



ST GEORGE BASKETBALL ASSOCIATION Incorporated

2019 Senior Representative Season Player Handbook

Welcome

Welcome to the St George Basketball Association (SGBA) Senior Representative Programme (SRP) for the 2019 season. The programme is administered by the SGBA which is the association governing the sport of basketball in the St George area and a member of Basketball NSW (BNSW). Once again SGBA has high expectations for a great year and welcomes all returning and new players to our programme.

The Programme

The Programme is primarily run for the benefit of SGBA's youth and senior members. Our SRP has three key elements; players, coaches, and SGBA administration. We are serious about the participation and development of players and coaches. Please take the time to sit down to read the information in this handbook and the accompanying Player Agreement so that you will understand our programme and what participation in it entails.

If you have any questions about the SRP please feel free to contact the SGBA Representative Manager.

Have a great Season.

Go Saints!

SGBA

The SGBA

The SGBA manages the Senior Representative Programme (known as the SRP). The association is also responsible for the programme of domestic youth and senior basketball. SGBA leases the stadium, the Hurstville Aquatic Leisure Centre, (known as HALC) which is also known as Johnny Warren Stadium, from Hurstville Council. SGBA is obliged in its lease commitment to cater for sports other than basketball at HALC.

SGBA through its elected board is the legal entity under which our programme operates and has final responsibility for the programme. SRP teams play in BNSW competitions.

Who is the programme for?

Our programme is primarily for the aspiring and elite female and male athletes of the SGBA youth and senior basketball competitions. SGBA provides a range of options for basketball development for those outside the representative programme such as development programs.

Confidentiality

The SGBA has significant responsibilities for Issues regarding confidentiality and the use of personal information, which is dealt with in our Player Agreement.

TRIALS PROCEDURES & SELECTIONS

Step 1: Read and Sign the SGBA SRP trial application form.

To be a SGBA Representative Player, the player needs to agree to become part of our programme. You must sign a copy at the trials or you cannot participate.

Step 2: Attend all selection trial dates.

Day	Date	Age Group	Register Time	Start Time	End Time
Sunday	4 th Nov	U22 Men & Women Youth League	1:40pm	2:00pm	3:30pm
Sunday	4 th Nov	Men Div 1	3:10pm	3:30pm	5:00pm
Sunday	4 th Nov	Women Div 1	4:40pm	5:00pm	6:30pm
Venue: Hurstville Aquatic Leisure Centre Cnr King George & Forest Rds.					
Sunday 18 th November same times as above Venue: Blakehurst High School entry via Forster St					

If you cannot attend all the above dates please advise one of the SGBA officials.

Step 3: Squad Selection

After the above trials the team squads will be announced on our website, together with a squad training schedule.

SELECTION PROCEDURE

Trial Mechanics

A selection panel of coaches view all players for the duration of trials. This selection panel includes the SGBA Head Coach, Team Coaches, SGBA development officers, and independent coaches appointed by the association. All coaches make notes on players sighting the following attributes in players: (in no particular order) Individual Skills, Team Skills, Speed, Size, Height, Athleticism, defensive ability, Positions.

The attributes evaluated by all coaches' forms the basis for squad selection.

Squad Selection

After initial phase of trial, appointed Team Coaches select team squads (usually a minimum of 12 for each team) based upon the trial process together with input from the selection panel. The SGBA Coaching committee then reviews the squads and they are sent to the SGBA Board for ratification.

Team Selection

Pre-Christmas squad training will be at Blakehurst High School Stadium, Forster St Blakehurst, Please check website for starting dates & times. From each team training squad a team of 12 players will be selected to play in the 2019 season. The training squad players that do not make the team are encouraged to continue training with the team throughout the 2019 season to improved your game and provide reserve players in the case of sustained player injuries.

Cost

The cost for this Representative Season is as follows:

- Season Fees of: **\$850 Includes Uniform (Shorts, Warm Up & Reversible) Playing top remains the property of the association**
- Season Bond: **TBA**

The season fees are based on the cost of services provided to the programme, which include: Game Fees, court hire, referees, score bench, court supervisors, equipment, nomination fees, Team Photo & Rep Dinner (travel costs are not included). SGBA provides all administrative services for this programme at no cost to the programme.

