on fields affected by the floods until the fields have completely dried out and deemed safe by QRL, club and health officials. *This may take 2-4 weeks or more.*
3. ALWAYS wear footwear when training.
4. Immediately after training on a wet field (eg it may have rained during the day):
 - wash any wounds
 - apply antiseptic then a waterproof dressing and
 - keep the wound out of dirt and water
5. Take care of your feet and prevent contamination of sores and blisters
6. If your wound is exposed to muddy water, wash your skin thoroughly. Seek medical attention.

If you have any questions relating to this matter please contact

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