

# beaches.

CATHERINE HILL BAY

## INTERNATIONAL OPTIMIST NSW & OPEN CHAMPIONSHIP

25 – 26 March 2017

# SAILING INSTRUCTIONS

Organising Authority

New South Wales International Optimist Dinghy Association in  
conjunction with South Lake Macquarie Amateur Sailing Club



SUNSHINE PARADE, SUNSHINE, NSW, 2264

[WWW.SLMASC.ORG](http://WWW.SLMASC.ORG)

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The 2017 NSWIODA NSW & Open Optimist Championship is organised by the NSW International Optimist Dinghy Association in conjunction with the South Lake Macquarie Amateur Sailing Club.

## Open Fleet Sailing Instructions

### 1. RULES

- 1.1 The Championship will be governed by the 'rules' as defined in *The Racing Rules of Sailing* (RRS) including the prescriptions of Yachting Australia to those rules.
- 1.2 The Yachting Australia Special Regulations Part 2- Off the Beach Classes will apply.
- 1.3 RRS 61.1(a) is amended by the addition of the following- "The protesting boat **shall** inform the Race Committee of the boat/s being protested at the finishing line immediately after finishing."

### 2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board located inside the regatta office at the eastern end of the Club House.

### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted no later than one hour before the first race on the day it will take effect, except that any change to the schedule of races will be posted by the end of the protest time limit on the day before it will take effect.

### 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be made from the regatta flag staff.
- 4.2 When flag AP is displayed ashore '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

### 5. SCHEDULE OF EVENTS

- 5.1 8 races Open Fleet and 6 races for Intermediate fleet are scheduled for the Regatta.

| Date                                 | Time              | Activity                      |
|--------------------------------------|-------------------|-------------------------------|
| Friday 24 <sup>th</sup> March 2017   | 1800hrs – 1930hrs | Registration                  |
| Saturday 25 <sup>th</sup> March 2017 | 0900hrs – 1100hrs | Registration                  |
|                                      | 1130hrs           | Coach & Support Boat briefing |
|                                      | 1140hrs           | Briefing                      |
|                                      | 1230hrs           | First warning                 |
|                                      | ASAP              | Back to back Racing           |
| Sunday 26 <sup>th</sup> March 2017   | 1100hrs           | First warning                 |
|                                      | ASAP              | Back to back racing           |
|                                      | ASAP after Racing | Presentation                  |

- 5.2 The warning signal for a subsequent race on the same day will be made as soon as practicable but not sooner than 5 minutes after the last boat finished the previous race or 5 minutes after the time limit for the previous race expires.
- 5.3 After a long postponement, to alert boats that a race or sequence of races will soon begin, an orange flag may be displayed with one sound for at least four (4) minutes before a warning signal is displayed.

- 5.4 On Sunday 26<sup>th</sup> March, the last day of the Championship, no warning signal will be made after 1530hrs.

## **6. CLASS FLAGS**

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The Class flag for each fleet shall be:

|                            |   |
|----------------------------|---|
| <b>Open Division-</b>      | Black Optimist emblem on a White background |
| <b>Intermediate Fleet-</b> | White Optimist emblem on a Blue background  |

## **7. RACING AREAS**

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The regatta will be conducted on the waters of Lake Macquarie in the vicinity of Sunshine and Point Wolstoncroft.

## **8. THE COURSES**

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For Open Fleet and Intermediate Fleet, the diagram in Attachment A shows the course, including the order in which marks are to be passed and the side on which each mark is to be left.

## **9. MARKS**

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- 9.1 For Open and Intermediate Fleets the marks 1, 2, 3S & 3P, 4S & 4P will be inflatable red cylindrical buoys with "Beaches" and "Rose" logos on them.
- 9.2 The Finish mark will be an inflatable blue cylindrical buoy.

## **10. THE START**

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- 10.1 The start line will be between the flagstaff displaying an Orange Flag on the Committee Vessel at the starboard end of the line and the Orange Flag on the Committee Vessel at the port end.
- 10.2 A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.

## **11. CHANGE OF THE NEXT LEG OF THE COURSE**

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To change the next leg of the course, the race committee will move the original mark which does not need to be in the water when boats commence that leg.

## **12. THE FINISH**

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The finish line will be between the flagstaff displaying a Orange Flag on the Committee Vessel and the Finish Mark.

