

PNG ALL TIME BEST PERFORMANCES - MEN

With performances to 31st December 2015
plus selected 2016 marks

55 metres (automatic Timing)

1	6.37 (Ind)	Peter PULU	Los Angeles	15 Feb 2003
1	6.37 (Ind)	John RIVAN	Dubuque, Iowa	17 Jan 2015
	<i>6.46 (Ind)</i>	<i>John RIVAN</i>	<i>Dubuque, Iowa</i>	<i>17 Jan 2015</i>
3	6.58 (Ind)	Theo PINIAU	Dubuque, Iowa	17 Jan 2015
	<i>6.64 (Ind)</i>	<i>Theo PINIAU</i>	<i>Dubuque, Iowa</i>	<i>17 Jan 2015</i>
4	6.74 (Ind)	Joe MATMAT	Sioux Center, Iowa	18 Jan 2014

60 metres (Automatic Timing)

1	6.79 (Ind)	Peter PULU	Barcelona	10 Mar 1995
2	6.84 (Ind)	John RIVAN	Grinnell, Iowa	07 Feb 2015
	<i>6.88 (Ind)</i>	<i>Peter PULU</i>	<i>Paris</i>	<i>07 Mar 1997</i>
3	6.90	Allan AKIA	Nuku'alofa	26 Aug 1998
	<i>6.92 (Ind)</i>	<i>John RIVAN</i>	<i>Mt Vernon, Iowa</i>	<i>24 Jan 2015</i>
	<i>6.92 (Ind)</i>	<i>John RIVAN</i>	<i>Storm Lake, Iowa</i>	<i>31 Jan 2015</i>
	<i>6.93</i>	<i>Peter PULU</i>	<i>Adelaide</i>	<i>22 Feb 1997</i>
	<i>6.93 (Ind)</i>	<i>John RIVAN</i>	<i>Grinnell, Iowa</i>	<i>07 Feb 2015</i>
4	6.96	Nelson STONE	Brisbane	13 Mar 2009
5	6.97	Ruwan GUNASINGHE	Wollongong	17 Jan 2015
	<i>6.97 (Ind)</i>	<i>John RIVAN</i>	<i>Mt Vernon, Iowa</i>	<i>24 Jan 2015</i>
	<i>6.98 (Ind)</i>	<i>John RIVAN</i>	<i>Storm Lake, Iowa</i>	<i>31 Jan 2015</i>
6=	7.00	Baobo NEUENDORF	Brisbane	06 Feb 1993
6=	7.00	Henry BEN	Gold Coast	01 Jun 2007
6=	7.00	Wally KIRIKA	Gold Coast	26 Jul 2007
6=	7.00 (Ind)	Theo PINIAU	Mt Vernon, Iowa	25 Jan 2014
10=	7.03	Ezekiel WARTOVO	Port Moresby	09 Sep 1991
10=	7.03 (Ind)	John RIVAN	Mt Vernon, Iowa	25 Jan 2014
12	7.04	Elias ROBOAM	Brisbane	16 Feb 2007
13	7.08	Takale TUNA	Port Moresby	09 Sep 1991
14	7.10	Subul BABO	Port Moresby	09 Sep 1991
15	7.16	Kaminiel SELOT	Port Moresby	09 Sep 1991
16=	7.23	Dalos UMUL	Port Moresby	09 Sep 1991
16=	7.23	Steven RAY	Gold Coast	08 Jun 2015
16=	7.23 (Ind)	Paul POKANA	Mankato, Minnesota	07 Dec 2013
19	7.30	Donald BEROM	Brisbane	16 Jan 2009
20	7.34	Wala GIME	Gold Coast	26 Jul 2007
21	7.35	Nathan KABILU	Gold Coast	01 Jul 2007
22	7.37	Connelius PASCHA	Gold Coast	08 Jun 2015
23	7.41	Joe MATMAT	Gold Coast	08 Jun 2015
24	7.47	Francis KOMPAON	Gold Coast	18 Sep 2010
25	7.49	Mong TAVOL	Storm Lake, Iowa	22 Feb 2014
26	7.50	idau ASIGAU	Brisbane	08 Jun 2015
27	7.53	Lison SALLE	Port Moresby	09 Sep 1991
28	7.55	Sandy KATUSELE	Townsville	26 Mar 2003
	6.72w	Peter PULU	Holzgerlingen, Germany	18 Jul 1995
	6.86 nwi	Theo PINIAU	Gold Coast	20 Jun 2015
	7.01 nwi	Wesley LOGORAVA	Gold Coast	20 Jun 2015
	7.18 nwi	Joe MATMAT	Gold Coast	20 Jun 2015
	7.22 nwi	Charles LIVUAN	Gold Coast	20 Jun 2015

60 metres (Manual Timing)

1=	6.7	Baobo NEUENDORF	Brisbane	28 Jan 1993
1=	6.7	Amos ALI	Port Moresby	05 Aug 1995
1=	6.7	Terry SEPH	Port Moresby	05 Aug 1995

1=	6.7	Peter PULU	Lae	18 May 1996
5=	6.8	Allan AKIA	Port Moresby	05 Aug 1995
5=	6.8	Kupun WISIL	Lae	29 Mar 2014
7=	6.9	Edward BAI	Port Moresby	05 Aug 1995
7=	6.9	Roland URAI	Port Moresby	05 Aug 1995
7=	6.9	Torres KOITI	Port Moresby	15 Feb 1997
7=	6.9	Elias ROBOAM	Goroka	07 Mar 2003
7=	6.9	Geoffrey BAI	Goroka	15 Mar 2003
7=	6.9	Joseph KEMBU	Goroka	15 Mar 2003
13=	7.0	Subul BABO	Lae	18 May 1996
13=	7.0	Stephen PUIPUI	Port Moresby	15 Feb 1997
13=	7.0	Wally KIRIKA	Goroka	15 Mar 2003
16=	7.1	Roland SHIANEL	Port Moresby	15 Feb 1997
16=	7.1	Henry BEN	Lae	29 Mar 2014

100 yards (Automatic Timing)

1	10.01	Emmanuel MACK	Brisbane	4/5 Feb 1990
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100 metres (Automatic Timing)

1	10.40	Peter PULU	Stuttgart	29 Jul 1995
	<i>10.50</i>	<i>Peter PULU</i>	<i>Fullerton</i>	<i>09 Mar 2003</i>
	<i>10.53</i>	<i>Peter PULU</i>	<i>Adelaide</i>	<i>24 Aug 2000</i>
	<i>10.54</i>	<i>Peter PULU</i>	<i>Pirae</i>	<i>18 Aug 1995</i>
	<i>10.56</i>	<i>Peter PULU</i>	<i>Flein, Germany</i>	<i>26 Jul 1995</i>
	<i>10.56</i>	<i>Peter PULU</i>	<i>Pirae</i>	<i>18 Aug 1995</i>
	<i>10.58</i>	<i>Peter PULU</i>	<i>Brisbane</i>	<i>15 Aug 2000</i>
2=	10.59	Nelson STONE	Cairns, OceCh	23 Sep 2010
2=	10.59	Kupun WISIL	Kafika, MPG	04 Sep 2011
4	10.60	Takale TUNA	Brisbane, QCh	09 Feb 1991
	<i>10.60</i>	<i>Kupun WISIL</i>	<i>Kafika, MPG</i>	<i>04 Sep 2013</i>
	<i>10.61</i>	<i>Peter PULU</i>	<i>Holzgerlingen, Germany</i>	<i>18 Jul 1995</i>
	<i>10.61</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>14 Jun 2014</i>
	<i>10.62</i>	<i>Peter PULU</i>	<i>Canberra</i>	<i>03 Mar 1996</i>
	<i>10.64</i>	<i>Peter PULU</i>	<i>Victoria, BC, CG</i>	<i>22 Aug 1994</i>
	<i>10.64</i>	<i>Peter PULU</i>	<i>Stuttgart</i>	<i>29 Jul 1995</i>
	<i>10.64</i>	<i>Peter PULU</i>	<i>Nuku'alofa</i>	<i>27 Aug 1998</i>
	<i>10.65</i>	<i>Peter PULU</i>	<i>Prince George, BC</i>	<i>10 Aug 1994</i>
	<i>10.65</i>	<i>Peter PULU</i>	<i>Pomona</i>	<i>01 Mar 2003</i>
	<i>10.66</i>	<i>Peter PULU</i>	<i>Kamloops, BC</i>	<i>06 Aug 1994</i>
	<i>10.66</i>	<i>Peter PULU</i>	<i>Christchurch</i>	<i>12 Dec 2002</i>
	<i>10.66</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>02 Mar 2009</i>
	<i>10.67</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>31 Mar 2012</i>
	<i>10.68</i>	<i>Peter PULU</i>	<i>Bietigheim/Baden</i>	<i>22 Jul 1995</i>
	<i>10.68</i>	<i>Peter PULU</i>	<i>Goteborg</i>	<i>05 Aug 1995</i>
	<i>10.69</i>	<i>Peter PULU</i>	<i>Canberra</i>	<i>19 Feb 1995</i>
5=	10.70	Ezekiel WARTOVO	Port Moresby	24 Aug 1991
5=	10.70	Amos ALI	Pirae, SPG	18 Aug 1995
	<i>10.70</i>	<i>Peter PULU</i>	<i>Tafuna, MSPG</i>	<i>16 Aug 1997</i>
	<i>10.70</i>	<i>Peter PULU</i>	<i>Nuku'alofa, OceCh</i>	<i>27 Aug 1998</i>
	<i>10.70</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>29 Mar 2014</i>
7	10.72	Wally KIRIKA	Apia, SPG	04 Sep 2007
	<i>10.73</i>	<i>Takale TUNA</i>	<i>Tereora, MSPG</i>	<i>01 Aug 1985</i>
	<i>10.73</i>	<i>Peter PULU</i>	<i>Brisbane</i>	<i>03 Feb 1996</i>
	<i>10.73</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>07 Mar 2014</i>
	<i>10.74</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>11 Feb 2012</i>
	<i>10.75</i>	<i>Peter PULU</i>	<i>Kuala Lumpur, CG</i>	<i>16 Sep 1998</i>
8	10.75	Henry BEN	Apia, OceCh	14 Dec 2006
	<i>10.76</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>02 Mar 2012</i>
	<i>10.76</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>26 Mar 2013</i>
	<i>10.76</i>	<i>Kupun WISIL</i>	<i>Shawnee, Oklahoma</i>	<i>09 May 2014</i>
	<i>10.77</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>10 Mar 2012</i>
	<i>10.77</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>08 Mar 2014</i>

10.77 Nelson STONE Gold Coast 28 Jun 2015
 (Top 44 performances by 8 different athletes)

9	10.80	Subul BABO	Darwin, ASF	27	Apr	1993
10	10.82	Anton LUI	Grosetto, WJnCh	13	Jul	2004
11	10.83	Theo PINIAU	Gold Coast			
12	10.87	Alan AKIA	Santa Rita, SPG	03	Jun	1999
13=	10.88	Andrew DOONAR	Lae, NCh	30	Jun	2007
13=	10.88	Ruwan GUNASINGHE	Delhi, CG	06	Oct	2010
15	10.90	Elias ROBOAM	Santa Rita, SPG	03	Jun	1999
16	10.91	Baobo NEUENDORF	Brisbane	31	Jan	1993
17	10.92	Fabian NIULAI	Apia	12	Dec	2006
18=	10.93	John RIVAN	Bangalore, Asian GP	05	Jun	2010
18=	10.93	Wesley LOGARAVA	Gold Coast	28	Jun	2015
20=	10.95	John HOU	Auckland, CG	27	Jan	1990
20=	10.95	Joseph KEMBU	Middlegate, NI	11	Dec	2001
22=	10.96	Lapule TAMEAN	Brisbane	28	Sep	1982
22=	10.96	Vali LIGO	Sydney	02	Mar	1983
22=	10.96	Geoffrey BAI	Azusa, Ca	03	Apr	2004
25=	10.97	Nazmie-Lee MARAI	Lae, NCh	18	Apr	2015
25=	10.97	Charles LIVUAN	Gold Coast	28	Jun	2015
27	10.98	Emmanuel MACK	Athens	12	Jul	1986
28	10.99	Robert KARAVA	Tereora, MSPG	01	Aug	1985
29	11.00	Edward BUIDAL	Lae	22	Apr	2005
30	11.01	Joe MATMAT	Bangalore, Asian GP	05	Jun	2010
31	11.02	Jon MANOA	Brisbane	22	Oct	1991
32	11.03	Wesley YALING	Townsville, OceCh	29	Nov	1996
33	11.05	Ronald FLIERL	Abbotsford	06	Aug	1994
34	11.06	Leonard MESMIN	Darwin, ASF	27	Apr	1993
35=	11.07D	Eric MOMBERGER	Emmitsburg,Md, USA	27	Jun	1992
35=	11.07	Wilson MALANA	Cairns	11	Dec	2004
35=	11.07	Reginald WOREALEVI	Noumea, PG	06	Sep	2011
38	11.08	Albert LEVI	Brisbane	12	Jan	2007
39	11.10	Francis KOMPAON	Beijing, Paralympics	14	Sep	2008
40=	11.12	Paulson GEBO	Suva	11	Jul	1997
40=	11.12	Emmanuel JORIM	Lae, NCh	30	Jun	2007
42	11.14	Varo VARO	Koror	29	May	1999
43=	11.15	Ferdinand NONGKAS	Port Moresby	24	Aug	1991
43=	11.15	Junior Saio AVEFA	Lae, NCh	18	Apr	2015
45	11.16	Nicholas MEK	Darwin	23	May	1999
46	11.17	David SUSAME	Zagreb, WSG	13	Jul	1987
47=	11.18	Terry SEPH	Marietta, Ga	21	Jul	1996
47=	11.18	Waname EGORA	Brisbane	24	Nov	2006
49	11.19	Serry TOKELE	Townsville, OceCh	28	Nov	1996
50	11.20	Ivan WAKIT	Darwin, ASF	07	May	1995
51=	11.21	Wala GIME	Brisbane	16	Feb	2007
51=	11.21	Dwayne KOROKA	Sydney	16	Mar	2014
53=	11.22	Peter HENRY	Apia, SPG	10	Sep	1983
53=	11.22	Junias IRIMA	Santa Rita, SPG	03	Jun	1999
53=	11.22	Norman TSE	Los Angeles	24	Apr	2010
56	11.25	Michael PULU	Darwin, ASF	13	May	2007
57	11.26	Mowen BOINO	Azusa, Ca	03	Apr	2004
58	11.26	Cedric DARRELL	Darwin, ASF	13	May	2007
59	11.27	Mathias JIMMY	Townsville, OceCh	29	Nov	1996
60	11.30	Robson YINAMBE	Brisbane	14	Jun	2015
61=	11.33	Vuatha KAPA	Suva, SPG	31	Aug	1979
61=	11.33	Marc KABAMBA	Brisbane	14	Feb	2007
63=	11.35	Bernard MANANA	Barcelona, OG	31	Jul	1992
63=	11.35	Manuai KENAS	Lae, NCh	18	Apr	2015
65=	11.36	Tony AIAM	Apia, SPG	08	Sep	1983
65=	11.36	Edward BUIDAL	Lae, NCh	30	Jun	2007
65=	11.36	Kevin KAPMATANA	Brisbane	10	Mar	2012

