

Micronesian Games 2018 - 16/07/2018 to 19/07/2018

Yap - Federated States of Micronesia

Results

Women 100 Metre

Name	Team	Heats
Heats		
1	Regine Kate Tugade	Guam 12.47Q0.8
2	Zarinae Sapong	CNMI 13.19Q1.2
3	Shania Bulala	Guam 13.26Q0.8
4	Meliza Bartolome	Pohnpei 13.47Q1.2
5	Darla Jonah	Pohnpei 13.53Q1.2
6	Emiko Leit	Pohnpei 13.60Q0.8
7	Viksy Dereas	Chuuk 13.55q 1.2
8	Jamie Pangelinan	CNMI 13.83q 0.8
9	Emyrose Erwin	Chuuk 13.86 0.8
10	Fantasia Rubasch	Palau 13.98 1.2
11	Kanisleen Michael	Chuuk 14.07 1.2
12	Aubry Ngirangesill	Palau 14.24 0.8
13	Sydney Francisco	Palau 14.33 0.8

Women 100 Metre

Name	Team	Finals
Finals		
1	Regine Kate Tugade	Guam 12.38 -0.5
2	Zarinae Sapong	CNMI 13.12 -0.5
3	Shania Bulala	Guam 13.16 -0.5
4	Darla Jonah	Pohnpei 13.61 -0.5
5	Emiko Leit	Pohnpei 13.82 -0.5
6	Meliza Bartolome	Pohnpei 13.90 -0.5
7	Viksy Dereas	Chuuk 14.04 -0.5
8	Jamie Pangelinan	CNMI 14.08 -0.5

Women 200 Metre

Name	Team	Heats
Heats		
1	Shania Bulala	Guam 27.00Q-0.3
2	Zarinae Sapong	CNMI 27.35Q0.2
3	Richelle Tugade	Guam 27.44Q0.2
4	Celine Amparo	Guam 27.49Q-0.3
5	Viksy Dereas	Chuuk 27.75Q0.2
6	Meliza Bartolome	Pohnpei 28.19Q-0.3
7	Darla Jonah	Pohnpei 27.83q 0.2
8	Emiko Leit	Pohnpei 28.10q 0.2
9	Emyrose Erwin	Chuuk 28.56 -0.3
10	Kanisleen Michael	Chuuk 28.58 -0.3
10	Jamie Pangelinan	CNMI 28.58 -0.3
12	Sydney Francisco	Palau 29.91 0.2

Women 200 Metre

Name	Team	Finals
Finals		
1	Zarinae Sapong	CNMI 27.01 +0.0
2	Shania Bulala	Guam 27.25 +0.0
3	Celine Amparo	Guam 27.26 +0.0
4	Richelle Tugade	Guam 27.37 +0.0
5	Viksy Dereas	Chuuk 28.15 +0.0
6	Emiko Leit	Pohnpei 28.33 +0.0
7	Darla Jonah	Pohnpei 29.15 +0.0
8	Meliza Bartolome	Pohnpei 29.85 +0.0

Women 400 Metre

Name	Team	Finals
Finals		
1	Regine Kate Tugade	Guam 1:01.05
2	Madison Packbier	Guam 1:02.18
3	Emiko Leit	Pohnpei 1:03.58
4	Celine Amparo	Guam 1:04.15
5	Meliza Bartolome	Pohnpei 1:04.26
6	Therize Millare	CNMI 1:06.57
7	Niolyann Marcus	Chuuk 1:07.84
8	Diana Shigeta	Pohnpei 1:08.06
9	Aubry Ngirangesill	Palau 1:08.08
10	Kedisha Kanemoto	Chuuk 1:08.12
11	Sydney Francisco	Palau 1:08.97
12	Keisharin Thomas	Chuuk 1:10.32
13	Anaya Masang	Palau 1:11.79

