

**1% Edge Academy**

**Applications now open**

**For players wishing to advance skills moving into the 2018 Representative season.**

**Tuesday-kids moving into under 12’s and 14’s in 2018**

**Thursday- Players moving into under 16’s and 18’s in 2018**

**1.5 hour sessions.**

**6 weeks only $120 spaces limited in each session.**

**To apply email** [**myspartans@optusnet.com.au**](mailto:myspartans@optusnet.com.au) **or call 0435 026 992.**

**How it works!**

**The Under 18’s group is 1 ½ hours each week and includes talks from key people who have achieved success or provide guidance to help you map a path to higher levels.**

**There is a range of skills we focus on in this development and include the following skills.**

1. **Conditioning**
2. **Proper technique development**
3. **Rebounding Science**
4. **Ball Handling**
5. **Shooting technique and shooting under pressure**
6. **Defence**
7. **Communication and Leadership.**

**The complete curriculum will be given out to players at the first session and space is limited to ensure maximum development and is a skill course.**

**We are looking at providing a range of highly talented and qualified speakers to help provide guidance to these players approaching their senior years and opportunities post Juniors.**

**These include;**

* **Drug Awareness**
* **College players and how they got there**
* **External coaches on what coaches look for at higher levels**
* **People who have attained success and how they did it.**

**We are currently arranging schedules with these people to fit in with the program and these will be advised as confirmed.**

**You will need to send in the attached form completed for your application and at sessions you will need to bring the following**

* **Water**
* **Towel**
* **Ball**
* **Shoes for running as some sessions will be outdoors for part of the program.**

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| **Name:** | **DOB:** | **Age Group in 2018:** |
| **Email:** | **Contact:** | **Parent Contact:** |
| **Previous REP Experience : Yes/No** | **Previous club:** |  |
| **Any medical conditions: Yes/No** | **Details** | |
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