68=	11.37 D	Raki LEKA	Pirae, SPG	14	Sep	1971
68=	11.37	Reginald MONAGI	Brisbane	04	Feb	2012
70=	11.38	Paul KASI	Sydney, PSG	04	Dec	1988
70=	11.38	Solomon KAIAP	Cairns, OceCh	29	Jun	2012
72=	11.39	Wena KALIN	Lae, PNG Games	24	Nov	2014
72=	11.39	Steven RAY	Gold Coast	21	Jun	2015
74	11.40	John CAMILUS	Townsville	26	Sep	1998
75=	11.41	John SALOM	Auckland	23	Feb	1994
75=	11.41	Miria IGORRA	Port Moresby	24/8	Nov	2009
77	11.42	Ricky COREY	Sydney	16	Mar	2014
78=	11.43	Pilisa SAWA	Port Moresby	24	Aug	1991
78=	11.43	Terry KAVOI	Lae, NCh	30	Jun	2007
80	11.44	Raka MIKI	Lae, PNG Games	22	Nov	2014
81=	11.45	Patrick POLOSI	Port Moresby, NCh	21	Jul	1991
81=	11.45	Seth PAPARAVAT	Port Moresby	24/8	Nov	2009
83=	11.46	Terry KAVOI	Port Moresby	24/8	Nov	2009
83=	11.46	John Kenny AVEFA	Lae, PNG Games	22	Nov	2014
83=	11.46	Chris PENNIE	Lae, PNG Games	22	Nov	2014
86	11.47	Christopher REHDER	Brisbane, PSG	29	Aug	1982
87=	11.49	Edward MATHIES	Adelaide, OceCh	26	Aug	2000
87=	11.49	Solomon SUSAME	Lae, PNG Games	24	Nov	2014
89=	11.52	Paul POKANA	Darwin, AraG	10	May	2011
89=	11.52	Peniel JOSHUA	Gold Coast	21	Mar	2015
91	11.53	Donald BEROM	Gold Coast	06	Aug	2009
92	11.54	Lee MARAVA	Lae	23	Apr	2005
93	11.55 Oct	Manuel PENI	Lae, PNG Games	24	Nov	2014
94	11.56	George NANAI	Apia	12	Dec	2006
95=	11.58	David ALLEN	Canberra, ASC		Dec	1987
95=	11.58	Bevan BEROM	Lae, NCh	30	Jun	2007
95=	11.58 Oct	Cletus MOSI	Tereora, OceCh	26	Jun	2014
95=	11.58	James NGAVA	Lae, PNG Games	22	Nov	2014
99	11.59	Fidelis PEGIKRE	Lae, PNG Games	24	Nov	2014
100=	11.60	Brian BEMAU	Port Moresby, NCh	21	Jul	1991
100=	11.60	Sandy KATUSELE	Brisbane	13	Jan	2006
100=	11.60	Cedric DARREL	Lae	30	Jun	2007
103	11.61	Solomon KAIAP	Darwin, AraG	10	May	2011
104	11.62	Cedric MATONA	Lae	22	Apr	2005
105	11.63	Nathan KABILU	Brisbane	22	Jul	2007
106=	11.64	Edward BAI	Port Moresby, NCh	21	Jul	1991
106=	11.64	George MORAMORO	OCh, Tereora, CKI	04	May	1995
106=	11.64	Emmanuel WANGA	Port Moresby	18-20	Sep	2015
109=	11.65	Vetari GOA	Brisbane	15	Aug	2000
109=	11.65	John JOSEPH	Port Moresby	28	Nov	2009
111=	11.66	Michael PIUS	Port Moresby, NCh	21	Jul	1991
111=	11.66	Kasir SIDAURA	Lae, NCh	30	Jun	2007
111=	11.66	Isaac BIORO	Lae, NCh	30	Jun	2007
111=	11.66	Athanasius IGAG	Sydney	14	Mar	2010
111=	11.66	William WAMA	Lae, PNG Games	22	Nov	2014
111=	11.66	Peniel SAUN	Lae, NCh	18	Apr	2015
117=	11.67	Mark MANDIBI	Suva, SPG	30	Aug	1979
117=	11.67	David NAMBON	Lae	23	Apr	2005
117=	11.67	Kevin BULAGUAM	Lae, NCh	30	Jun	2007
117=	11.67	Victor AME	Port Moresby	18-20	Sep	2015
	10.54w	Subul BABO	Darwin	25	Apr	1993
	10.62w	Nelson STONE	Brisbane	15	Feb	2014
	10.65w	Kupun WISIL	Lubbock, Texas	03	May	2014
	10.77w	Ruwan GUNASINGHE	Sydney	19	Dec	2015
	10.80w	Jon MANOA	Brisbane	21	Oct	1991
	10.80w	Theo PINIAU	Des Moines, Iowa	24	Apr	2015
	10.83w	Kupun WISIL	Ulapia, NCh	13	Jul	2013
	10.87w	Nazmie-Lee MARAI	Ulapia, NCh	13	Jul	2013

10.91w	Theo PINIAU	Ulapia, NCh	13	Jul	2013
10.94w	Junior AVEFA	Ulapia, NCh	13	Jul	2013
10.97w	Wala GIME	Brisbane	12	Jan	2007
11.02w	Leonard MESMIN	Darwin	25	Apr	1993
11.02 nwi	Dwayne KOROKA	Sydney	09	May	2015
11.03 nwi	Theo PINIAU	Oscaloosa	18	Apr	2015
11.05w	Charles LIVUAN	Cairns, OceCh	10	May	2015
11.09w	Dalos UMUL	Sheffield, WUG	20	Jul	1991
11.16w	Dwayne KOROKA	Tereora, OceCh	24	Jun	2014
11.21w D	Robson YINAMBE	Brisbane, NCh	26	Mar	2015

100 metres (Manual Timing)

1	10.3	Nelson STONE	Lae, NCh	26	Jun	2009
2=	10.4	Ezekiel WARTOVO	Rabaul, NCh	23	Jun	1990
2=	10.4	Peter PULU	Canberra	25	Feb	1995
2=	10.4	Elias ROBOAM	Lae		May	1999
5=	10.5	Silas TITA	Rabaul, NCh	12	Sep	1970
5=	10.5	Subul BABO	Rabaul, NCh	23	Jun	1990
5=	10.5	Takale TUNA	Rabaul, NCh	23	Jun	1990
5=	10.5	Alan AKIA	Goroka, NCh	07	Jun	1997
5=	10.5	Henry BEN	Lae	16	Jun	2003
10=	10.6	Ferdinand NONGKAS	Rabaul, NCh	23	Jun	1990
10=	10.6	Junias IRIMA	Lae	30	Apr	1999
10=	10.6	John CAMILUS	Townsville	26	May	1999
10=	10.6	Wally KIRIKA	Lae, NCh	22/4	Sep	2006
10=	10.6	Joseph KEMBU	Suva	13	Apr	2001
10=	10.6	Kupun WISIL	Lae, NCh	10	Jul	2010
16=	10.7	Paul MARAGA	Rabaul, NCh	12	Sep	1970
16=	10.7	Vuatha KAPA	Rabaul, NCh	12	Sep	1970
16=	10.7	Baobo NEUENDORF	Port Moresby	11	May	1991
16=	10.7	Leonard MESMIN	Port Moresby	14	Mar	1993
16=	10.7	Ronald FLIERL	Lae, NCh	02	Jul	1994
16=	10.7	Amos ALI	Port Moresby	29	Jul	1995
16=	10.7	Terry SEPH	Port Moresby	29	Jul	1995
16=	10.7	Geoffrey BAI	Goroka, NCh	07	Jun	1997
16=	10.7	John SALOM	Port Moresby	02	Feb	1998
16=	10.7	Edward BAI	Port Moresby	16	May	1998
16=	10.7	Wesley YALING	Townsville	26	May	1999
16=	10.7	Paul POKANA	Lae, NCh	07	Apr	2012
16=	10.7	Nazmie-Lee MARAI	Port Moresby	15	Jun	2013
29=	10.8	Meli MUGA	Rabaul, NCh		Oct	1966
29=	10.8	Kila RAULA	Port Moresby	14	May	1971
29=	10.8	Wavala KALI	Port Moresby	19	Jul	1974
29=	10.8	Robert KARAVA	Port Moresby	27	Mar	1985
29=	10.8	Enoch PALABIT	Rabaul, NCh	23	Jun	1990
29=	10.8	Emmanuel MACK	Goroka, NCh	21	Jun	1986
29=	10.8	John HOU	Goroka	13	Jun	1987
29=	10.8	Tovut TENAEN	Port Moresby	14	Mar	1993
29=	10.8	Kaminiel SELOT	Goroka NCh	03	Jul	1993
29=	10.8	Glen WAHUNE	Brisbane			1993
29=	10.8	Nabase DUABA	Port Moresby	14	May	1994
29=	10.8	Ivan WAKIT	Port Moresby	29	Jul	1995
29=	10.8	Elias IFE	Lae	30	Jun	1995
29=	10.8	Bernard MANANA	Goroka, NCh	07	Jun	1997
29=	10.8	Wesley YALING	Lae	01	Aug	1998
29=	10.8	Varo VARO	Lae	30	Apr	1999
29=	10.8	Wilson MALANA	Lae, NCh	25	Sep	2004
29=	10.8	Andrew DOONAR	Port Moresby	30	Jul	2005
29=	10.8	Fabian NIULAI	Port Moresby	05	Nov	2005
29=	10.8	Andrew DOONAR	Gold Coast	02	Dec	2006
29=	10.8	Terry KAVOI	Port Moresby	02	Jun	2007
29=	10.8	John RIVAN	Lae, NCh	10	Jul	2010

29=	10.8	Reginald WOREALEVI	Lae	12	Jun	2011
29=	10.8	Joe MATMAT	Lae	04	Apr	2015
53=	10.9	Paiwa BOGELA	Port Moresby	10	May	1979
53=	10.9	Peter MOREA	Brisbane	20	Feb	1982
53=	10.9	Lapule TAMEAN	Kainantu	23	Apr	1983
53=	10.9	Kaisi ORI	Goroka, NCh	21	Jun	1986
53=	10.9	Leon BUSKENS	Lae	13	Jun	1987
53=	10.9	Mikes ARERE	Goroka, NCh	04	Jul	1987
53=	10.9	Dalos UMUL	Rabaul, NCh	23	Jun	1990
53=	10.9	McKenzie WARIWARI	Goroka	12	Sep	1992
53=	10.9	Collin ELIAS	Port Moresby	14	Mar	1993
53=	10.9	Eddie PIRIKA	Port Moresby	14	May	1994
53=	10.9	Roland URAI	Malabunga	13	May	1995
53=	10.9	Samuel BAI	Lae	31	May	1996
53=	10.9	Mathias JIMMY	Lae	26	Oct	1996
53=	10.9	Peter RANGIS	Goroka, NCh	07	Jun	1997
53=	10.9	Stephen PUIPUI	Port Moresby	01	Mar	1997
53=	10.9	Patrick TOROT	Vunakanau		Jun	2000
53=	10.9	Anton LUI	Lae, NCh	25	Apr	2003
53=	10.9	Emmanuel JORIM	Port Moresby	30	Jul	2005
53=	10.9	Edward BUIDAL	Lae	14	Sep	2005
53=	10.9	Ben MASA	Lae	12/4	Sep	2008
53=	10.9	Miria IGO	Port Moresby	29	May	2010
53=	10.9	Werner KALIN	Lae	04	Apr	2015

150 metres (Automatic Timing)

1	15.84	Peter PULU	Pirae	14	Aug	1995
2	15.89	Theo PINIAU	Gold Coast	20	Jun	2015
3	16.15	Amos ALI	Pirae	14	Aug	1995
4	16.62	Terry SEPH	Pirae	14	Aug	1995
5	16.82	Alan AKIA	Pirae	14	Aug	1995
6	16.95	Peniel JOSHUA	Gold Coast	08	Jun	2015
7	16.97	Roland URAI	Pirae	14	Aug	1995
8	17.33	Francis KOMPAON	Gold Coast	18	Sep	2010

150 metres (Manual Timing)

1	16.4	Joe MATMAT	Lae	09	Mar	2013
1	16.4	Kupun WISIL	Lae	29	Mar	2014
2	16.8	Ronald FLIERL	Goroka	30	Jun	1993
3	16.9	Patrick HOU	Lae	08	Mar	2014

200 metres (Automatic Timing)

1	21.09	Nelson STONE	Cairns, OceCh	25	Sep	2010
	<i>21.17</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>07</i>	<i>Mar</i>	<i>2009</i>
2	21.18	Takale TUNA	Brisbane	19	Feb	1989
	<i>21.28</i>	<i>Nelson STONE</i>	<i>Port Moresby, PG</i>	<i>15</i>	<i>Jul</i>	<i>2015</i>
	<i>21.29</i>	<i>Nelson STONE</i>	<i>Gold Coast</i>	<i>31</i>	<i>Mar</i>	<i>2012</i>
	<i>21.31</i>	<i>Nelson STONE</i>	<i>Los Angeles</i>	<i>24</i>	<i>May</i>	<i>2009</i>
	<i>21.31</i>	<i>Nelson STONE</i>	<i>Walnut, CA</i>	<i>06</i>	<i>Jun</i>	<i>2009</i>
	<i>21.36</i>	<i>Takale TUNA</i>	<i>Sydney, NCh</i>	<i>23</i>	<i>Feb</i>	<i>1991</i>
3=	21.37	Amos ALI	Atlanta, OG	31	Jul	1996
3=	21.37	Theo PINIAU	Port Moresby, PG	15	Jul	2015
	<i>21.38</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>25</i>	<i>Feb</i>	<i>2011</i>
	<i>21.38</i>	<i>Nelson STONE</i>	<i>Exeter</i>	<i>15</i>	<i>Jul</i>	<i>2012</i>
5	21.39	Peter PULU	Christchurch, OceCh	14	Dec	2002
	<i>21.40</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>09</i>	<i>Mar</i>	<i>2014</i>
	<i>21.41</i>	<i>Theo PINIAU</i>	<i>Gold Coast</i>	<i>21</i>	<i>Jun</i>	<i>2015</i>
	<i>21.42</i>	<i>Peter PULU</i>	<i>Holzgerlingen</i>	<i>18</i>	<i>Jul</i>	<i>1995</i>
	<i>21.42</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>09</i>	<i>Mar</i>	<i>2014</i>
	<i>21.43</i>	<i>Takale TUNA</i>	<i>Hamilton</i>	<i>17</i>	<i>Jan</i>	<i>1990</i>
	<i>21.46</i>	<i>Takale TUNA</i>	<i>Lage</i>	<i>20</i>	<i>Aug</i>	<i>1989</i>
	<i>21.46</i>	<i>Peter PULU</i>	<i>Canberra</i>	<i>02</i>	<i>Mar</i>	<i>1996</i>
	<i>21.47</i>	<i>Theo PINIAU</i>	<i>Gold Coast</i>	<i>27</i>	<i>Jun</i>	<i>2015</i>

	21.48	Takale TUNA	Brisbane	10	Feb	1991
	21.48	Takale TUNA	Port Moresby	20	Jul	1991
	21.48	Nelson STONE	Brisbane	22	Feb	2009
	21.49	Takale TUNA	Gateshead	28	Aug	1990
	21.50	Nelson STONE	Melbourne	06	Apr	2014
6	21.51	Subul BABO	Canberra	29	Feb	1992
	21.51	Peter PULU	Prince George, BC	13	Aug	1994
	21.51	Nelson STONE	Glasgow, CG	29	Jul	2014
	21.54	Peter PULU	Brisbane	18	Feb	1996
	21.54	Nelson STONE	Brisbane	08	Mar	2015
	21.55	Peter PULU	Brisbane	04	Feb	1995
	21.59	Peter PULU	Stuttgart	29	Jul	1995
	21.59	Peter PULU	Canberra	02	Mar	1996
7	21.59	Geoffrey BAI	Los Angeles	08	Jun	2003
	21.59	Nelson STONE	Noumea, PG	08	Sep	2011
	21.60	Subul BABO	Canberra	29	Feb	1992

(Top 37 performances by 7 different athletes)