### 13. PENALTY SYSTEM

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- 13.1 Appendix P, immediate penalties for Rule 42, will apply as changed by instruction 13.2.
- 13.2 Rule P2.3 will not apply and rule P2.2 is changed so that it will apply to any penalty after the first one.
- 13.3 The protest committee may impose onwater penalties of two, or more, turns on a boat which they have observed commit a breach of rule 2 (fair sailing) or rule 14 (avoiding collisions). Where the jury deem that more than 2 turns is appropriate they shall hail the number of turns to be taken after hailing the sail number of the boat being penalised.

### 14. TIME LIMITS AND TARGET TIMES

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- 14.1 Time limits and target times in minutes for the first boat are as follows:

| Time Limit | Mark 1 Time Limit | Target Time |
|------------|-------------------|-------------|
| 60 minutes | 20 minutes        | 40 minutes  |

- 14.2 Failure to meet the target time will not be grounds for redress. This changed RRS 62.1(a).
- 14.3 Boats failing to finish within 10 minutes after the first boat sails the course and finishes may be scored a *Still Racing Score (SRS)* by the Race Committee. This changes RRS 35, A4 and A5. The expiration of this time limit will be signalled by the removal of the Blue Flag on the Finish Boat. This score will be calculated to be 3 points more than the last boat to finish in that fleet, but not more than DNF.

### 15. ARBITRATION

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- 15.1 An arbitration hearing will be conducted for all protests lodged in accordance with RRS 61 and SI 16, which allege an infringement of a rule of Part 2, rule 31 or Part 4. Such hearings will be held subsequent to the protest being lodged and prior to the protest hearing.
- 15.2 The arbitrator, will decide the time and place of the arbitration hearing and such advice may be given verbally. One representative of each boat shall attend the mediation hearing and no witnesses will be called. The arbitrator shall decide the manner in which testimony is given.
- 15.3 After taking testimony at the arbitration hearing the arbitrator shall make one of the following conclusions:
- (a) The protest does not comply with Rule 61 and the protestor may withdraw the protest.
  - (b) The matter shall proceed to a protest hearing. This may be because the rules other than Part 2, rule 31 or Part 4 are involved or may be involved, or because the evidence is too complex or divergent to reach a reasonable and timely conclusion, or due to the apparent severity of the alleged infringement, or for any other reason the decided by the arbitrator.
  - (c) No rule was broken and the protestor may withdraw the protest.
  - (d) A rule was broken by one or more of the boats involved, the infringing boat(s) may accept scoring points equal to a finishing place mid-way between the boat's actual finish and a disqualification, and if so accepted the protestor shall withdraw the protest. Half points shall be disregarded and the points of other boats shall not be adjusted.
- 15.4 An arbitration hearing will not be re-opened. No conclusion of an arbitrator will be subject to appeal or be grounds for redress.

- 15.5 Should the protest proceed to a protest hearing then the arbitrator may be a member of the Protest Committee. Any evidence given by an arbitrator during a protest hearing shall be given only in the presence of the parties to the hearing.

## **16. PROTESTS AND REQUESTS FOR REDRESS**

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- 16.1 Immediately after finishing a boat intending to protest shall, in addition to the requirements of RRS 61.1(a), inform the Race Committee boat at the finish line of her intention to protest and the identity of the boat(s) protested against. The protesting boat must receive an acknowledgement from the Race Committee. This changes RRS 61.
- 16.2 Protest forms are available from the Regatta Office at the eastern end of the Club. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.3 The protest time limit is 45 minutes after the last boat has finished the last race of the day.
- 16.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of the hearings in which they are parties or named as witnesses. Hearings will be held in the GRSC Board Room located in the main Clubhouse or another location as advised by the Protest Committee.
- 16.5 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under 61.1(b).
- 16.6 Breaches of Sailing Instructions 18, 21, 23, 24, 25 & 26 will not be grounds for a protest by a competitor. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the Protest Committee so decides.
- 16.7 The Organising Authority encourages the attendance of coaches and/or guardians as observers in protest hearings however such attendance remains at the sole discretion of the chairman of the hearing.

## **17. SCORING**

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- 17.1 Two (2) races are required to be completed to constitute a series.
- 17.2 When fewer than 6 races have been completed, a boats series score will be the total of her race scores.
- 17.3 When 6 or more races have been completed, a boats series score will be the total of her race scores excluding her worst score.
- 17.4 The scoring abbreviation for a discretionary penalty imposed under instruction 16.6 will be DPI.
- 17.5 To request the correction of an apparent error in posted race or series results, a boat shall complete a Scoring Review Request form available from the Regatta Office and submit it within protest time or 1 hour after results are posted whichever is the later.