Women 800 Metre

Name	Team	Finals
Finals		
1	Genina Georgette Criss	Guam 2:27.45
2	Madison Packbier	Guam 2:31.20
3	Elenna Santos	CNMI 2:35.53
4	Therize Millare	CNMI 2:37.17
5	Jerlyn Castillo	CNMI 2:37.91
6	Anaya Masang	Palau 2:50.73
7	Jaflyn Ander	Chuuk 3:25.55

Women 1500 Metre

Name	Team	Finals
Finals		
1	Genina Georgette Criss	Guam 5:01.85
2	Elenna Santos	CNMI 5:26.49
3	Madison Packbier	Guam 5:33.28
4	Reloliza Saimon	Pohnpei 5:57.68
---	Christina Teteth	Yap DNF

Women 5000 Metre

Name	Team	Finals
Finals		
1	Genina Georgette Criss	Guam 21:14.24
2	Reloliza Saimon	Pohnpei 23:07.05

Women 10000 Metre

Name	Team	Finals
Finals		
1	Genina Georgette Criss	Guam 47:54.49
2	Reloliza Saimon	Pohnpei 49:01.58
3	Anaya Masang	Palau 50:04.31

Women 15000 Metre

Name	Team	Finals
Finals		
1	Reloliza Saimon	Pohnpei 1:25.34

Women 100 Metre Hurdles

Name	Team	Finals
Finals		
1	Richelle Tugade	Guam 16.72 NWI
2	Rachel Abrams	CNMI 17.77 NWI

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Finals ... (Women 100 Metre Hurdles)

Name	Team	Finals
3 Aubry Ngirangesill	Palau	18.84 NWI
4 Rosemaline Watley	Marshalls	19.02 NWI

Women 400 Metre Hurdles

Name	Team	Finals
1 Richelle Tugade	Guam	1:13.74
2 Sydney Francisco	Palau	1:25.88

Women 4x100 Metre Relay

Team	Relay	Finals
1 Guam	A	50.49
1) Madison Packbier	2) Richelle Tugade	
3) Celine Amparo	4) Shania Bulala	
2 Pohnpei	A	52.52
1) Saya Shigeta	2) Emiko Leit	
3) Meliza Bartolome	4) Darla Jonah	
3 Northern Marianas	A	53.08
1) Jamie Pangelinan	2) Zarinae Sapong	
3) Elenna Santos	4) Rachel Abrams	
4 Chuuk	A	54.57
1) Emyrose Erwin	2) Kanisleen Michael	
3) Keisharin Thomas	4) Viksy Dereas	
5 Palau	A	55.84
1) Aubry Ngirangesill	2) Fantasia Rubasch	
3) Anaya Masang	4) Sydney Francisco	

Women 4x400 Metre Relay

Team	Relay	Finals
1 Guam	A	4:19.18
1) Shania Bulala	2) Madison Packbier	
3) Richelle Tugade	4) Celine Amparo	
2 Pohnpei	A	4:20.90
1) Meliza Bartolome	2) Diana Shigeta	
3) Darla Jonah	4) Emiko Leit	
3 Northern Marianas	A	4:24.43
1) Therize Millare	2) Jerlyn Castillo	
3) Zarinae Sapong	4) Elenna Santos	
4 Chuuk	A	4:33.88
1) Keisharin Thomas	2) Kedisha Kanemoto	
3) Niolyynn Marcus	4) Kanisleen Michael	
5 Palau	A	4:46.59
1) Fantasia Rubasch	2) Anaya Masang	
3) Aubry Ngirangesill	4) Sydney Francisco	

Women High Jump SH

Name	Team	Finals
1 Rachel Abrams	CNMI	1.36m
2 Rosemaline Watley	Marshalls	1.36m
3 Amaya Ngirkelau	Palau	1.30m
4 Leani Acosta	CNMI	1.25m
5 Reloliza Saimon	Pohnpei	1.15m

Women Long Jump

Name	Team	Finals
1 Regine Kate Tugade	Guam	4.95m +0.0
2 Shania Bulala	Guam	4.84m 2.0
3 Richelle Tugade	Guam	4.69m +0.0
4 Rosemaline Watley	Marshalls	4.42m +0.0
5 Jamie Pangelinan	CNMI	4.33m -0.5
6 Jerlyn Castillo	CNMI	4.18m 0.1
7 Amaya Ngirkelau	Palau	4.07m +0.0
8 Aubry Ngirangesill	Palau	4.05m +0.0
9 Reloliza Saimon	Pohnpei	4.02m 1.1
10 Leani Acosta	CNMI	3.87m 1.6