8	21.61	Wesley LOGORAVA	Cairns, OceCh	08	May	2015
9=	21.76	Fabian NIULAI	Brisbane, NCh	11	Mar	2007
9=	21.76	Charles LIVUAN	Gold Coast	27	Jun	2015
11	21.78	Lapule TAMEAN	Apia, SPG	14	Sep	1983
12	21.86	Emmanuel MACK	Brisbane	19	Feb	1989
13	21.87	Baobo NEUENDORF	Port Moresby	11	Sep	1991
14	21.94	Andrew DOONAR	Lae, NCh	01	Jul	2007
15	21.97	John HOU	Brisbane	19	Feb	1989
16=	21.99	Varo VARO	Santa Rita, SPG	09	Jun	1999
16=	21.99	Wally KIRIKA	Lae, NCh	01	Jul	2007
18	22.00	Joe MATMAT	Kafika, MPG	06	Sep	2013
19	22.04	Nazmie-Lee MARAI	Cairns, OceCh	10	May	2015
20	22.06	Henry BEN	Apia, OceCup	27	Jun	2003
21	22.07	Elias ROBOAM	Santa Rita, SPG	09	Jun	1999
22	22.12	John RIVAN	Singapore, YOG	22	Aug	2010
23=	22.13	Anton LUI	Szombathely, Hun	08	Aug	2004
23=	22.13	Paul POKANA	Cairns, OceCh	27	Jun	2012
25	22.15	Kevin KAPMATANA	Shawnee, Oklahoma	09	May	2014
26	22.20	Waname EGORA	Lae, NCh	01	Jul	2007
27	22.22	Kaminiei SELOT	Port Moresby, NCh	20	Jul	1991
28	22.27	Wala GIME	Brisbane	16	Feb	2007
29	22.29	Robert KARAVA	Rarotonga, MSPG	05	Aug	1985
30	22.35	Dalos UMUL	Suva, OCh	12	Jul	1990
31=	22.36	Peter HENRY	Apia, SPG	13	Sep	1983
31=	22.36	Ezekiel WARTOVO	Nuku'alofa, MSPG	28	Aug	1989
31=	22.36	Peniel JOSHUA	Gold Coast	27	Jun	2015
34	22.37	Ruwan GUNASINGHE	Sydney	08	Nov	2009
35	22.38	Dwayne KOROKA	Nanjing, YOG	22	Aug	2014
36	22.39	Leon BUSKENS	Noumea, SPG	14	Dec	1987
37=	22.40	Joseph KEMBU	Middlegate, NI	13	Dec	2001
37=	22.40	Edward BUIDAL	Lae	24	Apr	2005
39	22.45	Kupun WISIL	Gold Coast	02	Aug	2008
40	22.49	Allan AKIA	Darwin, ASF	09	May	1995
41	22.50	Ronald FLIERL	Victoria, CG	24	Aug	1995
42	22.53	Vali LIGO	Apia, SPG	13	Sep	1983
43	22.56	Levi ALBERT	Brisbane	16	Feb	2007
44=	22.64	Wavala KALI	Montreal, OG	25	Jul	1976
44=	22.64	Paul KASI	Sydney, PSG	03	Dec	1988
44=	22.64	Francis KOMPAON	Brisbane	03	Jun	2012
47	22.68	Ivan WAKIT	Koror	29	May	1999
48=	22.69	Paiwa BOGELA	Suva, SPG	01	Sep	1979
48=	22.69	Samuel BAI	Darwin, ASF	09	May	1995

50	22.71	Mowen BOINO	Brisbane	22	Jul	2007
51	22.73	John CAMILUS	Townsville	27	Sep	1998
52=	22.75	Mark MANDIBI	Suva, SPG	01	Sep	1979
52=	22.75	Wilson MALANA	Townsville, OceCh	16/8	Dec	2004
52=	22.75	Junior AVEFA	Cairns, OceCh	29	Jun	2012
55	22.83	Sammy SASAMA	Townsville, OceCh	16/8	Dec	2004
56=	22.86	Paulson GEBO	Suva	12	Jul	1997
56=	22.86	Emmanuel JORIM	Lae, NCh	01	Jul	2007
56=	22.86	Miria IGORRA	Port Moresby	28	Nov	2009
59	22.88	Michael PULU	Darwin	15	May	2007
60	22.89	Pilisa SAWA	Port Moresby, NCh	20	Jul	1991
61	22.90	Terry KAVOI	Port Moresby	28	Nov	2009
62	22.92	Junior Kila SANI	Lae, PNG Games	26	Nov	2014
63	22.93	Nicholas MEK	Darwin	24	May	1999
64	22.94	Cedric DARRELL	Darwin	15	May	2007
65	22.95	Christopher REHDER	Brisbane, PSG	30	Aug	1982
66=	22.96	Tony AIAM	Suva, SPG	01	Sep	1979
66=	22.96	Herman TOBENO	Ulapia, NCh	08	Jun	2014
66=	22.96	Morgan TOBENO	Lae, PNG Games	26	Nov	2014
69	22.98	Nabase DUABA	Port Vila, MSPG	13	Dec	1993
70	23.00	Levi KUAMIN	Townsville	06	May	2001
71	23.01	Junius IRIMA	Koror	29	May	1999
72=	23.04	Bruno SCHWARTZ	Perth, PSG	07	Dec	1996
72=	23.04	Patrick HOU	Lae, PNG Games	25	Nov	2014
74	23.05	Mathias JIMMY	Townsville, OceCh	30	Nov	1996
75	23.07	Solomon SUSAME	Kafika, MPG	06	Sep	2013
76	23.10	Robson YINAMBE	Gold Coast	21	Jun	2015
77=	23.16	Edward MATHIES	Adelaide, OceCh	25	Aug	2000
77=	23.16	Josiah SASANUI	Lae	24	Apr	2005
79	23.19	Seth PAPARAVAT	Port Moresby	24/8	Nov	2009
80	23.20	Hosea WARTOVO	Lae, PNG Games	26	Nov	2014
81=	23.22	John SALMON	Brisbane	18	Feb	1994
81=	23.22	Fidelis PEGIKRE	lae, PNG Games	27	Nov	2014
83	23.23	Athanasius IGAG	Cairns, OceCh	24	Sep	2010
84=	23.24	George NANAI	Apia, OceCh	16	Dec	2006
84=	23.24	Manuai KENAS	Lae, PNG Games	26	Nov	2014
86=	23.28	Nathan KABILU	Townsville	19	Sep	2005
86=	23.28	John AVEFA	Ulapia, NCh	08	Jun	2014
86=	23.28	Hosea WARTOVO	Lae, PNG Games	25	Nov	2014
86=	23.28	Raka MIKI	Lae, PNG Games	26	Nov	2014
90=	23.31	Cedric DAREL	Lae, NCh	01	Jul	2007
90=	23.31	Reginald MONAGI	Apia, OceRCh	23	Jun	2011
92	23.32	Nason DARIUS	Christchurch, OceCh	14	Dec	2002
93	23.35	Chris PENNIE	Lae, PNG Games	25	Nov	2014
94	23.38	Kevin BALAGUAN	Lae, NCh	01	Jul	2007
95	23.39	Ngazila KASI	Sydney, PSG	03	Dec	1988
96	23.40	Lahui TANO	Lae, NCh	01	Jul	2007
97	23.41	Thomas THOMSEN	Port Moresby	24/8	Nov	2009
98	23.43	Donald BEROM	Gold Coast	06	Aug	2009
99	23.44	Willy IVAN	Port Moresby	28	Nov	2009
100	23.45	Bevan BEROM	Lae, NCh	01	Jul	2007
101	23.47	Victor AME	Ulapia, NCh	08	Jun	2014
102	23.48	Thimothy BONNIE	Darwin	15	May	2007
103=	23.54	Yaling WATSON	Port Moresby, NCh	20	Jul	1991
103=	23.54	Karo IGA	Gold Coast	21	Jun	2015
105	23.55	Aloysius PATUKU	Honiara, MSPG	08	Jul	1981
106	23.56	Ricky COREY	Lae, PNG Games	25	Nov	2014
107	23.58	Benjamin ALIEL	Ulapia, NCh	08	Jun	2014
108	23.60	Ben LEVO	Ulapia, NCh	13	Jul	2013
109	23.61	Gwaren BOANSEM	Lae, NCh	01	Jul	2007
110=	23.62	Ben KELLY	Port Moresby	24/8	Nov	2009
110=	23.62	Allan PUONGO	Lae, PNG Games	25	Nov	2014

110=	23.62	Peniel RICHARD	Gold Coast	21 Jun	2015
113	23.64	Albert WAIKITE	Lae, NCh	01 Jul	2007
114	23.65	Julius JOSIMA	Port Moresby	24/8 Nov	2009
115	23.66	Isaac BIORO	Lae, NCh	01 Jul	2007
116	23.67	David ALLEN	Brisbane, ASC	Dec	1987
	21.22w	Peter PULU	Nuku'alofa, OceCh	27 Aug	1998
	21.23w	Nelson STONE	Brisbane	08 Mar	2015
	21.24w	Nelson STONE	Tereora, OceCh	24 Jun	2014
	21.26w	Theo PINIAU	Hutchinson, Kansas	15 May	2015
	21.28w	Nelson STONE	Brisbane	08 Mar	2015
	21.46w	Jeffrey BAI	Nuku'alofa, OceCh	27 Aug	1998
	21.47w	Peter PULU	Pirae	22 Aug	1995
	21.54w	Peter PULU	Pirae	21 Aug	1995
	21.56w	Fabian NIULAI	Brisbane	27 Jan	2007
	21.58w	Nelson STONE	Brisbane, NCh	29 Mar	2015
	21.79w	Theo PINIAU	Tereora, OceCh	24 Jun	2014
	21.93w	Ronald FLIERL	Kamloops	10 Aug	1994
	22.05w	Ezekiel WARTOVO	Auckland	29 Jan	1990
	22.52w	Stephen PUIPUI	Townsville	29 Dec	1996
200 metres (Indoors)					
1	22.26	John RIVAN	Grinnell, Iowa	07 Feb	2015
2	22.47	Wala GIME	Cedar Falls, Iowa	28 Jan	2012
3	22.57	Theo PINIAU	Storm Lake, Iowa	31 Jan	2015
4	22.61	Paul POKANA	Storm Lake, Iowa	15 Feb	2013
5	22.74	Kevin KAPMATANA	Lubbock, Texas	31 Jan	2015
6	24.11	Joe MATMAT	Sioux Center, Iowa	18 Jan	2014
200 metres (Manual Timing)					
1=	21.1	Peter PULU	Lae	10 Jan	2003
1=	21.1	Nelson STONE	Lae, NCh	28 Jun	2009
3	21.3	Jeffrey BAI	Lae	27 Oct	1996
4	21.4	Baobo NEUENDORF	Lae, NCh	05 Jul	1992
5=	21.5	Takale TUNA	Rabaul, NCh	24 Jun	1990
5=	21.5	Subul BABO	Lae, NCh	05 Jul	1992
7=	21.6	Ronald FLIERL	Rabaul	12 Jun	1994
7=	21.6	John RIVAN	Lae, NCh	11 Jul	2010
9=	21.7	Amos ALI	Lae	31 May	1996
9=	21.7	Ivan WAKIT	Lae	13 Aug	2000
11=	21.8	Lapule TAMEAN	Townsville	21 Apr	1984
11=	21.8	Emmanuel MACK	Lae	31 May	1986
11=	21.8	Henry BEN	Lae	22 Apr	2003
11=	21.8	Fabian NIULAI	Lae, NCh	22/4 Sep	2006
15=	21.9	Wavala KALI	Sydney	17 Mar	1973
15=	21.9	John HOU	Lae	31 May	1986
15=	21.9	Leon BUSKENS	Lae	30 May	1987
15=	21.9	Samuel BAI	Rabaul	12 Jun	1994
15=	21.9	Ruwan GUNASINGHE	Lae, NCh	28 Jun	2009
20=	22.0	Vuatha KAPA	Port Moresby	11 Aug	1972
20=	22.0	Allan AKIA	Goroka, NCh	08 Jun	1997
20=	22.0	Elias ROBOAM	Lae	02 Apr	1999
20=	22.0	Waname EGOA	Lae, NCh	12/4 Sep	2008
20=	22.0	Kupun WISIL	Lae, NCh	28 Jun	2009
20=	22.0	Joe MATMAT	Lae, NCh	17 Jul	2011
26=	22.1	Paul MARAGA	SPG Tahiti	14 Sep	1971
26=	22.1	Robert KARAVA	Goroka	07 Jun	1986
26=	22.1	Wesley YALING	Lae	02 Apr	1999
26=	22.1	Varo VARO	Lae	13 Aug	2000
26=	22.1	Joseph KEMBU	Lae	03 Nov	2001
26=	22.1	Nazmie-Lee MARAI	Port Moresby	03 Mar	2012
26=	22.1	Solomon KAIAP	Port Moresby	03 Mar	2012

33=	22.2	Meli MUGA	Rabaul, NCh	23	Oct	1966
33=	22.2	Clement ABAI	Lae	10	Jan	2003
33=	22.2	Bernard MANANA	Lae, NCh	05	Jul	1992
33=	22.2	Edward BAI	Lae, NCh	03	Jul	1994
33=	22.2	Wally KIRIKA	Lae, NCh	27	Apr	2003
33=	22.2	Paul POKANA	Port Moresby	10	Mar	2012
33=	22.2	Dwayne KOROKA	Sydney	18	Apr	2015
40=	22.3	Mark MANDIBI	Lae, NCh	16	Jun	1979
40=	22.3	Eddie PIRIKA	Port Moresby	04	Jun	1994
40=	22.3	Anton LUI	Glasgow	14	Aug	2004
40=	22.3	Levi ALBERT	Lae	09	Jun	2007
40=	22.3	Reginald MOREALEVI	Lae, NCh	08	Apr	2012
40=	22.3	Junior AVEFA	Rabaul	13	Oct	2012
46=	22.4	John VUIA	Rabaul, NCh	09	Aug	1964
46=	22.4	Paiwa BOGELA	Lae, NCh	16	Jun	1979
46=	22.4	Peter HENRY	Port Moresby	25	Mar	1983
46=	22.4	David SUSAME	Port Moresby	03	Oct	1987
46=	22.4	Kaminiel SELOT	Rabaul, NCh	24	Jun	1990
46=	22.4	Nabase DUABA	Port Moresby	07	May	1994
46=	22.4	John SALOM	Lae	02	Apr	1999
46=	22.4	Mowen BOINO	Port Moresby	10	Jun	2001
46=	22.4	Edward BUIDAL	Lae	24	Apr	2005
46=	22.4	Wilson MALANA	Lae	13	Jun	2005
46=	22.4	Sammy SASAMA	Lae	30	Sep	2005
46=	22.4	Athanasius IGAG	Lae, NCh	17	Jul	2011
46=	22.4	Theo PINIAU	Rabaul	13	Oct	2012
59=	22.5	Thomas RABAN	Lae	17	May	1986
59=	22.5	Paul KASI	Rabaul, NCh	24	Jun	1990
59=	22.5	Donald BEROM	Lae, NCh	28	Jun	2009
62=	22.6	Waituka MAINA	Suva, SPG	31	Aug	1963
62=	22.6	William IPAKO	Rabaul, NCh	10	Sep	1972
62=	22.6	Tony AIAM	Lae, NCh	16	Jun	1979
62=	22.6	Vali LIGO	Port Moresby	21	May	1982
62=	22.6	Raphael IRIMA	Rabaul, NCh	24	Jun	1990
62=	22.6	Dalos UMUL	Rabaul, NCh	24	Jun	1990
62=	22.6	Tovut TENAEN	Port Moresby	14	Mar	1993
62=	22.6	Steven PUIPUI	Port Moresby, NCh	29	Sep	1996
62=	22.6	Mathias JIMMY	Lae	27	Oct	1996
62=	22.6	John CAMILUS	Lae	16	Aug	1998
62=	22.6	Kevin URAI	Vunakanau	03	Jul	2001
62=	22.6	Nason DARIUS	Lae	27	Sep	2002
62=	22.6	Willie IVAN	Port Moresby	19	Jun	2010
62=	22.6	Manuai KENAS	Port Moresby	10	May	2014
76=	22.7	Peter MOREA	Port Moreby	07	May	1982
76=	22.7	Lohia RAKA	Port Moresby	25	Mar	1983
76=	22.7	Mikes ARERE	Port Moresby	31	May	1986
76=	22.7	Simon TIO	Lae	31	May	1986
76=	22.7	Richard LERORI	Lae	30	May	1987
76=	22.7	Patrick POLOSI	Lae	13	Jun	1992
76=	22.7	McKenzie WARIWARI	Lae	13	Jun	1992
76=	22.7	Fred MANANA	Rabaul	12	Jun	1994
76=	22.7	Roland URAI	Lae, NCh	02	Jul	1995
76=	22.7	Terry SEPH	Port Moresby	22	Jul	1995
76=	22.7	Leonard MANANA	Port Moresby	03	May	1997
76=	22.7	Manuai KENAS	Port Moresby	10	Mar	2012