## **18. SAFETY REGULATIONS**

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- 18.1 All boats intending to race shall sign on ashore by reporting, ready to sail, to sign on control before going afloat. Once a boat is signed on they must proceed directly to the launch ramp.
- 18.2 On returning to shore boats shall report to sign on control to sign off promptly, but not later than 20mins, after returning to shore.
- 18.3 Boats who fail to sign on ashore or will be scored DNS for the first race of the day. This amends RRS 63.1 and A5.

- 18.4 Boats who fail to sign off within the protest time limit will be scored DNF for the last race of the day. This amends RRS 63.1 and A5.
- 18.5 A boat that retires shall notify the Race Committee prior to leaving the course area and sign off ASAP once ashore.

## **19. REPLACEMENT OF CREW OR EQUIPMENT**

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- 19.1 Substitution of competitors will not be allowed.
- 19.2 In the event of damage, boats and equipment may only be substituted with the written permission of the Regatta Measurer or Race Committee. If the damage occurs later than 60 minutes before the first scheduled warning signal on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the Regatta Measurer, Race Officer or Protest Committee Chairman and the written permission of the Regatta Measurer or Race Committee shall be applied for before the protest time limit at the end of the day in which the substitution takes place.
- 19.3 Change of Sail Numbers will not be allowed without the **prior written approval** of the Race Committee.

## **20. EQUIPMENT AND MEASUREMENT CHECKS**

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- 20.1 All boats shall complete regatta measurement declaration upon registration
- 20.2 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat may be instructed by a race committee measurer to proceed immediately to a designated area of inspection.

## **21. ADVERTISING**

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- 21.1 The Organising Authority may require all participating boats to display the event's sponsor's advertising.

## **22. OFFICIAL BOATS**

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- 22.1 Protest Committee boats will be marked with a "J" Flag.

## **23. SUPPORT BOATS AND COACHES**

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- 23.1 Except when requested to participate in rescue operations; team leaders, coaches, parents and other support personnel shall stay outside areas where boats are racing and are restricted to a 5 knot speed limit, from the time of the preparatory signal for a race to start until all boats have finished or the Race Committee signals a postponement or abandonment of a race. The areas the boats are racing in is defined as the area inside the course and within 100 metres of any mark, lay line, starting line, finishing line or any area where any boat that is racing is sailing or may sail. See Attachment B for assistance with the interpretation of this exclusion area.
- 23.2 When Flag V (with a long sound signal) is displayed on a Committee Boat all support and coach boats are requested to remain afloat and assist **all** sailors.
- 23.3 The Race Committee or Protest Committee may protest any boat(s) whose support boat is in breach of SI 23.1. Penalties imposed as a result of a protest under this SI will result in a penalty being imposed on the boat(s) supported by the support boat.

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**24. HAUL OUT RESTRICTIONS**

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- 24.1 All boats are required to launch and retrieve from South Lake Macquarie Amateur Sailing Club.

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**25. BERTHING**

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- 25.1 Boats shall be kept in the allocated storage area with each boat taking up no more than one boat bay.

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**26. RADIO COMMUNICATION**

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- 26.1 A boat racing or intending to race shall not have onboard a radio or other device capable of making or receiving radio communications not available to all boat. This restriction also applies to mobile telephones.

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**27. PRIZES**

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- 27.1 Prizes will be awarded as detailed in the Notice of Race.  
27.2 Other prizes may be awarded at the discretion of the organising authority.

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**28. RIGHTS TO USE NAME AND LIKENESS**

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In participating in the Event, a competitor automatically grants to the Organising Authority, and the sponsors of the Event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still motion pictures and live, taped or filmed television, digital images and other reproductions of him/her during the period of the competition for the said Event in which the competitor participates and in all material related to the said Event without compensation.

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**29. DISCLAIMER OF LIABILITY**

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- 29.1 It is the competitor's decision to enter the Event or to start and continue in any race. Attention is drawn to Fundamental Rule 4. Competitors shall accept that their participation on the Event is at their exclusive risk in every respect.  
29.2 The Organising Authority, the Host Clubs, their officers, members, servants and agents accept no responsibility in respect of loss of life, personal injury or loss or damage to property which may be sustained by reason of their participation or intended participation in the Event or howsoever arising in connection with the Event.

