

Support Services for Alcohol and Other Drugs

If you or someone you know is affected by alcohol or other drugs (AOD), there is excellent support available. The Frankston and Mornington Peninsula Drug and Alcohol Services (FaMDAS) are the central intake point for all local AOD services. FaMDAS provides care that is tailored to meet the needs and preferences of the individual.

Services include:

- Initial assessment to tailor a treatment plan and identify needs
- Assistance with managing withdrawal symptoms when cutting down or stopping alcohol or drug use
- Counselling for a range of issues related to alcohol or other drug use. Counselling can be for the individual or family

In addition support can be offered via two peer support groups conducted at Community Health:

SHARE@Peninsula every Monday 11.00am – 12.30pm

SMART Recovery every Friday 11.00am – 12.30pm

Support can also be offered by additional services outside of Peninsula Health:

Family Drug Support: 1300 368 186 24/7

Family Drug Help: 1300 660 068

Direct Line 1800 888 236 24/7

For more information about FaMDAS or to make an appointment, please contact 1300 665 781.



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