300 metres (Automatic Timing)

1	33.99	Nelson STONE	Brisbane	26	Jun	2010
2	34.00	Theo PINIAU	Gold Coast	08	Jun	2015
3	34.26	Subul BABO	Port Moresby	09	Sep	1991
4	34.40	Jeffrey BAI	Nuku'alofa	26	Aug	1998
5	34.72	Mowen BOINO	Brisbane	25	May	2007

6	34.77	Wala GIME	Brisbane	25	May	2007
7	34.90	Kevin KAPMATANA	Gold Coast	24	Feb	2012
8	35.28	Waname EGORA	Brisbane	08	Jun	2008
9	35.29	John HOU	Port Moresby	09	Sep	1991
10	35.38	Fosa TOREA	Port Moresby	09	Sep	1991
11	35.43	Paul POKANA	Gold Coast	23	Jun	2012
12	35.87	Nazmie-Lee MARAI	Gold Coast	23	Jun	2012
13	35.90	Fabian NIULAI	Brisbane	26	Jun	2005
14	36.09	Levi KUAMIN	Adelaide	23	Aug	2000
15	36.43	Peniel JOSHUA	Gold Coast	08	Jun	2015
16=	36.44	Nathan KABILU	Brisbane	25	May	2007
16=	36.44	Theo PINIAU	Gold Coast	23	Jun	2012
18	36.85	John RIVAN	Gold Coast	26	Jan	2009
19	36.99	Donald BEROM	Gold Coast	26	Jan	2009
20	37.54	Jerry BATA	Nuku'alofa	26	Aug	1998

300 metres (Manual Timing)

1=	33.9	Baobo NEUENDORF	Brisbane	28	Jan	1993
1=	33.9	Subul BABO	Pirae	14	Aug	1995
1=	33.9	Geoffrey BAI	Lae	01	Apr	1999
1=	33.9	Peter PULU	Port Moresby	15	Jan	2003
5	34.1	Clement ABAI	Port Moresby	15	Jan	2003
6=	34.2	Amos ALI	Port Moresby	05	Aug	1995
6=	34.2	Elias ROBOAM	Goroka	15	Mar	2003
8	34.6	Samuel BAI	Lae	18	May	1996
9	34.7	Edward BAI	Nuku'alofa	26	Aug	1998
10	34.8	Nelson STONE	Lae	10	Apr	2010
11	34.9	Kevin KAPMATANA	Gold Coast	24	Feb	2012
12	35.3	Joe MATMAT	Lae	21	Feb	2015
13	35.4	John RIVAN	Lae	10	Apr	2010
14	35.6	Nazmie-Lee MARAI	Port Moresby	23	Mar	2013
15	35.7	Theo PINIAU	Ulapia	22	Jun	2013
16	35.8	Manuai KENAS	Port Moresby	18	Feb	2012
17	36.0	Kupun WISIL	Lae	22	Mar	2014
18	36.2	Mowen BOINO	Goroka	16	Feb	2003
19	36.5	Patrick HOU	Lae	22	Mar	2014
20	36.6	Allan AKIA	Port Moresby	05	Aug	1995

(The following times were recorded in a time trial).

33.6	Nelson STONE	Synder, Texas	20	May	2014
33.7*	Theo PINIAU	Synder, Texas	20	May	2014
34.4	Kevin KAPMATANA	Synder, Texas	20	May	2014
35.4	Joe MATMAT	Synder, Texas	20	May	2014
36.5	Kupun WISIL	Synder, Texas	20	May	2014

* Estimated time. Almost dead-heat with Nelson Stone.

400 metres (Automatic Timing – Indoor)

1	48.79	Wala GIME	Fayetteville	10	Feb	2012
2	48.99	Theo PINIAU	Albuquerque, NM	06	Mar	2015
3	50.64	Paul POKANA	Storm Lake, Iowa	22	Feb	2014
4	50.70	Kevin KAPMATANA	Lubbock, Texas	20	Feb	2015

400 metres (Automatic Timing)

1	46.70	Nelson STONE	Delhi, CG	08	Oct	2010
	<i>46.71</i>	<i>Nelson STONE</i>	<i>London, OG</i>	<i>04</i>	<i>Aug</i>	<i>2012</i>
	<i>46.76</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>20</i>	<i>Mar</i>	<i>2009</i>
2	46.77	Subul BABO	Port Moresby, SPG	14	Sep	1991
3	46.88	Baobo NEUENDORF	Brisbane	13	Feb	1993
	<i>46.91</i>	<i>Subul BABO</i>	<i>Canberra</i>	<i>01</i>	<i>Mar</i>	<i>1992</i>
	<i>47.05</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>31</i>	<i>Mar</i>	<i>2012</i>
	<i>47.11</i>	<i>Nelson STONE</i>	<i>Brisbane</i>	<i>19</i>	<i>Mar</i>	<i>2009</i>
	<i>47.13</i>	<i>Nelson STONE</i>	<i>Berlin</i>	<i>18</i>	<i>Aug</i>	<i>2009</i>

	47.14	Nelson STONE	Brisbane	26	Mar	2011
4	47.15	Geoffrey BAI	Santa Rita, SPG	05	Jun	1999
	47.17	Subul BABO	Barcelona, OG	03	Aug	1992
5	47.20	Clement ABAI	Darwin	23	May	1999
	47.20	Geoffrey BAI	Suva, SPG	09	Jul	2003
	47.21	Baobo NEUENDORF	Gateshead, UK	30	Jul	1993
	47.22	Geoffrey BAI	Bangkok	24	Apr	1999
	47.23	Nelson STONE	Brisbane	25	Mar	2011
6	47.24	Takale TUNA	Port Moresby, SPG	14	Sep	1991
	47.27	Subul BABO	Adelaide	07	Mar	1992
	47.28	Baobo NEUENDORF	Brisbane	05	Mar	1993
	47.29	Geoffrey BAI	Bangkok	07	May	2002
	47.30	Baobo NEUENDORF	Weinstadt, Germany	07	Aug	1993
	47.32	Nelson STONE	Wujiang	28	May	2011
	47.33	Baobo NEUENDORF	Port Vila, MSPG	14	Dec	1993
	47.33	Nelson STONE	Brisbane	08	Mar	2014
	47.41	Clement ABAI	Santa Rita	05	Jun	1999
	47.42	Nelson STONE	Brisbane	20/2	Mar	2009
	47.43	Baobo NEUENDORF	Port Moresby, SPG	14	Sep	1991
	47.46	Takale TUNA	Brisbane	12	Feb	1989
	47.46	Nelson STONE	Eagle Rock	09	May	2009
	47.47	Nelson STONE	Brisbane	14	Jun	2014
	47.48	Takale TUNA	Seoul, OG	25	Sep	1988
	47.48	Nelson STONE	Noumea, PG	07	Sep	2011

(Top 33 performances by 6 different athletes)

7	47.49	Mowen BOINO	Manila	20	May	2001
8	47.60	Lapule TAMEAN	Los Angeles, OG	04	Aug	1984
9	47.68	Theo PINIAU	Mesa, Arizona	16	May	2014
10	47.77	Ivan WAKIT	Pirae, SPG	18	Aug	1995
11	47.98	Kevin KAPMATANA	Brisbane	01	Apr	2012
12	48.18	Kaminiei MATLAUN	Tereora, OceCh	25	Jun	2014
13	48.26	Wala GIME	Eagle Rock	08	May	2010
14	48.35	John RIVAN	Noumea, PG	07	Sep	2011
15	48.36	Albert LEVI	Sigatoka, Fiji	11	Dec	2006
16	48.40	Samuel BAI	Pirae, SPG	17	Aug	1995
17	48.48	Fabian NIULAI	Brisbane	24	Feb	2007
18	48.64	Andrew DOONAR	Lae, NCh	30	Jun	2007
19	48.73	Paiwa BOGELA	Suva, SPG	06	Sep	1979
20	48.82	Kaminiei SELOT	Port Moresby, NCh	21	Jul	1991
21	48.83	Ronald FLIERL	Prince George	13	Aug	1994
22	48.85	Wavala KALI	Montreal, OG	26	Jul	1976
23	49.21	John HOU	Brisbane	19	Feb	1989
24	49.22	Waname EGORA	Apia, OceCh	15	Dec	2006
25	49.25	Amos ALI	Marietta, Ga	21	Jul	1996
26	49.28	Ruwan GUNASINGHE	Sydney	08	Nov	2014
27	49.37	Paul POKANA	Council Bluffs, IA	06	Apr	2013
28	49.39	Fosa TOREA	Suva, OCh	13	Jul	1990
29	49.53	Chris BAIS	Lae	23	Apr	2005
30=	49.54	Dalos UMUL	Port Vila, MSPG	14	Dec	1993
30=	49.54	Levi KUAMIN	Middlegate, NI	10	Dec	2001
32	49.75	Robson YINAMBE	Brisbane	14	Jun	2015
33	49.83	Elias ROBOAM	Lae, NCh	30	Jun	2007
34	49.85	Thompson HAROKAVE	Darwin, ASF	09	May	1995
35	49.89	Benjamin ALIEL	Port Moresby	18-20	Sep	2015
36	49.92	Peniel JOSHUA	Gold Coast	21	Jun	2015
37	50.03	Victor AME	Lae, PNG Games	27	Nov	2014
38=	50.10	Eric MOMBERGER	Emmitsburg, Md, USA	27	Jun	1992
38=	50.10	Herman TOBENO	Ulapia, NCh	07	Jun	2014
40	50.38	Claudy KOMEN	Ulapia, NCh	07	Jun	2014
41	50.41	Pilisa SAWA	Port Moresby, NCh	21	Jul	1991
42	50.47	Raymond KONIEL	Ulapia, NCh	07	Jun	2014

43	50.50	Jeffrey LUVEANA	Ulapia, NCh	07	Jun	2014
44	50.53	Ephraim LERKIN	Lae, PNG Games	27	Nov	2014
45	50.55	Nazmie-Lee MARAI	Cairns, OceCh	27	Jun	2012
46	50.56	Paulson GEBO	Gold Coast	11	Aug	2007
47	50.57	Martin OROVO	Port Moresby	18-20	Sep	2015
48	50.61	Wilson MALANA	Townsville, OceCh	16/8	Dec	2004
49	50.62	Bernard MANANA	Port Moresby, NCh	21	Jul	1991
50	50.70	Junior AVEFA	Ulapia, NCh	07	Jun	2014
51	50.72	Janos SUAGOTSU	Suva, SPG	04	Sep	1979
52	50.81	Charles MALILI	Perth, PSG	07	Dec	1996
53	50.83	Phillip John KAYO	Guam, SPG	05	Aug	1975
54	50.85	Aloysius PATUKU	Honiara, MSPG	14	Jul	1981
55	50.89	Bernard MANAU	Port Moresby, NCh	22	Jul	1991
56	50.92	Clement TAIPALA	Zagreb, WSG	13	Jul	1987
57	50.98	Ngazila KASI	Nuku'alofa, MSPG	26	Aug	1989
58	51.07	Nelson UME	Port Moresby, NCh	22	Jul	1991
59	51.11	Kupun WISIL	Lae	22	Apr	2005
60	51.16	Martin SOLOMON	Port Moresby	28	Nov	2009
61	51.19	Freddie HONGOWORIE	Lae, PNG Games	25	Nov	2014
62	51.28 D	Mamena BOWALIYA	Suva, SPG	06	Sep	1979
63	51.29	Josiah SASANUI	Koror, MSPG	26	Jul	2005
64	51.32	Dibili WAGAMISI	Brisbane, PSG	29	Aug	1982
65	51.34	Henry KOITI	Port Moresby, NCh	22	Jul	1991
66	51.36	Edward BAI	Nuku'alofa, OceCh	27	Aug	1998
67	51.37	Jerry BATA	Perth, PSG	07	Dec	1996
68	51.40	Henry BEN	Apia, OceCup	26	Jun	2003
69	51.44	Jerry HERMAN	Lae, PNG Games	24	Nov	2014
70	51.49	Manuai KENAS	Lae, PNG Games	25	Nov	2014
71	51.54	Emmanuel WANGA	Port Moresby	18-20	Sep	2015
72	51.63	Nathan KABILU	Gold Coast	11	Aug	2007
73	51.68	Junior Kila SANI	Lae, PNG Games	25	Nov	2014
74	51.80 D	Ferdinand NONGKAS	Auckland, CG	28	Jan	1990
75	51.81 Oct	Allan KITAUN	Lae, PNG Games	24	Nov	2014
76	51.84	Paulson GEBO	Brisbane	01	Dec	2006
77	51.88	Bruno SCHWARTZ	Perth, PSG	08	Dec	1996
78	51.90	Willy IVAN	Port Moresby	24/8	Nov	2009
79	51.97	Elias IFE	Port Moresby, NCh	22	Jul	1991

400 metres (Manual Timing)

1	46.9	Geoffrey BAI	Manila	30	Apr	1999
2=	47.1	Subul BABO	Lae, NCh	04	Jul	1992
2=	47.1	Baobo NEUENDORF	Lae, NCh	04	Jul	1992
4	47.3	Nelson STONE	Lae, NCh	27	Jun	2009
5=	47.6	Clement ABAI	Lae, NCh	15	Aug	1998
5=	47.6	Kaminiel MATLAUN	Lae	21	Jun	2015
7=	47.8	Ivan WAKIT	Pirae, SPG	17	Aug	1995
7=	47.8	Samuel BAI	Port Moresby	25	Jun	1996
9	48.0	Kevin KAPMATANA	Lae, NCh	07	Apr	2012
10	48.1	Mowen BOINO	Lae	24	Jun	2000
11	48.3	John RIVAN	Lae, NCh	10	Jul	2010
12=	48.4	Takale TUNA	Lae	22	Jun	1991
12=	48.4	Peter PULU	Port Moresby	10	May	2000
14=	48.5	John HOU	Goroka	26	Jun	1988
14=	48.5	Ronald FLIERL	Lae, NCh	01	Jul	1994
14=	48.5	Fabian NIULAI	Lae	22	Dec	2005
17	48.7	Dalos UMUL	Port Moresby	30	Oct	1993
18=	48.8	Elias ROBOAM	Port Moresby	10	May	2000
18=	48.8	Andrew DOONAR	Lae	21	Apr	2007
20=	48.9	Kaminiel SELOT	Lae, NCh	04	Jul	1992
20=	48.9	Bernard MANANA	Lae, NCh	04	Jul	1992
20=	48.9	Amos ALI	Port Moresby	27	Jun	1996
20=	48.9	Levi KUAMIN	Port Moresby	02	May	2001