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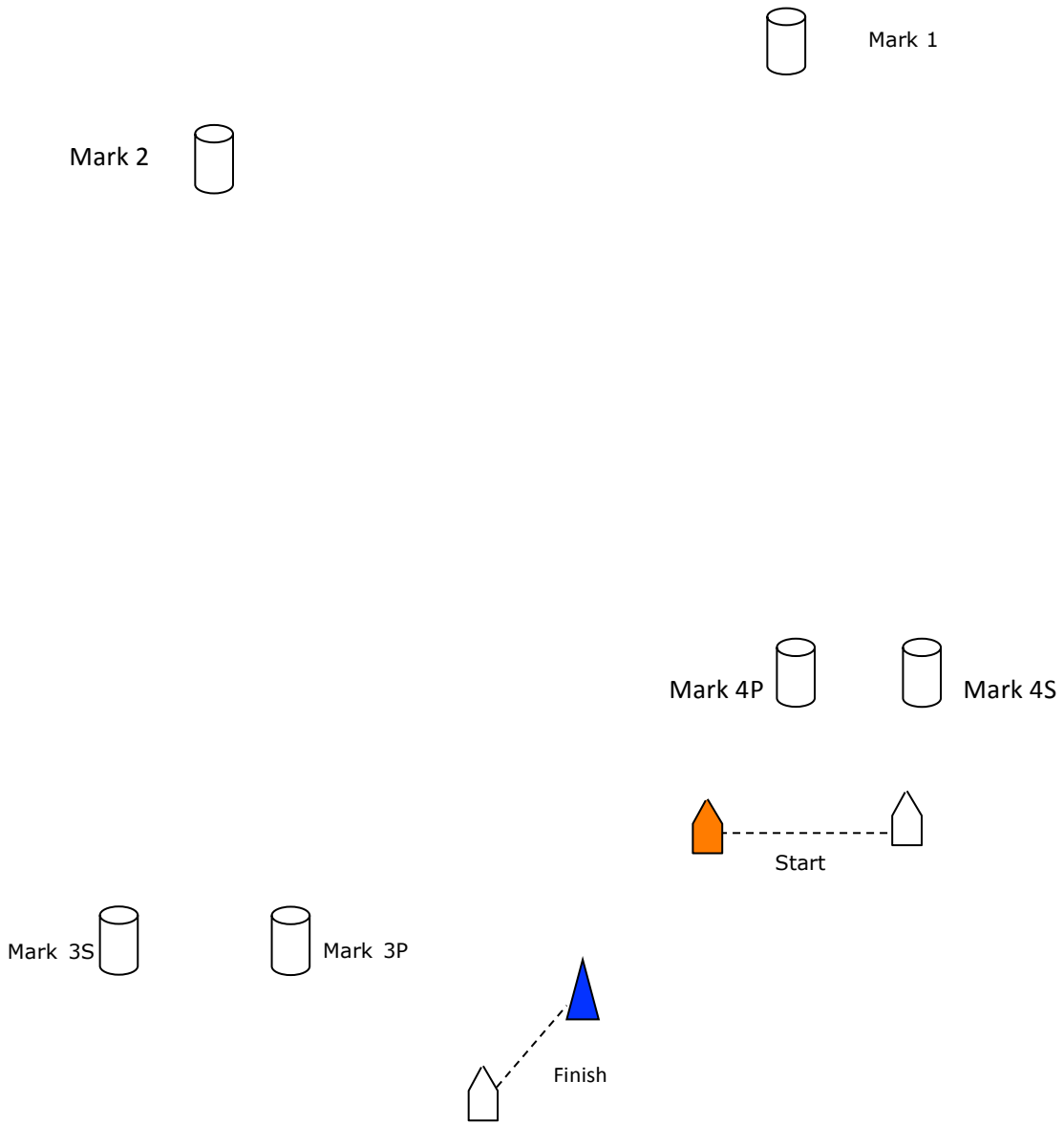
**30. INSURANCE**

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All boats shall have third party insurance cover of not less than \$AUD 5,000,000. (recommend \$AUD 10,000,000 or the equivalent thereof in any other convertible currency) for any accident. All owners / competitors who sign the entry forms are deemed to have made a declaration that they hold such cover. Owners / competitors not holding this cover shall withdraw their entry. The skipper of each boat must be able to display proof of cover if requested to do so.

