

**AFLQ Junior and Youth Girls– Laws of the Game**

	U11 JUNIOR GIRLS	U13 YOUTH GIRLS	U15/U17 YOUTH GIRLS	
Phase	Introductory	Development	Competition	
Players (min – max)	9 a side	12 a side + 4 interchange (max) 8 a side (minimum)	16 a side+ 6 interchange 12 a side (minimum)	
Max Ground Size / Use of Zones	100m x 80m (3 equal zones)	130m x 90m	Full Size	
Match Length Quarter Breaks	4 x 10 min 3-6-3	4 x 15 min 5-10-5	4 x 15 min 5-10-5	
Competition details	No scores, ladders or finals permitted  No recording of Best Players & Goal Kickers permitted  No representative teams	Scoring, Ladders, Finals permitted	Scoring, Ladders, Finals permitted	
Contact	Modified Tackle/No Bump  Players cannot bump/push an opponent, knock/steal the ball out of their hands or smother an opponent’s kick	Tackling is permitted  As per the laws of Australian Football	Tackling is permitted  As per the laws of Australian Football	
The ball	Synthetic size 2	Synthetic or leather size 3	Leather size 3	Leather size 4
Umpiring	1 field, 2 goal umpires  Club	1 Field Umpire - Association 2 Goal Umpires & 2 boundary Umpires - Club	1 Field Umpire - Association 2 Goal Umpires & 2 boundary Umpires - Club	
Coaching position	On Field	Sideline	Sideline	
Bounces	1 bounce	2 bounce	Unlimited	
Marking	A mark is awarded, irrespective of the distance the ball has travelled, to any player who catches it or shows control	A mark is awarded when a player catches the ball directly from another player’s kick that has travelled at least 10 metres.	A mark is awarded when a player catches the ball directly from another player’s kick that has travelled at least 10 metres.	
Out of Bounds	From a kick, a free is awarded against the player who last kicked the ball.  From hands, or if there is doubt the umpire shall call a ball up 10m in from the boundary	Boundary Throw In  (where boundary umpires are available)	Boundary Throw In	
Kick off the ground	Not permitted unless accidental	Permitted	Permitted	
Stealing, Smothering, Shepherding, Barging	No stealing, smothering, shepherding or barging	Permitted as per Laws of the Game	Permitted as per Laws of the Game	
Penalties	No distance penalty applies  Players can be ordered off at the umpire’s discretion	15m penalty can be applied at the umpire’s discretion if they feel a player has been hindered in any way  Players can be ordered off at the umpire’s discretion	25m penalty can be applied at the umpire’s discretion if they feel a player has been hindered in any way  Players can be ordered off at the umpire’s discretion	