20=	48.9	Theo PINIAU	Ulapia	17	Mar	2013
25=	49.0	Wala GIME	Lae, NCh	22/4	Sep	2006
25=	49.0	Levi ALBERT	Lae	21	Apr	2007
25=	49.0	Paul POKANA	Lae, NCh	07	Apr	2012
28	49.1	Wavala KALI	Sydney	25	Mar	1973
29=	49.2	Allan PODI	Brisbane	13	Oct	1979
29=	49.2	Fosa TOREA	Lae, NCh	04	Jul	1992
31=	49.3	Damien MIDI	Rabaul, NCh	08	Aug	1964
31=	49.3	Pilisa SAWA	Lae, NCh	04	Jul	1992
33=	49.4	Varo VARO	Port Moresby	10	May	2000
33=	49.4	Chris BAIS	Lae	26	Apr	2005
33=	49.4	Waname EGORA	Lae	30	Sep	2005
36=	49.5	Geno POU	Port Moresby	16	Jul	1971
36=	49.5	Lapule TAMEAN	Townsville	27	Apr	1984
36=	49.5	Sammy SASAMA	Lae	30	Sep	2005
36=	49.5	Nazmie-Lee MARAI	Port Moresby	04	May	2013
40=	49.6y	John KAPUTIN	Lae, NCh	06	Oct	1962
40=	49.6	Thompson HAROKAVE	Lae, NCh	01	Jul	1994
40=	49.6	Edward BAI	Port Moresby	18	Apr	1998
43=	49.7	Eliab WUAB	Rabaul, NCh	22	Oct	1966
43=	49.7	Kila KEANA	Port Moresby	10	Aug	1973
43=	49.7	Stephen PUIPUI	Lae	26	Oct	1996
43=	49.7	Fred MANANA	Lae	15	Aug	1998
43=	49.7	Benjamin ALIEL	Lae, NCh	18	Apr	2015
48	49.8	Nabase DUABA	Port Moresby	27	Nov	1993
49=	49.9	Waituka MAINA	Suva, SPG	02	Sep	1963
49=	49.9	Amos ALI	Lae, NCh	01	Jul	1995
49=	49.9	Josiah SASANUI	Lae	09	Sep	2006
49=	49.9	Joe MATMAT	Lae	12	Jun	2011
53=	50.0	Goa KOITI	Tahiti, SPG	11	Sep	1971
53=	50.0	Moses PURPURUK	Tahiti, SPG	10	Sep	1971
53=	50.0	Loko KILORI	Madang, NCh	21	Sep	1974
53=	50.0	Paiwa BOGELA	Port Moresby	10	May	1979
53=	50.0	Hubert MISSION	Lae	03	Nov	2001
53=	50.0	Kupun WISIL	Lae	26	Apr	2005
53=	50.0	Paulson GEBO	Lae	30	Sep	2005
53=	50.0	Wilson MALANA	Lae	09	Sep	2006
53=	50.0	Peniel JOSHUA	Lae, NCh	18	Apr	2015
53=	50.0	Veherney BABOB	Lae	21	Jun	2015
63	50.1	Brendon TOMMY	Lae, NCh	01	Jul	1995
64=	50.2	Leo KAPALI	Rabaul, NCh	12	Jun	1970
64=	50.2	Bernard MANAU	Lae, NCh	04	Jul	1992
64=	50.2	Paulson GEBO	Port Moresby	05	Jul	1997
64=	50.2	Josiah SASANUI	Lae	26	Apr	2005
64=	50.2	Donald BEROM	Lae, NCh	10	Jul	2010
69=	50.3	Kevin JOE	Lae, NCh	04	Jul	1992
69=	50.3	Jonathan MIRIA	Port Moresby	02	Jun	2001
71	50.4	Nicholas MEK	Townsville	26	May	1999
72=	50.5	Daniel KAPUTIN	Lae	08	Apr	1995
72=	50.5	Ivan MALA	Port Moresby	02	May	2001
72=	50.5	Nathan KABILU	Lae	26	Apr	2005
72=	50.5	Martin SOLOMON	Lae, NCh	12/4	Sep	2008
72=	50.5	Nathan GABARA	Lae, NCh	12/4	Sep	2008
77=	50.6	Greg HAYES	Port Moresby	13	Jun	1992
77=	50.6	Bruno SCHWARTZ	Port Moresby, NCh	28	Sep	1996
77=	50.6	Patrick TOROT	Lae, NCh	28	Sep	2002
77=	50.6	Ivan MALA	Lae, NCh	28	Sep	2002
77=	50.6	Manuai KENAS	Port Moresby	19	May	2012
82=	50.7	Ngazila KASI	Rabaul, NCh	23	Jun	1990
82=	50.7	Warren EVARA	Port Moresby, NCh	28	Sep	1996
82=	50.7	Steven PUIPUI	Lae, NCh	25	Sep	2004
85	50.8	Raymond KONIEL	Lae, NCh	18	Apr	2015

86=	50.9	Aloysius PATUKU	Goroka, NCh	08	May	1983
86=	50.9	Clement TAIPALA	Port Moresby	24	May	1986
86=	50.9	Cliff MADU	Port Moresby	13	Jun	1992
86=	50.9	Charles MALILI	Port Moresby, NCh	28	Sep	1996
86=	50.9	Kiale GIME	Port Moresby	22	Jul	2006

y - 440 yards (402.31m)

600 yards Indoors (Automatic Timing)

1	1:13.85	Wala GIME	Ames, Iowa	20	Jan	2013
2	1:15.00	Kevin KAPMATANA	Lubbock, Texas	16	Jan	2015

600 metres Indoors (Automatic Timing)

1	1:22.11	Veherney BABOB	New York City	07	Mar	2014
2	1:25.08	Wala GIME	Cedar Falls, Iowa	14	Jan	2012

600 metres

1	1:21.63	Paulson GEBO	Brisbane	25	May	2007
2	1:22.2	Samuel BAI	Port Moresby	05	Aug	1995
3	1:22.2	Kaminiei MATLAUN	Goroka	17	Jan	2015
4	1:22.29	Kevin KAPMATANA	Gold Coast	23	Jun	2012
5	1:24.9	George YAMAK	Goroka	17	Jan	2015
6	1:25.2	Medley LABAN	Port Moresby	05	Aug	1995
7	1:25.5	Martin OROVO	Goroka	31	Jan	2015
8	1:25.7	Richard DATOANA	Snyder, Texas	14	May	2014
9	1:26.4	Verheney BABOB	Goroka	17	Jan	2015
10	1:26.7	Andipas GEORASI	Snyder, Texas	14	May	2014
11	1:27.5	Freddy HONGOWORIE	Brisbane	05	Mar	2015
12	1:28.5	Mosley TANDE	Goroka	30	Jun	1993
13	1:29.4	Hubert MISSION	Lae	16	Feb	2003
14	1:29.9	Peter GAUPA	Lae	29	Mar	2014
15	1:30.3	Jeffrey KIALE	Port Moresby	15	Feb	1997

800 metres

1	1:48.29	Clement ABAI	Baton Rouge, La	20	Apr	2002
	1:48.75	Clement ABAI	Atlanta		May	2002
	1:48.83	Clement ABAI	Baton Rouge	29	May	2002
	1:48.92	Clement ABAI	Atlanta	19	May	2001
	1:50.45	Clement ABAI	Palo Alto	03	Mar	2002
	1:50.47	Clement ABAI	Tuscaloosa	23	Mar	2001
	1:50.51	Clement ABAI	Tempe	12	May	2001
	1:50.63	Clement ABAI	New Orleans	06	Apr	2002
	1:50.93	Clement ABAI	Baton Rouge	14	Apr	2001
	1:51.13	Clement ABAI	Santa Rita, SPG	08	Jun	1999
	1:51.40	Clement ABAI	Tallahassee	15	Apr	2000
	1:51.49	Clement ABAI	Coral Gables	13	Apr	2002
	1:51.51	Clement ABAI	New Orleans	07	Apr	2001
	1:51.58	Clement ABAI	Baton Rouge	04	May	2003
	1:51.66	Clement ABAI	Darwin,AG	24	May	1999
	1:52.37	Clement ABAI	Eagle Rock	08	Jun	2003
	1:52.63	Clement ABAI	Hattiesburg	18	Mar	2000
2	1:52.36	Kaminiei MATLAUN	Glasgow, CG	29	Jul	2014
	1:52.81	Kaminiei MATLAUN	Tereora, OceCh	26	Jun	2014
	1:53.1	Kaminiei MATLAUN	Lae	20	Jun	2015
3	1:53.28	Chris BAIS	Brisbane	26	Feb	2006
	1:53.46	Clement ABAI	Hattiesburg	08	Mar	2003
	1:53.8	Clement ABAI	Port Moresby	09	May	1999

(Top 23 performances by 3 different athletes)

4	1:53.92	Kevin KAPMATANA	Santa Monica	25	Jul	2009
5	1:53.96e	Phillip KAYO	Christchurch, CG	27	Jan	1974
6	1:54.00e	Samuel BAI	Pirae, SPG	21	Aug	1995
7	1:54.09e	Sebastine SENA	Melbourne	28	Feb	1997
8	1:54.71	Martin OROVO	Brisbane, NCh	26	Mar	2015

9	1:54.9	Veherney BABOB	Lae	20	Jun	2015
10	1:55.0	John SIGURIA	Lae	31	May	1986
11	1:55.2	Steven MOMBI	Lae	31	May	1986
12	1:55.2	Joe SIPO	Lae	24	Apr	2005
13	1:55.42e	Thompson HAROKAVE	Pirae, SPG	21	Aug	1995
14=	1:55.6	Wallace HOFOGAO	Lae, NCh	09	Sep	1973
14=	1:55.6	Bayu GIGI	Lae	31	May	1986
16	1:55.90e	Cliff MADU	Port Moresby	31	Aug	1991
17	1:55.96e	Fosa TOREA	Port Moresby	31	Aug	1991
18	1:56.14	Paulson GEBO	Cairns	14	Aug	2007
19	1:56.4	Russel HASU	Lae	24	Apr	2005
20	1:57.0	Baobo NEUENDORF	Lae, NCh	05	Jul	1992
21	1:57.1	Roman YANEWAI	Lae	31	May	1986
22	1:57.6	Medley LABAN	Lae	26	Oct	1996
23	1:57.7	Anton LOPA	Port Moresby	03	Jun	1995
24=	1:58.3	Vevehere HAELAEVILA	Lae, NCh	16	Jun	1979
24=	1:58.3	Brendon TOMMY	Port Moresby	03	Jun	1995
26	1:58.5	Andrew YEWEH	Lae	22	May	2005
27	1:58.6	Jeffrey KAILE	Port Moresby	24	May	1997
28	1:58.68	Freddie HONGOWORIE	Lae, PNG Games	26	Nov	2014
29	1:58.8	Yapi KERAU	Port Moresby, NCh	17	May	1975
30	1:58.9	Emmanuel TOMARUM	Port Moresby, NCh	20	Jul	1991
31=	1:59.0	Loko KILORI	Madang, NCh	21	Jun	1974
31=	1:59.0	Hubert MISSION	Lae	04	Nov	2001
33	1:59.1	Alois COSAN	Lae, NCh	16	Jun	1979
34	1:59.3	Giliwa MALA	Port Moresby	9	Oct	1993
35	1:59.5	Clement TAIPALA	Port Moresby	26	Apr	1986
36=	1:59.8	Paiwa BOGELA	Port Moresby	29	Apr	1978
36=	1:59.8	Dusila MALEBE	Port Moresby	25	Apr	1999
36=	1:59.8	Mowen BOINO	Lae	16	Jul	2000
39=	1:59.9	Eddie PUKA	Port Moresby, NCh	20	Jul	1991
39=	1:59.9	Jeffrey KIALE	Lae	26	Oct	1996
41	2:00.0	John HOU	Goroka, NCh	20	May	1989
42	2:00.1	Jimmy JACOB	Lae	16	Jul	2000
43	2:00.29e	John GAINA	Brisbane, ASC		Dec	1987
44=	2:00.5	Paul HARE	Lae, NCh	05	Jul	1992
44=	2:00.5	George YAMAK	Goroka	29	May	2015
46	2:00.56	Rodney PENI	Lae, NCh	17	Apr	2015
47	2:00.66e	Gabriel IVEI	Rarotonga, MSPG	24	Aug	1989
48=	2:00.7	Haggai ZERIGA	Lae, NCh	16	Jun	1979
48=	2:00.7	Michael WAIMBA	Lae	22	Jun	1991
50	2:00.88	Jerry BATA	Nuku'alofa, OceCh	28	Aug	1998
51	2:00.90	Richard DOTAONA	Ulapia, NCh	14	Jul	2013
52=	2:01.0	Aloysius PATUKU	Port Moresby	27	Aug	1983
52=	2:01.0	William MOSES	Port Moresby, NCh	20	Jul	1991
54	2:01.38	Levi ALBERT	Cairns	14	Aug	2007
55	2:01.56	Junior NOBOI	Port Moresby	27	Nov	2009
56	2:01.6	Bernard MANAU	Goroka, NCh	2	Jul	1993
57	2:01.63	Claudy KOMEN	Lae, PNG Games	26	Nov	2014
58=	2:01.7	Don BIRD	Port Moresby	27	Aug	1983
58=	2:01.7	Alan TINIM	Lae, NCh	26/8	Jun	2009
60	2:01.74	David TAIKIKA	Port Moresby	27	Nov	2009
61	2:01	Kevin JOE	Lae, NCh	05	Jul	1992
62	2:02.0	Marakan UVANO	Port Moresby	14	Jun	1986
800 metres (Indoors)						
1	1:54.36	Clement ABAI	Hillside	27	Feb	2000
2	1:56.43	Verheney BABOB	New York City	08	Mar	2014
3	2:03.45	Richard DOTAONA	Lubbock, Texas	31	Jan	2015

1000m metres (Indoors)

1	2:43.43	Veherney BABOB	Mankato, Minnesota	07 Dec 2013
2	2:43.46	Andipas GEORASI	Lubbock, Texas	16 Jan 2015
3	2:45.05	Sapolai YAO	Mankato, Minnesota	26 Jan 2013
4	2:49.29	Richard DOTAONA	Lubbock, Texas	16 Jan 2015

1000 metres

1	2:27.36	Sebastine SENA	Pirae	14 Aug 1995
2	2:31.58e	Cliff MADU	Port Moresby	09 Sep 1991
3	2:31.6	Samuel BAI	Pirae	14 Aug 1995
4	2:34.2	Thompson HAROKAVE	Pirae	14 Aug 1995
5	2:34.50e	Steven MOMBI	Port Moresby	09 Sep 1991
6	2:35.15	Andipas GEORASI	Gold Coast	06 Mar 2011
7	2:37.6	Anton LOPA	Pirae	14 Aug 1995
8	2:38.7	John SIGURIA	Goroka	30 Apr 1987
9	2:38.9	Veherney BABOB	Lae	16 Apr 2011
10	2:39.44	Russell HASU	Adelaide	23 Aug 2000
11	2:39.96e	Roman YANEWAI	Port Moresby	09 Sep 1991
12	2:40.4	Chris BAIS	Lae	04 Feb 2007
13	2:41.5	Eddie PUKA	Port Moresby	20 Jun 1987
14	2:41.7	Gabriel IVEI	Port Moresby	20 Jun 1987
15=	2:41.9	Jack DICK	Port Moresby	20 Jun 1987
15=	2:41.9	Sapolai YAO	Goroka	18 Apr 2003
17=	2:42.3	Medley LABAN	Pirae	14 Aug 1995
17=	2:42.3	Skene KIAGE	Lae	16 Apr 2011
19	2:42.5	George YAMAK	Goroka	13 Feb 2015
20	2:42.52	Jimmy JACOB	Adelaide	23 Aug 2000
21	2:45.9	Don BIRD	Port Moresby	20 Jun 1987
22	2:46.32	Bongi MAKI	Adelaide	23 Aug 2000
23	2:47.5	Kaminiel MATLAUN	Ulapia	25 Jan 2014
24	2:48.4	David GEORASI	Ulapia	25 Jan 2014
25	2:50.3	Freddie HONGOWARI	Port Moresby	18 Feb 2012
26	2:50.5	Henao UDIA	Port Moresby	18 Feb 2012
27	2:50.6	Martin OROVO	Goroka	17 Jan 2015
28	2:50.7	Hubert MISSION	Goroka	15 Mar 2003
29	2:51.7	David RUBEN	Port Moresby	15 Feb 1997
30	2:52.2	Tange MEAMINA	Goroka	24 Jun 1987