# ATTACHMENT A – OPEN FLEET COURSE

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## Course:

**Intermediate Fleet (I2):** Start – Mark 1 – Mark 4S/4P – Mark 1 – Mark 2 – Mark 3P – Finish

**Open Fleet (O2):** Start – Mark 1 – Mark 2 – Mark 3S/3P – Mark 2 – Mark 3P – Finish



*beaches.*

CATHERINE HILL BAY

**INTERNATIONAL OPTIMIST  
NSW & OPEN CHAMPIONSHIP**

**25 – 26 March 2017**

**GREEN FLEET**

**SAILING INSTRUCTIONS**

Organising Authority

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# Green Fleet Sailing Instructions

## G1. RULES

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- G1.1 Green Fleet shall be governed by the ISAF Introductory Rules of Racing.
- G1.2 Incidents or alleged breaches of the rules may be referred to the Protest Committee by a Rules Advisor where the Rules Advisor considers the matter sufficiently complex or serious. This amends the Introductory Rules of Racing.

## G2. NOTICES TO COMPETITORS

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- G2.1 Notices to competitors will be posted on the Official Notice Board.

## G3. CHANGES TO SAILING INSTRUCTIONS

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- G3.1 Any change to the Sailing Instructions will be posted no later 1000 on the day it will take effect, except that any change to the schedule of races will be posted by the end of the protest time limit on the day before it will take effect.

## G4. SIGNALS MADE ASHORE

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- G4.1 Signals made ashore will be made from the regatta flagstaff.
- G4.2 When flag AP is displayed ashore '1 minute' is replaced with 'not less than 20 minutes' in the race signal AP.

## G5. SCHEDULE OF EVENTS

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- G5.1 Green Fleet will not have a maximum number of races, however will not sail more than 4 races back to back without having a rest break ashore.

| Date                                 | Time of First Warning Signal | Activity                      |
|--------------------------------------|------------------------------|-------------------------------|
| Friday 24 <sup>th</sup> March 2017   | 1800hrs – 1930hrs            | Registration                  |
| Saturday 25 <sup>th</sup> March 2017 | 0900hrs – 1100hrs            | Registration                  |
|                                      | 1130hrs                      | Coach & Support Boat briefing |
|                                      | 1140hrs                      | Regatta Briefing              |
|                                      | 1200hrs                      | Green Fleet coaches session   |
|                                      | 1245hrs                      | First Warning Signal          |
|                                      | ASAP                         | Back to back Racing           |
| Sunday 26 <sup>th</sup> March 2017   | 1030hrs                      | Green Fleet coaches session   |
|                                      | 1130hrs                      | First Warning Signal          |
|                                      | ASAP                         | Racing                        |
|                                      | ASAP after Racing            | Presentation                  |

- G5.2 The warning signal for a subsequent race in a race session will be made as soon as practicable but not sooner than 5 minutes after the last boat finished the previous race.

## G6. CLASS FLAG

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- G6.1 Green fleet will be sailed in two fleets. The Warning signal for each fleet will be a flag matching the colour of the fleet with the Optimist symbol.

**G7. RACING AREA**

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Green Fleet will race on the waters of Lake Macquarie, adjacent to the launching area.

**G8. THE COURSE**

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G8.1 The diagram in Attachment G1 shows the course, including the order in which marks are to be passed and the side on which each mark is to be left.

**G9. MARKS**

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G9.1 Marks 1 and 2 will be inflatable yellow buoys with “Beaches” and “Rose” logos on them.  
G9.2 The Start / Finish mark will be a blue cylindrical buoy.

**G10. THE START**

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G10.1 The start line will be between the flagstaff displaying an Orange Flag on the Committee Vessel at the starboard end of the line and the Start Mark at the port end.

**G11. CHANGE OF THE NEXT LEG OF THE COURSE**

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G11.1 The Race Committee will not change a leg of the course after the start signal.

**G12. THE FINISH**

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G12.1 The finish line will be between the flagstaff displaying an Orange Flag on the Committee Vessel at the starboard end of the line and the Finish Mark at the port end.

**G13. TIME LIMITS AND TARGET TIMES**

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| Time Limit | Target Time   |
|------------|---------------|
| 45 minutes | 15-20 minutes |

G13.1 Boats failing to finish within 10 minutes after the first boat sails the course and finish will score points equal to that of the last boat to finish within the time limit plus 2 points.

**G14. PROTESTS AND REQUESTS FOR REDRESS**

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G14.1 If you think you or another boat has broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to a rules advisor after the race. The rules advisor may then deduct two points from the score of any boat that has broken a rule. If the offence is serious, the advisor may deduct extra points from the boat's score or refer the matter to the Protest Committee.