- SGBA Senior Registration Fees: \$140.00 (Not payable if you are already registered at SGBA).

Team Manager:

Each team will need a person to volunteer as team manager. The manager's role is mainly administrative and requires no particular basketball knowledge. A love of the game and a willingness to get involved is all that is required. SGBA can provide you with a job description as guidance.

Coaching Assistance:

If you are a qualified basketball coach, or would like to become qualified, please contact SGBA representative manager regarding your interest.

Score bench:

Each home team is required to supply 4 bench officials to score and run the clock at each game. The more people that volunteer to assist, the lighter the load for all. Bench duties are slightly more involved than SGBA club competition but not overly difficult. If you are unsure, register for one of score bench classes SGBA will run before the season commences.

Stats:

The score bench keeps a tally of who scores the points but it's the effort areas such as rebounds, assists and steals that can go un-noticed without the recording of game stats. If you've got a keen eye and can remain focused throughout the game, let the coach/manager know you are willing to assist in keeping stats if they would like this.

More information

As the season progresses, the SGBA web site, the SGBA newsletters and your team manager will be your main sources of information. The manager will advise you of game schedules, stadium locations,

training times, team rules, bench courses etc. The BNSW website provides information of extra development opportunities they offer.

Web Sites you need to bookmark include:

Our St George home www.stgeorge.basketball.net.au

Basketball NSW, draws and scores www.nswbasketball.net.au

Basketball Australia www.basketball.net.au

Guidelines and Expectations

The SGBA has a range of guidelines and expectations dealing with all aspects of our organisation and these are reviewed regularly. These cover the following:

Player Participation and Behaviour
Parents Participation and Behaviour
Coaches Guidelines
Educational Services

In line with the new Basketball Australia Integrity policy, BNSW will be asking all Delegates, Coaches, Officials, Stats, Scoretable and Senior League participants to undertake the Sports Integrity online learning, <https://elearning.sport.gov.au>. This is compulsory & certificate of completion must be emailed to stgeorgebball@bigpond.com

Player Participation

Practice

- Follow the instructions of team management including coach, assistant coach and manager.
- Attend every practice session, on time.
- Advise team management in advance if unable to attend practice.
- Give 100% effort at all trainings

Teamwork

- Respect, support and show loyalty to team mates and team management and your association
- Conform to any team rules or special instructions from team management and your association

SGBA Domestic Competitions

- All representative players are required to play in one of SGBA's domestic competition or coach a junior team. **If you do not play or coach there is a \$300 penalty Levy.**

Representative Games

- Follow the instructions of team management including coach, assistant coach and manager.
- Attend every game, on time.
- Advise team management in advance if unable to attend.
- Give 100% effort at all games
- Behave in a proper manner at all times, particularly towards umpires, opposition players or officials.
- Display good sportsmanship at all times.
- Win with humility, loose with good grace, remembering "it is only a game".

Equipment, Facilities and Property

- Use equipment respectfully and safely following all rules or instructions.
- Follow all instructions and the directions of responsible officials while attending any basketball activity including non SGBA venues.
- Recognise that players represent the SGBA SRP and must behave appropriately while using any basketball equipment, facility or property.

Around the Club

- Respect, support and show loyalty to all those in SGBA.
- Participate in SRP activities.
- Participate in SGBA player development activities.

Discipline

Players who consistently fail to meet these expectations may not be suitable to participate in the SRP and may be subject to disciplinary action by BNSW & SGBA.

Parents Participation and Behaviour

Overall Parent Participation Objective

To maximise positive and supportive parent behaviour and participation in and enjoyment of the administration of the SRP.

It is expected that all our parents will endeavour to meet the participation objective.

Interaction with Other Parents/Players at Home or Away

While the SGBA strongly supports parental involvement in its programme it is important to understand that the qualified volunteer team coach is in charge and that over-zealous input from parents is not helpful for anyone including, the players concerned. Unfortunately some parents may at times find difficulty in recognising the appropriateness or otherwise of their actions.