1500 metres

1	4:00.02	Sebastine SENA	Adelaide	08 Feb 1997
	<i>4:00.7</i>	<i>Sebastine SENA</i>	<i>Lae</i>	<i>01 Jul 1995</i>
	<i>4:00.82</i>	<i>Sebastine SENA</i>	<i>Townsville</i>	<i>29 Nov 1996</i>
2	4:02.2	Wallace HOFOGAO	Port Moresby, NCh	16 May 1975
	<i>4:02.21</i>	<i>Sebastine SENA</i>	<i>Darwin</i>	<i>09 May 1995</i>
3	4:02.3	John KOKINAI	Rabaul, NCh	09 Sep 1972
	<i>4:02.4</i>	<i>Wallace HOFOGAO</i>	<i>Madang</i>	<i>21 Sep 1974</i>
4	4:02.51	Sapolai YAO	Brisbane	24 Feb 2007
5	4:03.0	David KARNIE	Lae	02 Nov 2001
6	4:03.33	Cliff MADU	Port Vila, MSPG	16 Dec 1993
	<i>4:03.33</i>	<i>Sapolai YAO</i>	<i>Brisbane</i>	<i>12 Jan 2007</i>
	<i>4:03.5</i>	<i>Sapolai YAO</i>	<i>Lae</i>	<i>02 Nov 2001</i>
7	4:03.7	Raka VELE	Port Moresby	13 Aug 1971
8	4:03.72e	John SIGURIA	Singapore, SnC	20 Aug 1988
	<i>4:03.76</i>	<i>Sapolai YAO</i>	<i>Brisbane</i>	<i>12 Feb 2007</i>
9	4:03.92	Roman YANEWAI	Noumea, SPG	14 Dec 1987
10	4:04.04	Mosley TANDE	Darwin, ASF	25 Apr 1993
	<i>4:04.6</i>	<i>Wallace HOFOGAO</i>	<i>Port Moresby</i>	<i>10 Aug 1973</i>
11	4:04.68	Steven MOMBI	Port Moresby, SPG	21 Sep 1991
	<i>4:04.74</i>	<i>Wallace HOFOGAO</i>	<i>Tumon</i>	<i>05 Aug 1975</i>
	<i>4:04.77</i>	<i>Sapolai YAO</i>	<i>Brisbane</i>	<i>20 Jan 2007</i>
(Top 21 performances by 11 different athletes)				
12	4:05.23	Veherney BABOB	Brisbane	25 Mar 2011

13	4:05.30	Andipas GEORASI	Glasgow, CG	01	Aug	2014
14	4:05.33	Martin OROVO	Lae, NCh	18	Apr	2015
15=	4:05.4	Phillip John KAYO	Christchurch, CG	31	Jan	1974
15=	4:05.4	Morris MANAI	Lae	26	Oct	1996
17	4:05.45	Chris BAIS	Koror, MSPG	28	Jul	2005
18	4:05.5	Medley LABAN	Lae	02	Nov	2001
19	4:05.7	George YAMAK	Lae	21	Jun	2015
20	4:05.6	Anton LOPA	Lae	25	Jun	1995
21	4:05.8	Ala LOI	Port Moresby	10	Aug	1973
22	4:06.52	Joe SIPO	Koror, MSPG	28	Jul	2005
23	4:06.95	Skene KIAGE	lae, NCh	18	Apr	2015
24	4:07.0	Abel Smith MANUMANUA	Canberra	20	Feb	1982
25	4:07.2	Bayu GIGI	Port Moresby	03	May	1986
26	4:07.3	Aaron DUPNAI	Port Moresby	03	May	1986
27	4:07.7	Russel HASU	Lae, NCh	26	Sep	2004
28=	4:07.9	Sau WAI	Lae	25	Jun	1995
28=	4:07.9	David RUEBEN	Lae	30	Apr	1999
30	4:09.64	Batum MAKON	Suva, SPG	03	Sep	1979
31	4:10.5	Jimmy JACOB	Lae	15	Jul	2000
32	4:10.6	Tau John TOKWEPOTA	Port Moresby, NCh	26	May	1985
33	4:10.70	Simbai KASPAR	Lae	27	Nov	2014
34	4:11.0	Philip KAMANE	Lae	6	Mar	1993
35	4:11.7	David GEORASI	Ulapia	06	Apr	2013
36	4:11.8	Jeffrey KAILE	Port Moresby	25	May	1997
37	4:12.0	Alois COSAM	Lae	02	Jun	1979
38	4:12.2	Ken MOVA	Lae	6	Mar	1993
39	4:13.0	Nopiri Kila RICKY	Port Moresby	11	May	1985
40	4:13.2	Terrence SINAI	Lae, NCh	18	Sep	1976
41	4:13.6	Alex FAWA	Port Moresby, SPG			1969
42	4:13	Thompson HAROKAVE	Lae, NCh	04	Jul	1992
43	4:14.4	M. WOA	Port Moresby, NCh	7	Jun	1969
44=	4:14.5	Kila GANA	Lae		Apr	1983
44=	4:14.5	James POTU	Lae	25	Jun	1995
46	4:14.54	David RAKA	Port Moresby	28	Nov	2009
47	4:14.57e	William MOSES	Port Moresby, NCh	22	Jul	1991
48	4:14.7	Andrew YEWEH	Lae	21	Dec	2005
49	4:14.8	Peter LENTIS	Lae	22	Sep	2012
50	4:15.2	Bibirang SAEL	Lae, NCh	04	Jul	1992
51	4:15.5	Samuel SOLOMON	Lae	30	Apr	1999
52	4:15.7	Clement WAITAS	Port Moresby, NCh	7	Jun	1969
53	4:15	Paul HARE	Lae, NCh	04	Jul	1992
54	4:16.1	Pewa OGOU	Lae	23	Apr	1983
55	4:16.5	Jeffrey KIALE	Port Moresby	14	Sep	1996
56	4:16.6	Gumsie TAULOB	Port Moresby	11	Jun	1995
57	4:16.8	Robin SEMI	Lae, NCh	02	Jul	1994
58	4:17.0	Victorino JACOB	Lae, NCh	22/4	Sep	2006
59	4:17.1	Gabriel IVEI	Lae	24	May	1986
60	4:17.2	Don BIRD	Port Moresby	20	Aug	1983
61=	4:17.3	Eddie JOE	Port Moresby, NCh	26	May	1985
61=	4:17.3	Garia IGITO	Lae, NCh	04	Jul	1992
63	4:17.48	Paulson GEBO	Apia, SPG	05	Sep	2007
64	4:17.5	Haggai ZERIGA	Rabaul, NCh	15	Jun	1980
65	4:18.2	Lapi KEMBOS	Port Moresby	16	May	1987
66	4:18.25	Berry KUMUL	Port Moresby	24/8	Nov	2009
67=	4:18.3	Bongi MAKI	Lae, NCh	28	Sep	2002
67=	4:18.3	Hubert MISSION	Lae	16	Apr	2003
69	4:18.8	Dusila MALEBE	Port Moresby	20	Mar	1999
70=	4:19.0	Lester BARUGO	Port Moresby	03	Apr	1981
70=	4:19.0	Merire DUBO	Lae	6	Mar	1993
72	4:19.01	Kevin KAPMATANA	Cairns	19	Aug	2007

73	4:19.04	Mesele GEBNE	Brisbane	12	Sep	2010
74	4:19.2	Sam CHARLIE	Port Moresby	03	May	1986

One Mile

1	4:27.29	Sapolai YAO	Brisbane	24	Mar	2005
	<i>4:29.6</i>	<i>Sapolai YAO</i>	<i>Port Moresby</i>	<i>03</i>	<i>Dec</i>	<i>2001</i>
	<i>4:30.99</i>	<i>Sapolai YAO</i>	<i>Brisbane</i>	<i>04</i>	<i>May</i>	<i>2007</i>
2	4:31.6	Philip KAMANE	Port Moresby	05	Aug	1995
3	4:31.8	David KARNIE	Port Moresby	03	Dec	2001
4	4:34.1	Morris MANAI	Lae	13	Mar	1999
5	4:35.8	Steven MOMBI	Rabaul	08	Jun	1992
6	4:35.9	Medley LABAN	Exeter, UK	18	Apr	1996
7	3:36.1	Sau WAI	Port Moresby	05	Aug	1995
8	4:40.4	Anton LOPA	Port Moresby	05	Aug	1995
9	4:41.1	Aaron DUPNAI	Goroka	17	Sep	1990
10	4:42.4	David RUEBEN	Lae	13	Mar	1999
11	4:47.9	Galeva KWARARA	NCh			1962
12	4:56	Jack DICK	Port Moresby	16	Nov	1985

One Mile (Indoors)

1	4:32.62	Andipas GEORASI	Lubbock, Texas	31	Jan	2015
2	4:37.45	Sapolai YAO	Ames, Iowa	20	Jan	2013

2000 metres

1	5:45.13	Sapolai YAO	Brisbane	22	Jul	2007
	<i>5:45.93</i>	<i>Sapolai YAO</i>	<i>Brisbane</i>	<i>25</i>	<i>May</i>	<i>2007</i>
	<i>5:53.42</i>	<i>Sapolai YAO</i>	<i>Gold Coast</i>	<i>24</i>	<i>Mar</i>	<i>2005</i>
2	5:47.34	Andipas GEORASI	Gold Coast	09	Oct	2010
3	5:47.6	Veherney BABOB	Lae	06	Aug	2011
4	5:49.5	David KARNIE	Lae	17	Feb	2001
5	5:50.8	Skene KIAGE	Lae	06	Aug	2011
6	5:53.3	Morris MANAI	Lae	03	Apr	1999
7	5:58.2	George YAMAK	Lae	21	Feb	2015
8	5:58.3	Steven MOMBI	Rabaul	27	Jun	1992
9	5:59.9	David RUBEN	Lae, NCh	04	Jul	1992
10	6:03.2	Sau WAI	Goroka	28	May	1997
11	6:03.2	Ken MOVA	Goroka	28	May	1997
12	6:03.6	Bibirang SAEL	Rabaul	27	Jun	1992
13	6:04.0	Kupsy BISAMO	Lae	06	Aug	2011
14	6:04.1	Simbl KASPAR	Goroka	17	Jan	2015
15=	6:04.3	John SIGURIA	Goroka	08	Apr	1987
15=	6:04.3	Silaen JOSEPH	Lae, NCh	04	Jul	1992
17	6:06.6	Abel SIUNE	Lae	21	Feb	2015
18	6:09.7	Philip KAMANE	Goroka	23	Oct	1996
19	6:09.9	James BAUI	Lae, NCh	04	Jul	1992
20	6:10.2	Garia IGITO	Lae, NCh	04	Jul	1992
21	6:10.9	Romuari GUTUMUI	Lae, NCh	04	Jul	1992
22	6:18.9	Malaur SARNOT	Rabaul	27	Jun	1992
23	6:20.5	Bayu GIGI	Port Moresby	08	Aug	1987
24	6:22.9	Gumsie TAULOB	Lae, NCh	04	Jul	1992
25	6:24.5	Jonah MAYAN	Lae, NCh	04	Jul	1992
26	6:24.6	Gabriel IVEI	Port Moresby	08	Aug	1987
27	6:24.8	Tony NILA	Rabaul	27	Jun	1992
28	6:24.9	Kaminiei MATLAUN	Ulapia	29	Apr	2014

3000 metres

1	8:45.55	Sapolai YAO	Brisbane	10	Mar	2006
	<i>8:48.5</i>	<i>Sapolai YAO</i>	<i>Lae</i>	<i>09</i>	<i>Nov</i>	<i>2002</i>
2	8:49.3	David KARNIE	Lae	19	Nov	2001
3	8:51.4	Sau WAI	Lae	24	Jun	1995
4	8:53.0	Wallace HOFOGAO	Lae	23	Nov	1974
5	8:53.5	John KOKINAI	Port Moresby	07	Mar	1975

	8:53.6	David KARNIE	Lae	29 Jun 2001
6	8:53.8	Tau John TOKWEPOTA	Walnut, Ca, USA	25 Jul 1984
	8:54.0	David KARNIE	Lae	01 May 1998
7	8:55.7	Aaron DUPNAI	Port Moresby	24 May 1986
	8:55.9	Sau WAI	Port Moresby	22 Jul 1995
	8:55.92	Sapolai YAO	Brisbane	27 Jan 2006
	8:55	Tau John TOKWEPOTA	Port Moresby	04 May 1985
	8:56.0	Sapolai YAO	Lae	09 Jun 2001
	8:56.7	Sau WAI	Pirae	14 Aug 1995
	8:56.9	Sapolai YAO	Lae	26 Jun 2000
	8:56.9	Sapolai YAO	Lae	13 May 2003
	8:56.98	Sapolai YAO	Apia	27 Jun 2003
	8:57.01	Sapolai YAO	Brisbane	07 Jan 2001
	8:57.8	David KARNIE	Lae	06 Mar 1998
	8:58.0	David KARNIE	Lae	18 Apr 2001
	8:58.0	Sapolai YAO	Ballarat	07 Dec 2002
	8:58.51	Sapolai YAO	Brisbane	15 Aug 2000
	8:59.3	David KARNIE	Lae	12 Jun 1998
8	8:59.8	Morris MANAI	Port Moresby	13 Mar 1996
	(Top 25 performances by 8 different athletes)			
9	9:00.7	Abel MANUMANUA	Port Moresby	25 Apr 1980
10	9:01.1	Kupsy BISAMO	Lae	22 Sep 2012
11	9:01.2	David GEORASI	Lae	22 Sep 2012
12	9:01.8	Philip KAMANE	Pirae	14 Aug 1995
13	9:02.6	Ken MOVA	Lae	01 May 1998
14	9:03.99	Andipas GEORASI	Darwin, AraG	09 May 2011
15	9:05.7	Mosley TANDE	Lae	24 Jun 1995
16	9:06.90	Simbai KASPAR	Adelaide	31 Jan 2015
17	9:08.0	Skene KIAGE	Lae	13 Aug 2011
18	9:09.0	David REUBEN	Lae	06 Mar 1998
19	9:09.7	George YAMAK	Lae	22 Jun 2015
20	9:11.5	Medley LABAN	Lae	01 May 1998
21	9:12.0	Batum MAKON	Lae	05 May 1979
22	9:13.7	Avi BAROA	Lae	20 Jul 1977
23	9:14	Nopiri Kila RICKY	Port Moresby	19 Apr 1986
24	9:15.0	Bayu GIGI	Port Moresby	30 May 1987
25	9:16.3	Gumsie TAULOBI	Port Moresby	10 Feb 1998
26	9:16.7	Sebastine SENA	Port Moresby	10 Feb 1998
27	9:16.85e	Pau NARAORI	Port Moresby	09 Sep 1991
28	9:18.2	John SIGURIA	Port Moresby	23 Apr 1988
29	9:19.0	Simbai KASPAR	Kavieng	04 Jul 2013
30	9:20.4	Russell HASU	Port Moresby	29 Mar 2003
31	9:21.0	Anton LOPA	Lae	06 Mar 1998
32	9:21.9	Grayson LABAN	Lae	24 Dec 1995
33	9:22	Gabriel IVEI	Port Moresby	19 Apr 1986
34	9:24.67e	Garia IGITO	Port Moresby, NCh	21 Jul 1991
35	9:25.4	Joachim ALBA	Kimbe	08 Jul 2001
36	9:25.6	Abel SIUNE	Lae	22 Jun 2015
37	9:27.72	Veherney BABOB	Townsville	2/4 Oct 2009
38	9:28.46e	Peter LAIAM	Port Moresby	09 Sep 1991
	<u>3000 metres (Indoors)</u>			
1	9:15.69	Sapolai YAO	Mt Vernon	02 Feb 2013
2	9:42.11	Andipas GEORASI	Lubbock, Texas	17 Jan 2015
	<u>5000 metres</u>			
1	14:43.4	John KOKINAI	Rabaul, NCh	10 Sep 1972
	14:55.5	John KOKINAI	Port Moresby	18 Jul 1975
	14:58.4	John KOKINAI	Montreal, OG	28 Jul 1976
	15:01.02	John KOKINAI	Tumon, SPG	07 Aug 1975
2	15:18.8	Ala LOI	Port Moresby	25 Aug 1972

	15:20.4	Ala LOI	Pirae, SPG	13 Sep 1971
3	15:20.84	David KARNIE	Sydney	19 Aug 2000
4	15:22.0	Wallace HOFOGAO	Port Moresby	04 Apr 1975
5	15:22.2	Tau John TOKWEPOTA	Apia, SPG	12 Sep 1983
6	15:23.1	Sapolai YAO	Lae	22 Apr 2003
7	15:23.36e	Aaron DUPNAI	Noumea, SPG	15 Dec 1987
	15:24.3	Tau John TOKWEPOTA	Port Moresby	14 May 1982
	15:25.0	David KARNIE	Lae	26 Apr 2001
	15:26.45	Aaron DUPNAI	Suva	14 Jul 1990
	15:25.7	John KOKINAI	Port Moresby	27 Aug 1971
	15:26.6	Tau John TOKWEPOTA	Lae	18 Sep 1976
8	15:28.2	Sau WAI	Lae, NCh	02 Jul 1995
	15:28.8	Tau John TOKWEPOTA	Suva, SPG	04 Sep 1979
	15:28.94	Sapolai YAO	Brisbane	18 Jan 2006
	15:29.80	Sapolai YAO	Melbourne, CG	20 Mar 2006

