

KEYSBOROUGH COUGARS REPRESENTATIVE TRYOUTS 2017 / 2018



WHAT IS A REPRESENTATIVE BASKETBALL TRYOUT?

Junior Representative Basketball is an elite based junior competition. It is for players who are committed to improvement and serious competition so they can reach their full potential. Keysborough Cougars provide individuals and teams the opportunity to maximise their potential by competing at a high level, given their own ability. The aim of the Keysborough Cougars Junior Representative program is to promote the game of basketball within our community and to develop players to compete at the highest level. All players in a team at this elite level have an important role to play despite how much court time each player may or may not receive, and as such coaches will want all players to develop steadily, not just the best players on the team.

WHEN ARE TRYOUTS & DO I NEED TO ATTEND THEM ALL?

First tryout session

Friday 13th October, 2017

Under 12,14,16's from 6.30pm - 8.00pm.

Under 18,20's from 8.00pm - 10.00pm.

Second tryout session

Sunday 15th October, 2017

Under 12,14,16 from 8.00am - 10.00am

Under 18,20's from 10.00am - 12.00pm.

Third and final tryout session

Friday 20th October, 2017

Under 12,14,16's from 6.30pm - 8.00pm.

Under 18,20's from 8.00pm - 10.00pm.

Yes, you are required to attend all 3 tryout sessions. If you are not able to attend all tryout sessions, please let our administrator know.

DOMESTIC BASKETBALL AND OTHER ASSOCIATIONS?

To play Representative basketball, you must be playing domestic basketball currently. We have relationships with several domestic clubs so we can help you if you need guidance domestically. If you are playing domestic at another association, you are more than welcome to come to Keysborough Rep tryouts. You are also not stuck just trying out at one Association, you are allowed to tryout at as many Associations as you like. Just remember though, if you have played Representative Basketball with, and are registered with another Association you will need to get a signed "Permission to train" form from that Association, before you can attend Keysborough tryouts. If you attend tryouts at one association and are cut from that group, you are then able to approach and tryout at another association.

WHAT DOES IT COST?

The season will run for approximately 10 months. There are two sections for the season. The first is the Grading Phase which runs from November through to February. The second is the Championship stage, which runs from March through to September. Keysborough Cougars fees (TBA) cover both grading and championship phases. This includes regular training with our Fitness Trainer to work on strength and conditioning, entry into the Australia Day Tournament (Compulsory Tournament), Trophies and Presentation.

Most game venues will charge \$3 per person entry and there is a \$10 per week game fee payable to your team manager. The \$10 game fee will cover the team sheet each week and the remainder will be returned to Keysborough. Why? We see it necessary to increase the standard of our coaching staff and be able to send them to Coaching Clinic's to increase their skills. Another cost is uniforms. Our Uniform Pack 1 is \$150 and gives you the Playing Top and Shorts, and also a Reversible Training Singlet. Other apparel can be purchased such as Hoodies, Track Pants, T-Shirts and Long Sleeve Tops. We try and keep our costs as low as possible, but do realise that the cost can be hard for some families to pay in full, so we are more than happy to work out a payment plan to make it easier for families. Please don't let finances get in the way of your child playing basketball, we are happy to work with you and give your child the best opportunity to play.

WHEN AND WHERE ARE GAMES?

Games are played on Friday nights, and are a Home and Away process. KBA Home games are played at Rowville Secondary College and the other games are played throughout the Melbourne Metropolitan Region depending on where your team has graded. Please don't be scared off by the travel, most away games are within a 45 minute radius. Carpooling is another great option for families.

WHEN & WHERE IS TRAINING?

Sunday training is held at Rowville Secondary College from 8am – 12pm depending on your age group. There is also a midweek training session. The midweek training time and venue will be discussed with coaches and we will try and make it a suitable time for all players. Training times and updates can be found on our website:

www.keysboroughcougars.com.au

WHAT COMMITMENT IS REQUIRED BY PLAYERS?

Players are expected to adhere to the 'Players Code of Conduct' which can be downloaded from the MUVJBL website. It is expected that players who play other sports in addition to basketball, should make basketball their priority as much as possible. It is expected that players will balance any other commitments including schoolwork, home chores, part time jobs etc. in such a way that he/she will be able to attend games and both training sessions each week, even when injured, so as not to miss out on any development. Players are expected to be present at their Friday game 30 minutes before tipoff.

WHAT COMMITMENT IS REQUIRED BY PARENTS?

Parents are expected to adhere to the 'Parents Code of Conduct' which can be downloaded from the MUVJBL website. **All parents are expected to be a part of a rotating scoring roster for Friday nights.** Scoring classes are normally organised prior to, or early in the season. Scoring is not difficult and can be easily learnt by sitting with someone on game night that has experience. Please ask our administrator for help if needed with scoring.

WHAT NOW?

You now need to make the decision, whether or not you are prepared to commit yourself to Representative Basketball. Talk to your parents about the full commitment from both parties, enrol yourself in Rep Ready training if you wish, and talk to others already involved. Be prepared to work hard and enjoy the fun and achievement that this work brings. The next step to joining Cougars is the tryout process.

Register now on our website www.keysboroughcougars.com.au to save time at the first tryouts.