Women Triple Jump

Name	Team	Finals
1 Richelle Tugade	Guam	9.86m -0.2
2 Rosemaline Watley	Marshalls	9.23m +0.0
3 Jerlyn Castillo	CNMI	8.68m -0.5
4 Reloliza Saimon	Pohnpei	7.90m -0.2

Women Shot Put

Name	Team	Finals
1 Genie Gerardo	Guam	11.49m
2 Sidra Triplett	Marshalls	11.13m
3 Amanda Cruz	Guam	9.61m
4 Lucinda Kamloy	Yap	9.26m
5 Javendra Lukreb	Yap	8.99m
6 Amaya Ngirkelau	Palau	8.65m
7 Ruhyyih Aho	Marshalls	8.55m
8 Cassandra Camacho	CNMI	8.27m
9 Annalei Santos	CNMI	7.37m
10 Sandonia Likor	Pohnpei	7.12m

Women Discus

Name	Team	Finals
1 Sidra Triplett	Marshalls	33.32m
2 Genie Gerardo	Guam	30.46m
3 Amanda Cruz	Guam	29.31m
4 Javendra Lukreb	Yap	28.56m
5 Annalei Santos	CNMI	25.38m
6 Cassandra Camacho	CNMI	25.36m
7 Lia'mwar Rangamar	CNMI	24.73m
8 Sandonia Likor	Pohnpei	24.51m
9 Ruhyyih Aho	Marshalls	21.54m
10 Samantha Recheluul	Palau	20.18m

Women Javelin

Name	Team	Finals
1 Genie Gerardo	Guam	28.17m
2 Sandonia Likor	Pohnpei	24.75m
3 Amaya Ngirkelau	Palau	22.22m
4 Jamie Pangelinan	CNMI	21.39m

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Men 100 Metre

Name	Team	Heats
Heats		
1	Rodman Teltull	Palau 11.19QNWI
2	Jonah Harris	Nauru 11.32Q-0.3
3	Scott Fiti	Chuuk 11.46Q-0.1
4	Alvin Martin	Pohnpei 11.43QNWI
5	Adrian Ililau	Palau 11.58Q-0.1
6	Gwynn Uehara	Palau 11.63Q-0.3
7	Tirioro Willie	Kiribati 11.73q NWI
8	Joseph Aguon	Guam 11.80q NWI
9	Mitchell Marino	Pohnpei 11.83 -0.3
10	Nomar Jimenez	Chuuk 11.85 NWI
10	Biira Burennaira	Kiribati 11.85 -0.3
12	Oneisom McMahon	Chuuk 11.88 -0.3
12	Owen Rangto	Yap 11.88 NWI
12	Micah Ohli	Pohnpei 11.88 -0.1
15	Traven Quitugua	CNMI 11.95 -0.3
16	Kimwaua Makin	Kiribati 11.99 -0.1
17	Mobera Tonana	Kiribati 12.10 NWI
18	Jeki Lanki	Marshalls 12.16 -0.1
19	Paul John Dimalanta	Guam 12.19 -0.1
20	Gabriel Junior Sappa	CNMI 12.23 -0.1
21	Ian Koshiba	Palau 12.27 -0.1
22	Jose Mathow	Yap 13.06 -0.3

Men 100 Metre

Name	Team	Finals
Finals		
1	Jonah Harris	Nauru 11.07 NWI
2	Rodman Teltull	Palau 11.10 NWI
3	Scott Fiti	Chuuk 11.22 NWI
4	Alvin Martin	Pohnpei 11.59 NWI
5	Tirioro Willie	Kiribati 11.72 NWI
6	Gwynn Uehara	Palau 11.75 NWI
7	Adrian Ililau	Palau 13.05 NWI
8	Joseph Aguon	Guam 13.20 NWI