(Top 20 performances by 8 different athletes)

9	15:35.41	Kupsy BISAMO	Darwin, AraG	10 May 2011
10	15:35.48e	Mosley TANDE	Darwin, ASF	29 Apr 1993
11	15:36.86e	Philip KAMANE	Darwin, ASF	29 Apr 1993
12	15:38.08e	Morris MANAI	Port Vila, MSPG	13 Dec 1993
13	15:40.0	Raka VELE	Port Moresby	27 Aug 1971
14	15:43.0	Batum MAKON	Lae	19 Apr 1978
15	15:43.3	Abel Smith MANUMANUA	Port Moresby	16 Apr 1982
16	15:44.2	Ken MOVA	Lae	16 Oct 1993
17	15:44.64	Roman YANEWAI	Noumea, SPG	15 Dec 1987
18	15:49.43	Simbai KASPAR	Adelaide	07 Feb 2015
19	15:56.5	Andipas GEORASI	Lae	11 Jun 2011
20	15:56	John SIGURIA	Lae	27 Jun 1987
21	16:00.3	Nopiri Kila RICKY	Port Moresby	17 May 1986
22	16:02.40e	Pau NARAORI	Port Moresby, NCh	20 Jul 1991
23	16:02.8	Phillip John KAYO	Port Moresby, SPG	18 Aug 1969
24	16:07.5	Melele APAKO	Port Moresby, NCh	25 May 1985
25	16:07.6	David GEORASI	Lae	11 Jun 2011
26	16:08.6	Clement WAITAS	Port Moresby, SPG	18 Aug 1969
27	16:08.8	Avi BAROA	Lae, NCh	18 Sep 1976
28	16:11.0	Eddie JOE	Port Moresby	31 May 1986
29	16:13.5	Paul WOO	Rabaul	18 May 1979
30	16:14.2	Mike TA'AVE	Lae	15 Jul 2000
31	16:14.83	Skene KIAGE	Brisbane	13 Nov 2010
32	16:16.7	Joseph JOHN	Rabaul	18 May 1979
33	16:16	Merire DUBO	Lae	15 Jun 1991
34	16:17.3	Iro DOKO	Rabaul	18 May 1979
35	16:20.98	Samuel SOLOMON	Nuku'alofa, OceCh	28 Aug 1998
36	16:21.67	Abel SIUNE	Lae, PNG Games	22 Nov 2014
37	16:22.5	Gabriel IVEI	Lae	31 May 1986
38	16:23.7	Livingston TABUA	Noumea, SPG	10 Dec 1966
39	16:26.0	Bayu GIGI	Canberra	10 Feb 1982

5000 metres (Indoors)

1	15:52.91	Sapolai YAO	Storm Lake, IA	16 Feb 2013
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10 000 metres

1	31:21.4	Tau John TOKWEPOTA	Lae	1976
	31:29.14	Tau John TOKWEPOTA	Los Angeles, OG	03 Aug 1984
2	31:34.1	John KOKINAI	Port Moresby	11 Jul 1975
	32:01.25	John KOKINAI	Tumon, SPG	04 Aug 1975
3	32:09.5	Ala LOI	Port Moresby	23 Aug 1972
	32:10.0	Tau John TOKWEPOTA	Port Moresby	30 May 1980
	32:21.8	Tau John TOKWEPOTA	Port Moresby	27 Aug 1983
4	32:22.25	Aaron DUPNAI	Auckland, CG	27 Jan 1990
	32:22.6	Tau John TOKWEPOTA	Lae	16 Jun 1979

	32:28.2	Tau John TOKWEPOTA	Lae	10 Jun 1978
	32:28.63e	Aaron DUPNAI	SPG Noumea	09 Dec 1987
5	32:28.7	David KARNIE	Lae	26 Apr 2003
	32:31.4	John KOKINAI	Port Moresby	21 Mar 1975
6	32:32.9	Abel Smith MANUMANUA	Port Moresby	10 May 1979
	32:33.0	John KOKINAI	Port Moresby	30 Apr 1975
	32:33.8	Ala LOI	Pirae, SPG	09 Sep 1971
	32:34.5	Tau John TOKWEPOTA	Lae	09 Apr 1975
	32:41.70	Aaron DUPNAI	Nuku'alofa, MSPG	24 Aug 1989
	32:43.30	Tau John TOKWEPOTA	Honiara, MSPG	08 Jul 1981
7	32:43.57e	Philip KAMANE	Darwin, ASF	07 May 1995
	(Top 20 performances by 7 different athletes)			
8	32:46.44e	Sau WAI	Pirae, SPG	17 Aug 1995
9	32:50.0	Batum MAKON	Aust Ch Brisbane	19 Feb 1978
10	33:03.6	Simbai KASPAR	Adelaide	04 Feb 2015
11	33:09.5	Sapolai YAO	Lae	01 Jun 2003
12	33:10.0	Wallace HOFOGAO	Lae	28 Jul 1974
13	33:13.51	Kupsy BISAMO	Brisbane	25 Mar 2011
14	33:17.0	Phillip John KAYO	Port Moresby, SPG	14 Aug 1969
15	33:18.8	Gari VAGI	Pirae, SPG	09 Sep 1971
16	33:23.8	Vivian Ori KENIA	Sydney	19 Dec 1973
17	33:46.20	Abel SIUNE	Lae	24 Nov 2014
18	33:47.25e	Pau NARAORI	Port Moresby, NCh	22 Jul 1991
19	33:49.9	Mosley TANDE	Port Moresby	02 Jun 1995
20	33:57.9	Ken MOVA	Lae, NCh	03 Jul 1992
21	34:06.0	Skene KIAGE	Lae, NCh	11 Jul 2010
22	34:13.98e	Morris MANAI	Port Moresby, NCh	22 Jul 1991
23	34:17.5	Eddie JOE	Lae, NCh	30 Jun 1995
24	34:23.0	Gabriel IVEI	Lae	31 May 1986
25	34:25.2	Melele APAKO	Port Moresby, NCh	26 May 1985
26	34:25.87e	Peter LAIAM	Port Moresby, NCh	22 Jul 1991
27	34:27.26e	Nopiri Kila RICKY	Noumea, SPG	09 Dec 1987
28	34:35.2	Peter YAMU	Lae, NCh	10 Jun 1978
29	34:35.8	Gibson ANDREW	Lae, NCh	11 Jul 2010
30	34:41.3	Joe KAIKAI	Port Moresby	13 Jun 1987
31	34:41.50e	Lapi KEMBOS	Noumea, SPG	09 Dec 1987
32	34:54.78	Andipas GEORASI	Pirae, OceCh	03 Jun 2013
33	34:55.0	Pitty KEN	Lae, NCh	30 Jun 1995
34	34:55.3	Eugene MINAI	Rabaul, NCh	23 Jun 1990

3000 metres Steeplechase

1	9:25.8	John KOKINAI	Port Moresby	27 Aug 1971
	9:27.0	John KOKINAI	Port Moresby	14 Jul 1975
2	9:28.00	Sapolai YAO	Melbourne	19 Feb 2006
	9:29.4	John KOKINAI	Tumon, SPG	05 Aug 1975
	9:30.9	Sapolai YAO	Lae	20 Jun 2015
	9:31.2	John KOKINAI	Pirae, SPG	14 Sep 1971
	9:35.11	Sapolai YAO	Lae, NCh	18 Apr 2015
	9:35.67	Sapolai YAO	Brisbane	25 Feb 2007
3	9:35.8	Ala LOI	Pirae, SPG	14 Sep 1971
	9:37.34	Sapolai YAO	Brisbane, NCh	29 Mar 2015
	9:38.4	John KOKINAI	Port Moresby	30 Aug 1972
	9:38.89	Sapolai YAO	Port Moresby, PG	13 Jul 2015
4	9:39.7	Skene KIAGE	Lae	20 Jun 2015
	9:39.74	Sapolai YAO	Cairns, OceCh	10 May 2015
	9:40.79	Sapolai YAO	Melbourne, CG	24 Mar 2006
	9:41.48	Sapolai YAO	Apia, SPG	03 Sep 2007
	9:42.10	Skene KIAGE	Lae, NCh	18 Apr 2015
	9:43.07	Sapolai YAO	Cairns	16 Aug 2007
	9:43.32	Sapolai YAO	Pella, IA	28 Mar 2013

5	9:43.33	Sapolai YAO	Adelaide	27 Feb 2015
	9:43.71e	Morris MANAI	Darwin, ASF	27 Apr 1993
6	9:44.91	Morris MANAI	Port Vila, MSPG	14 Dec 1993
	9:45.2	Medley LABAN	Lae	02 May 1999
	9:45.3	Sapolai YAO	Lae	04 Dec 2005
7	9:46.47	Skene KIAGE	Adelaide	27 Feb 2015
	9:47.32e	Nopiri Kila RICKY	Noumea, SPG	16 Dec 1987
	9:47.80	Skene KIAGE	Port Moresby, PG	13 Jul 2015
	9:48.31	Morris MANAI	Townsville	29 Nov 1996
	9:48.82	Sapolai YAO	Brisbane	10 Mar 2007
	9:49.4	Sapolai YAO	Lae	03 Jan 2006

(Top 30 performances by 7 different athletes)

8	9:49.84	David RUEBEN	Darwin	24 May 1999
9	9:51.01e	Ken MOVA	Nuku'alofa, MSPG	26 Aug 1989
10	9:53.65e	Batum MAKON	Suva, SPG	01 Sep 1979
11	9:56.0	Gari VAGI	Port Moresby	02 Jul 1971
12	9:58.6	Tau John TOKWEPOTA	Madang, NCh	17 Sep 1977
13	9:59.3	Clement WAITAS	Port Moresby	23 Sep 1969
14	9:59.72e	Bayu GIGI	Rarotonga, MSPG	03 Aug 1985
15	10:05.01e	Aaron DUPNAI	Darwin, ASF	27 Apr 1993
16	10:11.0	Vilahi PEKAEA	Port Moresby	14 May 1971
17	10:12.9	Sebastine SENA	Port Moresby	25 May 1997
18	10:13.2	Pau NARAORI	Port Moresby, NCh	25 May 1985
19	10:14.15	Andipas GEORASI	Port Moresby, PG	13 Jul 2015
20	10:14.9	Douglas JOSEPH	Port Moresby	01 May 1993
21	10:16.4	Russel HASU	Lae	24 Apr 2005
22	10:19.6	Gumsie TAULOBI	Lae	02 May 1999
23=	10:20.0	L. PIBE	Port Moresby, NCh	07 Jun 1969
23=	10:20.0	N. VARTOVA	Port Moresby, NCh	07 Jun 1969
25	10:20.6	Seth ABEL	Goroka, NCh	21 Jun 1986
26	10:21.5	Toksy JAVITS	Port Moresby	1 May 1993
27	10:23.50e	Philip KAMANE	Darwin, ASF	09 May 1995
28	10:25.0	NALI	Port Moresby, NCh	07 Jun 1969
29	10:26.0	Sau WAI	Port Moresby	30 Oct 1993
30	10:27.41e	Eddie JOE	Nuku'alofa, MSPG	26 Aug 1989
31	10:28.19e	Mosley TANDE	Pirae, SPG	18 Aug 1995
32	10:31.7	Gilbert SIWI	Lae	16 Jul 2000
33	10:31.71e	Peter YAMU	Suva, SPG	01 Sep 1979
34	10:32.1	Joe KAIKAI	Port Moresby	9 Oct 1993
35	10:33.03	David GEORASI	Lae, PNG Games	24 Nov 2014
36	10:33.8	James PAPA	Port Moresby, NCh	25 May 1985
37	10:38.4	Michael SENGI	Rabaul, NCh	21 Sep 1980
38	10:39.70	Banjammie YUDA	Lae, PNG Games	24 Nov 2014
39	10:41.37	Jobby BENSON	Lae, PNG Games	24 Nov 2014
40	10:41.7	Lapi KEMBOS	Port Moresby, NCh	14 Jun 1982
41	10:46.53	John MULAI	Lae, NCh	18 Apr 2015
42	10:46.37	Milton IAKOSI	Lae, NCh	01 Jul 2007
43	10:49.7	Chris MALINGI	Port Moresby, NCh	29 Sep 1996
44	10:51.1	Steven BAUAI	Port Moresby, NCh	25 May 1985

Half Marathon

1	1:11:16	Sapolai YAO	Gold Coast	04 Jul 2010
2	1:11:35	Kupsy BISAMO	Gold Coast	03 Jul 2011
	1:12:14	Kupsy BISAMO	Gold Coast	06 Jul 2014
3	1:12:24	Simbai KASPAR	Gold Coast	06 Jul 2014
	1:12:38	Sapolai YAO	Levelland	17 Nov 2012
4	1:12:43	David KARNIE	Adelaide	26 Aug 2001
	1:12:47	Sapolai YAO	Gold Coast	03 Jul 2011
	1:13:05	Sapolai YAO	Gold Coast	05 Jul 2009
	1:13:47	Sapolai YAO	Gold Coast	06 Jul 2014
	1:13:50	Sapolai YAO	Apia, SPG	08 Sep 2007

5	1:14:10	Peter LAIAM	Port Moresby	2	Jun	1991
	1:14:11	Kupsy BISAMO	Port Moresby, PG	18	Jul	2015
6	1:14:36	Philip KAMANE	Darwin, ASF	1	May	1993
	1:14:53	David KARNIE	Suva, SPG	12	Jul	2003
7	1:14:58	Sau WAI	Darwin, ASF	1	May	1993
	1:15:09	David KARNIE	Middlegate, MSPG	14	Dec	2001
8	1:15:17	Sam CHARLIE	Port Moresby			1986
9	1:15:26	Lapi KEMBOS	Port Moresby	2	Jun	1991
10	1:15:42	Mosley TANDE	Port Moresby	21	Mar	1993
11	1:15:48	Morris MANAI	Port Moresby	25	Aug	1996
12	1:15:50	Koi OAVAI	Port Moresby	21	Jun	1987
	1:16:10	Peter LAIAM	Port Moresby	05	Jun	1994
	1:16:13	Philip KAMANE	Lae	19	Mar	1995
	1:16:15	Philip KAMANE	Darwin	13	May	1995
	1:16:36	Mosley TANDE	Port Moresby	29	Aug	1993
	1:16:43	David KARNIE	Gold Coast	05	Jul	2009
13	1:16:45	Eddie JOE	Port Moresby	21	Jun	1987
(Top 27 performances by 13 different athletes)						
14	1:16:57	Eugene MINAI	Port Moresby	2	Jun	1991
15	1:17:11	Aaron DUPNAI	Darwin, ASF	1	May	1993
16	1:17:30	Tasaki TOKWEPOTA	Port Moresby			1986
17	1:18:01	Joe KAIKAI	Port Moresby	05	Jun	1994
18	1:18:48	Robert JOHN	Port Moresby	25	Sep	1996
19	1:18:49	Douglas JOSEPH	Port Moresby	29	Aug	1993
20	1:19:07	Simon PINAMPIO	Port Moresby	28	Sep	2002
21	1:19:26	Gumsie TAULOB	Port Moresby	03	Jun	2001
22	1:19:26	David REUBEN	Port Moresby	03	Jun	2001
23	1:19:29	Skene KIAGE	Port Moresby, PG	18	Jul	2015
24	1:19:31	Milton IAKOSI	Port Moresby	24	Jun	2007
25	1:19:42	Pau NARAORI	Goroka	5	May	1985
26	1:20:29	Merire DUBO	Port Moresby	2	Jun	1991
27	1:20:44	Luke AUBA	Port Moresby	2	Jun	1991
28	1:20:48	Russell HASU	Port Moresby	24	May	2003
29	1:21:05	Swans PINAMPIO	Port Moresby	25	Aug	1996
30	1:21:25	Harry MALA	Port Moresby	21	Jun	1987
31	1:21:33	Melele APAKO	Goroka	07	Sep	1986
32	1:21:44	Anwas ARIO	Goroka	06	Sep	1981
33	1:21:50	Gabriel IVEI	Goroka	25	Aug	1985
34	1:22:06	Eddie PUKA	Port Moresby			1986
35	1:22:21	Noko NEGOSA	Port Moresby	24	Jun	2007
36	1:22:33	Peo SAMPA	Goroka	04	Apr	1982
37	1:22:48	Ken MOVA	Port Moresby	02	Jun	1991
38	1:23:02	Faiyake YAFA	Goroka	04	Apr	1982
39	1:23:09	David BAUAI	Port Moresby	23	Oct	1994
40	1:23:10	Jorden WALLINGTON	Kokopo, PNG Games	30	Nov	2012
41	1:23:14	Pandi KAMPOASA	Goroka	05	May	1985
42	1:23:31	Josek BOMIDA	Port Moresby	05	Jun	1994
43	1:23:33	Gaos PAUL	Port Moresby	05	Jun	1994
44	1:23:54	Ruben JOE	Port Moresby	21	Jun	1987
45	1:23:55	Gabriel OMUI	Port Moresby	21	Jun	1987
46	1:24:12	Bernard KIKILE	Kokopo, PNG Games	30	Nov	2012
47	1:24:18	James GURUMUI	Port Moresby	21	Jun	2004
48	1:24:27	Hurepe ROPA	Goroka	14	Aug	1983
49	1:24:38	Nicholas KOGA	Port Moresby			1986
50	1:24:39	Allan HENRY	Port Moresby	05	Jun	1994
51	1:24:57	Gara SIRENI	Port Moresby	05	Jun	1994
52	1:25:11	Vele VEUGA	Port Moresby	21	Jun	1987

