

**Sailability Holdfast Bay
Barcoo Road
West Beach**

Deirdre Schahinger: 0404 033 327

Sailability Holdfast Bay operates on the harbour adjacent to the West Beach boat ramp at the end of Barcoo Road. Sailability days are on Sunday once a month during the summer sailing season. There is a hoist on the pontoon to assist people in and out of the boats and umbrellas on the deck to keep wheelchairs out of the sun. Sailability Sundays start from midday and finish at about 4.00pm depending on the weather.

The fully accessible Adelaide Sailing Club is open for lunch on Sundays and if the weather is too windy volunteers, sailors and visitors usually retire to the bar/bistro for camaraderie and tell tall stories.

As well as the four double-handed 3.03 metre Hansa dinghies Sailability SA has two racing Libertys one with optional electric controls for those sailors who wish to sail independently. On Sailability days an Australian Yachting accredited sailing instructor is available to coach independent sailors. All participants go sailing with an experienced sailor.

Facebook; Sailability [Holdfast Bay](#)



**Goolwa Regatta Yacht Club
Barrage Road
Goolwa**

Brian Southcott: 0408 553 210

Our club has 8 Hansa 303 dinghies, 2 Hansa class Libertys and a Day Sailer. Regular sailing days are held on Saturdays 11 months of the year, with some of the best sailing in the winter. Sailing starts at 9.30am and finishes at about 3pm. Lunch is available at the fully accessible club house for sailors, carers and family friends.

The 303 dinghies are usually used with 2 on board and is the boat for beginners as they sail with an experienced sailing volunteer. We have cranes and slings for people requiring assistance to board the boats. Once on board the boats proceed to out on to the River Murray for a pleasant cruise. As sailors progress they may wish to use the single handed Libertys for their cruise. Cruising and training are the norm before lunch. After lunch a course is set and we conduct several races.

Our Day sailer named "**As Good As It Gets**" is a 19ft boat with a large cockpit and is typically crewed by six sailors. It can follow the fleet during the afternoon racing or take people just cruising. During the summer months the Goolwa Regatta Yacht Club conduct Friday Twilight Racing and Sailability members are often seen racing in these events using "**As Good As It Gets**."

To support all this boating we field 3 support boats with fully trained operators. For those uncertain about sailing we can take them

on board these boats so they can observe the enjoyment of our Sailability sailors.

Our volunteers are police checked, familiarised in the use of the slings and hoists and the general requirements of members needs, training in the use of all equipment is run regularly throughout the year. Members, carers and family members are all welcome to join our Sailability's sailing program and encouraged and actively participate in its development.



**Port Adelaide Sailing Club
George Robertson Drive
Largs North**

John Johnston: 0417 813 188

The club has one Hansa 2.3, nine 3.03 Hansa dinghies, two Libertys and two 20ft day sailor keelboats. The 3.03 is designed to be sailed by one or two persons, whereas the Liberty can be sailed by one person only. Both boats are very safe as they have weighted keels. Some very experienced sailors have, unsuccessfully, tried to capsize and sink the boats. Yes, the boats can take on water when heeled over but will not sink, but continue sailing, albeit slowly. Access to the marina is by ramps with the appropriate gradient for persons using a wheelchair. If people can't get into the boats independently, there are four lifting cranes fixed to the pontoon and with the use of the club's slings or BYO sling if preferred, sailors can be safely lifted in and out of the boats.

The club provides life jackets and it is compulsory for everyone going on the water to wear one. The Sailability program at PASC is from October to March. The weekend social sailing is from 10.30am to 12 noon followed by lunch (by arrangement) and preparation of the club's regular Sailability sailors for an afternoon race, which usually commences at 1.00pm. All social sailors and racing sailors, who are unable to sail alone, sail with a trained assistant sailing instructor.

RRRR

Murray Bridge Water Activities Club Murray Bridge

Ian Rick; 0414 870 932

The Sailability group of this river club operate one Saturday a month 11 months of the year at Sturt Reserve. There is a crane and winch for people who need assistance to get in and out of the dinghy on the Sailability wharf. The club has three Hansa 303 dinghies and all participants go sailing with an experienced sailor. Bring sun screen and a hat; life jackets are provided.

RRRR

Dis-Able Sailing Royal South Australian Yacht Squadron Oliver Rogers Road Outer Harbor

Peter Aspinall: 0411 291 373
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Dis-Able Sailing Inc. is a not-for-profit organisation that encourages and supports people with disability to go sailing providing a safe supportive environment for participants. Dis-Able Sailing Inc. provides a sailing activity and it is a meaningful recreation activity for people who would normally have difficulty engaging in "sailing activities" because of the supports required. Dis-Able Sailing berth their 7.4m yacht *Freedom* at the Royal S.A. Yacht Squadron at Outer Harbor which is close to the Outer Harbor train station. *Freedom* has a large cockpit comfortable for six participants and two trained volunteers, is straight forward to get on board and safe with life lines round the yacht. Participants are encouraged to help pull up the mainsail and are given an opportunity to steer the boat. Sailing is a fun sport which is both recreational and social. Small groups sail to the mouth of the Port River where there are seals and dolphins to observe and learn about keeping clear of the cruise liners, container ships and tankers. The program runs Tuesday to Thursday; Day Options groups come once a month all year round weather permitting.

www.dsi.org.au

Sailability SA

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WELCOME ABOARD

www.sailability.org

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