



# Skill Development Sessions

South Adelaide Basketball Club has launched its skill development sessions to all players both domestic, district and mini-ball. Our program caters for girls and boys Under 10 to Under 16 who are interested in extending current skills and learning new ones. The sessions will be split into 3 sections being, balls skills, footwork and shooting technique as well as basic defensive principles. Each session will run for 45 minutes every Sunday afternoon for 6 weeks. The cost will be \$60 for the 6 week program and this will run each term. These sessions will be run by the Junior Program Manager with assistance from club coaches and senior players. Places are limited.

Westminster School Senior School GYM, Alison Road,

**Sunday starting on February 26<sup>th</sup>**

3pm to 3.45pm – Under 14 Boys and Girls

3.45pm to 4.30pm - Under 12 Boys and Girls

4.30pm to 5.15pm Under 10 Boys and Girls

4.30pm to 5.15pm Under 16 Boys and Girls

**\$60 for (6) 45 minute sessions**

**WHAT TO BRING:**

Basketball , Skipping Rope Drink bottle .

**REGISTER YOUR INTEREST NOW!**

[juniors@southadelaidebasketball.com.au](mailto:juniors@southadelaidebasketball.com.au) or phone Jason 0416202958

**SABC Development Clinics - TERM 1 2017 Payment required at 1<sup>st</sup> session CASH or CARD**

Name: ..... D.O.B: ..... Male / Female

Email: .....

Phone : .....

Any relevant medical conditions/medication taken? .....

**CREDIT CARD DETAILS**

**Payment Method** CASH / Credit Card

VISA / MASTERCARD

No: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Expiry Date: \_\_\_\_\_ / \_\_\_\_\_

Cardholders Name:.....

Signature: ..... Amount: \$.....

Please have correct money if paying by CASH.