Men 200 Metre

Name	Team	Heats
Heats		
1	Rodman Teltull	Palau 22.50Q0.1
2	Scott Fiti	Chuuk 22.78Q-0.2
3	Jonah Harris	Nauru 23.21Q0.3
4	Dennis Petrus	Pohnpei 23.14Q-0.2
5	Tirioro Willie	Kiribati 23.34Q0.1
6	Biira Burennaira	Kiribati 23.62Q0.3
7	Mobera Tonana	Kiribati 23.47q 0.1
8	Stanislaus Kostka	Pohnpei 23.53q -0.2
9	Micah Ohli	Pohnpei 23.54 0.1
10	Alvin Martin	Pohnpei 23.69 0.3
11	Joseph Aguon	Guam 23.79 -0.2
12	Paul John Dimalanta	Guam 24.02 0.3
13	Jessy Samuel	Chuuk 24.03 0.3
14	Traven Quitugua	CNMI 24.12 0.3
15	Jonathan Hallers	Chuuk 24.24 0.1
16	Iverson August	Palau 24.46 -0.2
17	Kimwaua Makin	Kiribati 24.48 -0.2
18	Neldreyton Skerei	CNMI 25.63 -0.2

19 Gabriel Junior Sappa CNMI 34.58 0.1

Men 200 Metre

Name	Team	Finals
Finals		
1	Rodman Teltull	Palau 21.88 +0.0
2	Jonah Harris	Nauru 22.22 +0.0
3	Scott Fiti	Chuuk 22.76 +0.0
4	Dennis Petrus	Pohnpei 23.21 +0.0
5	Tirioro Willie	Kiribati 23.35 +0.0
6	Mobera Tonana	Kiribati 23.39 +0.0
7	Biira Burennaira	Kiribati 23.74 +0.0
8	Stanislaus Kostka	Pohnpei 23.75 +0.0

Men 400 Metre

Name	Team	Heats
Heats		
1	Kiudone David	Chuuk 52.89Q
2	Francis Rikat	Chuuk 53.21Q
3	Gwynn Uehara	Palau 53.24Q
4	Darin Pascua	Guam 53.51Q
5	Joseph Aguon	Guam 53.80Q
6	Douglas Schmidt	CNMI 53.90Q
7	Rodson David	Pohnpei 53.99q
8	Stanislaus Kostka	Pohnpei 54.66q
9	Jeofry Limtiaco	Guam 54.70
10	Paul John Dimalanta	Guam 55.20
11	Benoni Kin	Chuuk 55.57
12	Ezra Willy	Chuuk 55.94
13	Dusty Etpison	Palau 57.80
14	Bramson Celestine	Pohnpei 58.84
15	Traven Quitugua	CNMI 1:03.07
16	Neldreyton Skerei	CNMI 1:03.91
17	Kaivin Wariy	Yap 1:05.27

Men 400 Metre

Name	Team	Finals
Finals		
1	Kiudone David	Chuuk 51.79
2	Douglas Schmidt	CNMI 52.66
3	Joseph Aguon	Guam 52.93
4	Gwynn Uehara	Palau 53.25
5	Darin Pascua	Guam 53.30
6	Francis Rikat	Chuuk 53.77
7	Stanislaus Kostka	Pohnpei 53.92
8	Rodson David	Pohnpei 54.07

Men 800 Metre

Name	Team	Finals
Finals		
1	Joshua Ilustre	Guam 2:04.89
2	Darin Pascua	Guam 2:08.83
3	I.S Arongaw	Chuuk 2:11.31
4	Casey Henry	Pohnpei 2:11.57
5	Michael Michael	Chuuk 2:13.72
6	Sheavon Emesiochel	Palau 2:15.43
7	Detrickson Ioanis	Pohnpei 2:21.73
8	Ezra Willy	Chuuk 2:30.23
9	N-Nes Siech	CNMI 2:30.93
---	Elias Ryan	Pohnpei DNF