**G15. SCORING**

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G15.1 When less than 6 races are completed a boat's series score will be the sum of her race scores.  
G15.2 When between 6 and 12 races are completed a boat's series score will be the sum of her race scores, excluding the worst score.  
G15.3 When more than 12 races are completed a boat's series score will be the sum of her race scores, excluding the worst two scores.

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**G16. SAFETY REGULATIONS**

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- G16.1 All boats intending to race shall sign on ashore by reporting, ready to sail, to the sign on desk before going afloat.
- G16.2 On returning to shore boats shall promptly report to the sign on desk to sign off but not later than 15mins after coming ashore.
- G16.3 A boat that retires shall notify the Race Committee or a Coach prior to leaving the course area and sign off once ashore.
- G16.4 The Race Committee **may** abandon racing when the wind is consistently above 15kts.
- G16.5 No race shall be continued if the wind is above 18kts, recorded at the Start boat.

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**G17. REPLACEMENT OF CREW OR EQUIPMENT**

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- G17.1 Substitution of competitors will not be allowed.

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**G18. EQUIPMENT AND MEASUREMENT CHECKS**

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- G18.1 All boats shall sign a safety equipment declaration upon registration
- G18.2 A boat or equipment may be inspected at any time for compliance with the safety requirements stated in the Notice of Race.

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**G19. ADVERTISING**

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- G20.** The Organising Authority does not require Green Fleet boats to carry event advertising.

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**G21. SUPPORT BOATS AND COACHES**

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- G22.** As per Open Fleet Sailing Instruction 23, only event appointed coach boats may enter the racing area. Only event appointed coaches are permitted to have direct interaction with competitors during each racing session.
- G23.** Support and private coach boats are not permitted to interact with competitors or to enter the racing area at any time from the first warning signal of a racing session until the last boat has finished the last race of a session and the race committee has signalled for boats to return to shore.
- G24.** Breaches of SI G22 and G23 will result in each sailor associated with that support or coach boat being penalised 5 points in each race of that session without a hearing. This amends the Introductory Rules of Sailing.

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**G25. HAUL OUT RESTRICTIONS**

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- G25.1 All boats are required to launch and retrieve from the beach area adjacent to Georges River Sailing Club.

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**G26. BERTHING**

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- G26.1 Boats shall be kept in the areas allocated to the regatta for the storage of Optimists.

**G27. RADIO COMMUNICATION**

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G27.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

**G28. PRIZES**

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G28.1 There are no prizes for overall or race placings in Green Fleet.

G28.2 Encouragement and sportsmanship prizes may be awarded at the discretion of the organising authority.

**G29. RIGHTS TO USE NAME AND LIKENESS**

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In participating in the Event, a competitor automatically grants to the Organising Authority, and the sponsors of the Event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still motion pictures and live, taped or filmed television, digital images and other reproductions of him/her during the period of the competition for the said Event in which the competitor participates and in all material related to the said Event without compensation.

**G30. DISCLAIMER OF LIABILITY**

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G30.1 It is the competitor's decision to enter the Event or to start and continue in any race. Attention is drawn to Fundamental Rule 4. Competitors shall accept that their participation on the Event is at their exclusive risk in every respect.

G30.2 The Organising Authority, the Host Clubs, their officers, members, servants and agents accept no responsibility in respect of loss of life, personal injury or loss or damage to property which may be sustained by reason of their participation or intended participation in the Event or howsoever arising in connection with the Event.

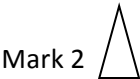
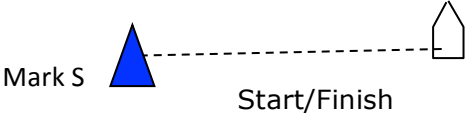
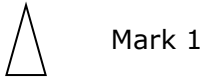
**G31. INSURANCE**

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All boats shall have third party insurance cover of not less than \$AUD 5,000,000. (recommend \$AUD 10,000,000 or the equivalent thereof in any other convertible currency) for any accident. All owners / competitors who sign the entry forms are deemed to have made a declaration that they hold such cover. Owners / competitors not holding this cover shall withdraw their entry. The skipper of each boat must be able to display proof of cover if requested to do so.

# ATTACHMENT G1 – GREEN FLEET COURSE

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## Optimist Green Fleet

Start – Mark 1(port) – Mark S(port) – Mark 2 (port) – Finish