Unsolicited and/or aggressive boosting of individuals especially within the parent or parent/team management group context is not acceptable, in particular when it is at the expense of others. It is expected that all team parent groups will be self-managing in this regard. Parents can best assist by providing absolute support to team management at all times. As away trips form part of the SRP experience it is important to ensure that in away situations parents provide appropriate role models for the players in our programme.

SGBA has a Zero Tolerance Policy towards violent, threatening or abusive behaviour. People acting in this manner will be required to leave the programme.

Coaches Guidelines and Expectations

Background

The strength of the SRP is largely dependent upon the number, quality and commitment of our coaches, all of whom are volunteers. Our fundamental approach is to retain and develop our coaches and maintain a consistent and transparent approach to our coaches and their appointment can assist in this task. The volunteer coaches are servants of the programme and their appointment will be subject to the following guidelines, expectations and what is deemed to be in the best interest of the children.

1. Resources Desired

1.1. Coaching Hierarchy and the Development of Coaches

The SGBA is acutely aware of the need to improve the numbers and quality of our coaching resources. This is an ongoing and ever evolving process which is the key to the success of the SRP. An annual programme of coach development will be considered for the SRP. In terms of coaching hierarchy the following applies:

SGBA Coaching Committee together with the SGBA Representative Manager recruit, manage, instruct, assist and educate a team of voluntary coaches which include head coaches, team coaches and assistant coaches. All coaches are to have a minimum Level 1 BNSW accredited qualification.

2. Requirements of its Coaches

2.1 Things a Coach Will Need to Do

Any applicant for a Team Coach position in the SRP (including Head Coaches) is required to undertake to supply to the SGBA:

- Complete a SGBA Coaching application form.
- Prior to the 31st. of January, Team Objectives for the relevant group which have been agreed with the SGBA Coaching Committee and the SGBA Representative Manager.
- Prior to the start of season competition, submit a brief season plan for the development of the relevant team which has been agreed with the Head Coach, the SGBA Representative Manager and in accordance with issues discussed at the pre-season coaches' forum.

2.2 Responsibilities of Team Head Coach

- Be familiar with the Guidelines and expectations of SGBA.
- Implement the Guidelines and expectations of SGBA.
- Liaise with the Head Coach, the SGBA Coaching Committee and the SGBA representative Manager on ways to achieve the adopted SRP objectives for the relevant team.
- Liaise with the SGBA Coaching Committee and the SGBA representative Manager regarding the results of the SGBA midseason review with a view to obtaining the best outcomes for the SRP and the relevant team.

2.3 Responsibilities of Team Assistant Coaches

Assistant Team Coaches are to meet the responsibilities described above as directed by the Team Head Coach.

3. Relationship of SGBA Coaches to Others in the Programme

3.1 Parents and Coaches

It is expected that all coaches will establish open and ongoing communications with the parent group. It is recognised that the form and content of communication may differ for various age groups.

3.2 Parents as Coach

Many of our most successful coaches are parents of players in the teams they coach. However, there have been instances where ill feeling has emerged as a result of perceptions that:

- Players have been selected on the basis of parent being coach, rather than ability.
- There is "own child" bias in team coaching.

While such perceptions may occur it is important for everyone involved to be aware that the SGBA recognises these potential situations and seeks to monitor and manage these situations in the best interests of the team.

Educational Services

During the course of the programme, SGBA will provide a series of educational and basketball service courses for players, coaches and managers which are include.

1. Score table Courses: each team must provide competent score bench staff. SGBA host a series of easy to understand score table courses. It recommended that the least 5 people from each team participate in this course.
2. Introduction to being a team manager, an easy to follow course which de mystifies this fun task. A Manager's manual is provided for each lucky manager.
3. Refereeing courses for players.
4. First aid preventative strapping.
5. Coaches level 0 and Coaches level 1 course as required in order to finalise qualifications prior to the start of the season.