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Men 1500 Metre

Name	Team	Finals
Finals		
1 Joshua Ilustre	Guam	4:28.03
2 Cristia Etpison Nicolescu	Palau	4:35.50
3 Tyler Santos	CNMI	4:39.58
4 Michael Michael	Chuuk	4:42.76
5 Zachary Curtis Criss	Guam	4:43.42
6 Sheavon Emesiochel	Palau	4:49.79
7 Casey Henry	Pohnpei	4:52.21
8 I.S Arongaw	Chuuk	4:52.47
9 Detrickson Ioanis	Pohnpei	4:55.28
10 N-Nes Siech	CNMI	5:41.50

Men 5000 Metre

Name	Team	Finals
Finals		
1 Ryan Matienzo	Guam	17:07.29
2 Benjamin Middlebrooke	Guam	17:52.81
3 Cristia Etpison Nicolescu	Palau	18:18.74
4 Casey Henry	Pohnpei	19:25.51
5 Tyler Santos	CNMI	19:25.58
6 Sheavon Emesiochel	Palau	19:38.82
7 MJ Ioanis	Pohnpei	19:48.11
8 Zachary Curtis Criss	Guam	22:23.44

Men 10000 Metre

Name	Team	Finals
Finals		
1 Ryan Matienzo	Guam	36:15.32
2 Benjamin Middlebrooke	Guam	39:45.49
3 Casey Henry	Pohnpei	43:39.85
4 Sheavon Emesiochel	Palau	43:44.70
5 MJ Ioanis	Pohnpei	45:14.67

Men 15000 Metre

Name	Team	Finals
Finals		
1 Benjamin Middlebrooke	Guam	1:03.51
2 MJ Ioanis	Pohnpei	1:12.12

Men 110 Metre Hurdles

Name	Team	Finals
Finals		
1 Elias Ryan	Pohnpei	17.14 NWI
2 Mighty-Jay Bernardo	Pohnpei	17.18 NWI
3 Skyler Mason	Pohnpei	19.10 NWI
4 Joab Kanai	Palau	19.79 NWI
5 Marvin Yud	Yap	20.24 NWI
6 Beouch Ngirchongor	CNMI	20.28 NWI

Men 400 Metre Hurdles

Name	Team	Finals
Finals		
1 Jeofry Limtiaco	Guam	59.01
2 Elias Ryan	Pohnpei	59.78
3 Casey Henry	Pohnpei	1:01.88
4 Alfred Ladore	Pohnpei	1:04.99
5 Beouch Ngirchongor	CNMI	1:05.12
6 Dusty Etpison	Palau	1:13.41

Men 4x100 Metre Relay

Team	Relay	Finals
Finals		
1 Palau	A	43.39
1) Adrian Ililau	2) Gwynn Uehara	
3) Rodman Teltull	4) Ian Koshiba	
2 Chuuk	A	43.92
1) Oneisom McMahon	2) Benoni Kin	
3) Nomar Jimenez	4) Scott Fiti	
3 Kiribati	A	44.11
1) Kimwaua Makin	2) Tirioro Willie	
3) Mobera Tonana	4) Biira Burenairra	
4 Pohnpei	A	44.38
1) Bramson Celestine	2) Mitchell Marino	
3) Micah Ohli	4) Alvin Martin	
5 Guam	A	44.98
1) Darin Pascua	2) Jeofry Limtiaco	
3) Paul John Dimalanta	4) Joseph Aguon	
6 Northern Marianas	A	45.58
1) Traven Quitugua	2) Beouch Ngirchongor	
3) Neldreyton Skerei	4) Douglas Schmidt	

Men 4x400 Metre Relay

Team	Relay	Finals
Finals		
1 Chuuk	A	3:29.03
1) Kiudone David	2) Scott Fiti	
3) Francis Rikat	4) Benoni Kin	
2 Palau	A	3:32.35
1) Rodman Teltull	2) Gwynn Uehara	
3) Joab Kanai	4) Dusty Etpison	
3 Guam	A	3:32.88
1) Darin Pascua	2) Paul John Dimalanta	
3) Joseph Aguon	4) Jeofry Limtiaco	
4 Pohnpei	A	3:33.09
1) Rodson David	2) Bramson Celestine	
3) Micah Ohli	4) Stanislaus Kostka	
5 Kiribati	A	3:48.25
1) Mobera Tonana	2) Biira Burenairra	
3) Tirioro Willie	4) Lataisi Mwea	
6 Northern Marianas	A	3:51.47
1) Traven Quitugua	2) Orrin Pharmin	
3) Tyler Santos	4) Beouch Ngirchongor	

Men High Jump SH

Name	Team	Finals
Finals		
1 Lataisi Mwea	Kiribati	1.91m
2 Jonah Harris	Nauru	1.85m
3 Kius Pius You	Yap	1.52m
4 Marvin Yud	Yap	J1.52m
--- Jose Mathow	Yap	NH
--- Edso Ngiraiwet	Palau	NH
--- Iverson August	Palau	NH
--- Dennis Petrus	Pohnpei	NH
--- Elias Ryan	Pohnpei	NH

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Men Long Jump

Name	Team	Finals
Finals		
1	Jonah Harris	Nauru 6.33m +0.0
2	Buraieta Yeeting	Kiribati 6.17m +0.0
3	Devon Aquinas	Pohnpei 6.07m -0.2
4	Douglas Schmidt	CNMI 6.04m +0.0
5	Biira Burennaira	Kiribati 6.00m -0.7
6	Paul John Dimalanta	Guam 5.96m +0.0
7	Elias Ryan	Pohnpei 5.92m +0.0
8	Owen Rangto	Yap 5.81m +0.0
9	Iverson August	Palau 5.72m +0.0
10	Johny Lianus	Chuuk 5.64m +0.0
11	Vincent Joseph	Chuuk 5.42m +0.0
12	Adrian Ililau	Palau 5.40m +0.0
13	Kius Pius You	Yap 5.36m -0.9
14	Jose Mathow	Yap 5.22m -0.2
15	Sione Aho	Marshalls 5.07m -0.1
16	Jeki Lanki	Marshalls 5.06m NWI
17	Stanislaus Kostka	Pohnpei 4.91m +0.0

Men Triple Jump

Name	Team	Finals
Finals		
1	Biira Burennaira	Kiribati 12.83m +0.0
2	Douglas Schmidt	CNMI 12.47m 0.7
3	Jonah Harris	Nauru 12.09m 0.8
4	Devon Aquinas	Pohnpei 11.64m +0.0
5	Elias Ryan	Pohnpei 11.40m 0.1
6	Darin Pascua	Guam 11.33m +0.0
7	Adrian Ililau	Palau 11.26m 0.2
8	Iverson August	Palau 10.81m +0.0

Men Shot Put

Name	Team	Finals
Finals		
1	Florian Temengil	Palau 13.03m
2	Sione Aho	Marshalls 12.38m
3	Javez Mooteb	Yap 12.04m
4	Joshua Miller	Guam 11.87m
5	Kevin Fital	CNMI 11.35m
6	Medson Rawelmai	Yap 11.16m
7	Ronald Olopai	CNMI 9.36m
8	Ian Koshiba	Palau 9.33m
9	Antonio Ichiuo	CNMI 8.72m
10	Iverson August	Palau 8.05m
---	Rais Aho	Marshalls FOUL

Men Discus

Name	Team	Finals
Finals		
1	Florian Temengil	Palau 39.75m
2	Sione Aho	Marshalls 36.04m
3	Javez Mooteb	Yap 31.99m
4	Joshua Miller	Guam 31.75m
5	Medson Rawelmai	Yap 31.62m
6	Ronald Olopai	CNMI 29.23m
7	Rais Aho	Marshalls 26.57m
8	Ian Koshiba	Palau 26.21m

9 Antonio Ichiuo CNMI 25.52m

Men Javelin

Name	Team	Finals
Finals		
1	Dougwin Franz	Palau 50.32m
2	Iverson August	Palau 47.74m
3	Nicholas Gross	CNMI 46.09m
4	Selven Wolelmal	Yap 44.24m
5	Adrian Ililau	Palau 44.08m
6	Elias Ryan	Pohnpei 43.11m
7	Antonio Ichiuo	CNMI 39.91m
8	Bradley Ponens	Pohnpei 38.58m
9	Sione Aho	Marshalls 37.09m
10	Ryson Lomongo	Chuuk 34.24m
---	Neldreyton Skerei	CNMI FOUL

Octathlon: #1 Men 100 Metre Octathlon

Name	Team	Finals
Finals		
1	Joab Kanai	Palau 11.78 695
2	Mighty-Jay Bernardo	Pohnpei 12.20 612
3	Orrin Pharmin	CNMI 12.36 582
4	Devon Aquinas	Pohnpei 12.55 547
5	Bradley Ponens	Pohnpei 12.80 502

Octathlon: #4 Men 400 Metre Octathlon

Name	Team	Finals
Finals		
1	Joab Kanai	Palau 55.83 566
2	Mighty-Jay Bernardo	Pohnpei 56.25 550
3	Orrin Pharmin	CNMI 58.13 479
4	Devon Aquinas	Pohnpei 58.39 470
5	Bradley Ponens	Pohnpei 1:01.01 379

Octathlon: #8 Men 1000 Metre Octathlon

Name	Team	Finals
Finals		
1	Devon Aquinas	Pohnpei 3:14.23 532
2	Bradley Ponens	Pohnpei 3:18.31 496
3	Orrin Pharmin	CNMI 3:18.34 496
4	Mighty-Jay Bernardo	Pohnpei 3:18.38 495
5	Joab Kanai	Palau 3:21.40 470

Octathlon: #5 Men 110 Metre Hurdles Octathlon

Name	Team	Finals
Finals		
1	Mighty-Jay Bernardo	Pohnpei 17.49 574
2	Joab Kanai	Palau 19.54 386
3	Bradley Ponens	Pohnpei 19.67 376
4	Devon Aquinas	Pohnpei 20.53 309
5	Orrin Pharmin	CNMI 21.53 238

Octathlon: #6 Men High Jump Octathlon

Name	Team	Finals
Finals		
1	Joab Kanai	Palau 1.55m 426
2	Devon Aquinas	Pohnpei 1.52m 404
3	Mighty-Jay Bernardo	Pohnpei 1.49m 381
4	Bradley Ponens	Pohnpei 1.46m 360
5	Orrin Pharmin	CNMI 1.25m 218

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	Name	Team	Finals	
Finals				
1	Devon Aquinas	Pohnpei	5.74m	531
2	Joab Kanai	Palau	5.24m	429
3	Bradley Ponens	Pohnpei	5.21m	423
4	Mighty-Jay Bernardo	Pohnpei	5.12m	405
5	Orrin Pharmin	CNMI	4.66m	319

Octathlon: #3 Men Shot Put Octathlon

	Name	Team	Finals	
Finals				
1	Orrin Pharmin	CNMI	8.22m	379
2	Joab Kanai	Palau	7.50m	337
3	Mighty-Jay Bernardo	Pohnpei	7.43m	333
4	Bradley Ponens	Pohnpei	7.19m	318
5	Devon Aquinas	Pohnpei	6.86m	299

Octathlon: #7 Men Javelin Octathlon

	Name	Team	Finals	
Finals				
1	Orrin Pharmin	CNMI	41.28m	461
2	Mighty-Jay Bernardo	Pohnpei	36.79m	396
3	Bradley Ponens	Pohnpei	35.35m	375
4	Joab Kanai	Palau	31.32m	318
---	Devon Aquinas	Pohnpei	FOUL	

Men Octathlon

	Name	Team	Finals	
Finals				
1	Mighty-Jay Bernardo	Pohnpei	3746	
2	Joab Kanai	Palau	3627	
3	Bradley Ponens	Pohnpei	3229	
4	Orrin Pharmin	CNMI	3172	
5	Devon Aquinas	Pohnpei	3092	