<u>Marathon</u>					
1	2:28:13	Tau John TOKWEPOTA	Honolulu	07 Dec 1980	
	<i>2:29:35</i>	<i>Tau John TOKWEPOTA</i>	<i>Port Moresby</i>	<i>19 Jun 1982</i>	
2	2:30:56	Abel MANUMANUA	Port Moresby, NCh	19 Jun 1982	
	<i>2:31:23</i>	<i>Tau John TOKWEPOTA</i>	<i>Port Moresby</i>	<i>29 Mar 1983</i>	
3	2:32:56	Aaron DUPNAI	Noumea, SPG	19 Dec 1987	
	<i>2:33:54</i>	<i>Tau John TOKWEPOTA</i>	<i>Lae</i>	<i>11 Nov 1978</i>	
4	2:36:14	Lapi KEMBOS	Canberra	04 Apr 1982	
5	2:37:24	John KOKINAI	Guam, SPG	09 Aug 1975	
6	2:37:48	Batum MAKON	Suva, SPG	08 Sep 1979	
	<i>2:38:51</i>	<i>Tau John TOKWEPOTA</i>	<i>Rarotonga, MSPG</i>	<i>08 Aug 1985</i>	
	<i>2:38:55</i>	<i>Tau John TOKWEPOTA</i>	<i>Lae</i>	<i>08 Jul 1981</i>	
	<i>2:39:06</i>	<i>Lapi KEMBOS</i>	<i>Port Moresby</i>	<i>21 Jun 1987</i>	
	<i>2:39:37</i>	<i>Tau John TOKWEPOTA</i>	<i>Lae</i>	<i>18 Nov 1979</i>	
7	2:40:47	Melele APAKO	Canberra	14 Apr 1985	
	<i>2:41:12</i>	<i>Abel Smith MANUMANUA</i>	<i>Lae</i>	<i>18 Nov 1979</i>	
	<i>2:41:43</i>	<i>Lapi KEMBOS</i>	<i>London</i>	<i>17 Apr 1988</i>	
8	2:41:22	Peter YAMU	Lae	11 Nov 1978	
	<i>2:41:47</i>	<i>Aaron DUPNAI</i>	<i>Seoul, OG</i>	<i>23 Sep 1988</i>	
	<i>2:41:49</i>	<i>John KOKINAI</i>	<i>Montreal, OG</i>	<i>31 Jul 1976</i>	
	<i>2:42:07</i>	<i>Abel Smith MANUMANUA</i>	<i>Brisbane</i>	<i>18 Oct 1982</i>	
9	2:45:03	Koi OAVAI	Port Moresby	24 Jun 1984	
(Top 21 performances by 9 different athletes)					
10	2:46:24	Gari VAGI	Port Moresby, SPG	05 Apr 1969	
11	2:46:38	Bernie AMOF	Honolulu	07 Dec 1980	
12	2:49:58	Phillip John KAYO	Port Moresby, NCh	05 Apr 1969	
13	2:50:06	James PAPA	Port Moresby	24 Jun 1984	
14	2:50:34	S. AVAUT	Port Moresby	24 Jun 1984	
15	2:51:34	Bayu GIGI	Rarotonga, MSPG	08 Aug 1985	
16	2:52:27	Dagi MAZA	Guam, SPG	09 Aug 1975	
17	2:53:26	Peter LAIAM	Goroka	11 Jul 1993	
18	2:54:59	Roman YANEWAI	Goroka	14 Aug 1983	
19	2:55:20	Vivian Ori KENIA	Port Moresby	29 Mar 1982	
20	2:58:37	Gumsie TAULOBI	Port Moresby	09 Aug 1998	
21	2:58:50	Joe KAIKAI	Goroka	11 Jul 1993	
22	2:59:01	Robert JOHN	London	21 Apr 1996	
23	3:00:00	B. YABI	Goroka	06 Sep 1981	
24	3:00:16	Kasasop NIGO	Port Moresby	29 Jun 1980	
25	3:08:20	Morris MANAI	Port Moresby	09 Aug 1998	
26	3:09:52	Sam CHARLIE	Goroka	25 Aug 1985	
27	3:10:15	Swans PINAMPIO	Port Moresby	09 Aug 1998	
28	3:10:34	Martin MAIRE	Port Moresby	29 Jun 1980	
29	3:11:18	Luke AUBA	Goroka	12 Sep 1992	
30	3:12:26	Nae TUSE	Goroka	14 Aug 1983	
31	3:12:24	Josek BOMIDA	Goroka	18 Sep 1995	
32	3:12:41	Gabriel OMUI	Port Moresby	26 Jun 1988	
33	3:13:00	Pahom EMOI	Lae, NCh	18 Nov 1979	
34	3:13:08	Billy TOPRE	Goroka	02 Sep 1984	
35	3:15:00	Eugene MINAI	Goroka	11 Jul 1993	
36	3:15:16	Titus GIRAU	Port Moresby	29 Jun 1980	
<u>20 km Walk</u>					
1	2:12:13	Joe KAIKAI	Port Moresby, SPG	14 Sep 1991	
2	2:28:38	Michael KARIKO	Port Moresby, SPG	14 Sep 1991	
<u>55 metres (Indoors)</u>					
1	7.61	Wala GIME	Lubbock, TX	20 Feb 2015	
	<i>7.67</i>	<i>Wala GIME</i>	<i>Lubbock, TX</i>	<i>20 Feb 2015</i>	
<u>60 metres Hurdles (Automatic Timing)</u>					
1	8.67	Mowen BOINO	Brisbane	25 May 2007	
2	8.84	Nathan KABILU	Brisbane	25 May 2007	

60 metres Hurdles (Indoors)

1 8.22 Wala GIME Fayetteville, AK 09 Feb 2013

110 metres Hurdles (Automatic Timing)

1 14.04 Wala GIME Allendale, Michigan 23 May 2014

14.18 Wala GIME San Angelo, Texas 09 May 2015

14.20 Wala GIME Allendale, Michigan 24 May 2014

14.23 Wala GIME San Marcos, Texas 25 Apr 2015

14.26 Wala GIME San Angelo, Texas 02 Apr 2015

14.36 Wala GIME Waco, Texas 18 Apr 2015

14.37 Wala GIME Kingsville, Texas 22 Mar 2014

14.46 Wala GIME Kingsville, Texas 02 May 2014

14.51 Wala GIME Austin, Texas 28 Mar 2014

14.51 Wala GIME Kingsville, Texas 22 Mar 2015

2 14.58 Mowen BOINO Kafika, MPG 06 Sep 2013

14.64 Wala GIME Glasgow, CG 29 Jul 2014

14.66 Wala GIME Stephenville, Texas 06 Mar 2014

14.68 Wala GIME Waco, Texas 19 Apr 2014

14.73 Wala GIME San Angelo, Texas 05 Apr 2014

14.80 Wala GIME Tereora, OceCh 25 Jun 2014

14.80 Wala GIME Port Moresby, PG 16 Jul 2015

14.81 Wala GIME Fayetteville, Arkansas 30 Mar 2012

14.81 Wala GIME Austin, Texas 27 Mar 2015

14.82 Wala GIME Stephenville, TX 06 Mar 2015

14.83 Wala GIME Gold Coast 12 Jul 2014

3 14.84 D Raki LEKA Pirae, SPG 15 Sep 1971

4 14.91 Ivan WAKIT Melbourne 18 Feb 1996

14.92 Mowen BOINO Cairns, OceCh 09 May 2015

14.94 Mowen BOINO Brisbane 10 Feb 2006

14.94 Mowen BOINO Port Morsby, PG 16 Jul 2015

14.95 Mowen BOINO Nouméa,PG 09 Sep 2011

14.97 Mowen BOINO Apia, SPG 08 Sep 2007

14.98 Mowen BOINO Brisbane 10 Mar 2006

14.98 Mowen BOINO Apia, SPG 06 Sep 2007

15.02 Mowen BOINO Apia 15 Dec 2006

15.04 Wala GIME Lawrence, KS 19 Apr 2013

15.05 Mowen BOINO Manila 19 May 2001

15.10 Ivan WAKIT Nuku'alofa, OceCh 27 Aug 1998

15.12 Mowen BOINO Manila 20 May 2001

15.12 Wala GIME Council Bluffs 26 Apr 2012

15.14 Wala GIME Gold Coast 27 Jun 2015

15.18 Ivan WAKIT Santa Rita, SPG 07 Jun 1999

15.19 Ivan WAKIT Darwin, AG 23 May 1999

15.23 Wala GIME Gold Coast 28 Jun 2015

15.25 Wala GIME Lawrence 20 Apr 2012

15.29 Mowen BOINO Brisbane 29 Mar 2014

5= 15.30 Lison SALLE Port Moresby, NCh 21 Jul 1991

5= 15.30 Wesley LOGORAVA Brisbane, NCh 29 Mar 2015

15.30 Mowen BOINO Brisbane 22 Jul 2007

15.32 Ivan WAKIT Tafuna, MSPG 16 Aug 1997

15.33 Ivan WAKIT Melbourne 17 Feb 1996

15.34 Wesley LOGORAVA Cairns, OceCh 09 May 2015

15.37 Mowen BOINO Suva, SPG 11 Jul 2003

(Top 49 performances by 6 different athletes)

7 15.56 Nathan KABILU Cairns 19 Aug 2007

8 15.63 D Eric MOMBERGER Emmittsburg, USA 28 Jun 1992

9 15.73 Spencer URUKA Port Moresby, NCh 21 Jul 1991

10 15.77 Robson YINAMBE Gold Coast 27 Jun 2015

11 15.85 Iroa PAMOA Guam, SPG 05 Aug 1975

12 15.87 Janos SUAGOTSU Suva, SPG 03 Sep 1979

13	16.00	Paiwa BOGELA	Suva, SPG	03	Sep	1979
14	16.32 D	Ferdinand NONGKAS	Nuku'alofa, MSPG	26	Aug	1989
15	16.40	Reginald MONAGI	Apia, OceRCh	23	Jun	2011
16	16.56 Oct	Cletus MOSI	Lae, NCh	18	Apr	2015
17	16.68	Leroy MURIKI	Nuku'alofa, OceCh	26	Aug	1998
18	16.73	Simon VEVE	Port Moresby, NCh	21	Jul	1991
19	16.80	Dibili WAGAMISI	Rarotonga, MSPG	06	Aug	1985
20	16.86	Willie MARUM	Lae, NCh	18	Apr	2015
22	17.21	Rex KUAM	Ulapia, NCh	14	Jul	2013
23	17.39 D	Mamena BOWALIYA	Suva, SPG	07	Sep	1979
24	17.49 D	Simon BENARI	Townsville	25	Sep	2005
25	17.66	Roy KALENG	Ulapia, NCh	14	Jul	2013
26	17.75	Hosea WARTOVO	Ulapia, NCh	14	Jul	2013
27	17.80	Diat PASSINGHAN	Lae	23	Apr	2005
28	17.98 D	Richard LERORI	Apia, SPG	14	Sep	1983

Windy performance

14.13w	Wala GIME	San Angelo, Texas	02	Apr	2015
14.16w	Wala GIME	Abilene, Texas	12	Apr	2012
14.16w	Wala GIME	Abilene, Texas	13	Apr	2014
14.17w	Wala GIME	Lubbock, Texas	30	Apr	2015
14.19w	Wala GIME	San Angelo, Texas	08	May	2015
14.21w	Wala GIME	Allendale, Michigan	22	May	2015
14.25w	Wala GIME	Saint Angelo, Texas	05	Apr	2014
14.29w	Wala GIME	Austin, Texas	29	Mar	2014
14.31w	Wala GIME	Kingsville, Texas	03	May	2014
14.61w	Wala GIME	Wichita	14	Apr	2012
14.63w	Wala GIME	Hutchinson, KS	17	May	2013
14.67w	Wala GIME	Fayetteville	30	Mar	2013
14.82w	Wala GIME	Great Bend, KS	6/7	Apr	2012
14.94w	Mowen BOINO	Claremont	15	May	2004
14.97w	Ivan WAKIT	Pirae, SPG	21	Aug	1995
15.03 nwi	Wala GIME	Council Bluffs, IA	05	May	2013
15.21 nwi	Wala GIME	Council Bluffs, IA	06	Apr	2013

110 metres Hurdles (Manual Timing)

1=	14.9*	Raki LEKA	Port Moresby	13	Aug	1971
1=	14.9	Ivan WAKIT	Lae, NCh	15	Aug	1998
3	15.0	Janos SUAGOTSU	Lae, NCh	18	Sep	1976
4	15.1	Mowen BOINO	Lae, NCh	27	Sep	2002
5	15.2	Iroa PAMOA	Port Moresby	05	Jul	1974
6	15.3	Leroy MURIKI	Lae, NCh	16	Aug	1998
7	15.4	Sulaba BIBAESI	Port Moresby	22	Jun	1973
8=	15.6	Baobo NEUENDORF	Lae	23	Jun	1991
8=	15.6	Lison SALLE	Lae	23	Jun	1991
10=	15.7	Fred DORI	Rabaul	13	Aug	1966
10=	15.7	Spencer URUKA	Rabaul, NCh	23	Jun	1990
12=	15.8	Ferdinand NONGKAS	Rabaul, NCh	23	Jun	1990
12=	15.8 D	Eric MOMBERGER	Oklahoma City, USA	24	Apr	1992
12=	15.8	Sandy KATUSELE	Lae, NCh	25	Sep	2004
12=	15.8	Nathan KABILU	Lae	03	Feb	2007
12=	15.8 Oct	Reginald MONAGI	Lae, NCh	16	Jul	2011
17	15.9	Dibili WAGAMISI	Goroka, NCh	04	Jul	1987
18=	16.0	Peter IGOROBAL	Port Moresby	28	Aug	1972
18=	16.0	Paiwa BOGELA	Lae, NCh	16	Jun	1979
20=	16.1	Henry VUIA	Port Moresby	17	Aug	1996
20=	16.1	Tom BAIS	Port Moresby	28	Sep	1996
22=	16.2	Paiea BOGELA	Port Moresby	19	Apr	1986
22=	16.2	Wala GIME	Ulapia, NCh	08	Jun	2014
22=	16.2	Wesley LOGOREAVA	Ulapia	19	Apr	2014
25=	16.3	Arthur TOMAIRA	Port Moresby, SPG	14	Aug	1969

25=	16.3	Simon VEVE	Port Moresby	29	Jun	1991
25=	16.3	Buchanan BAIS	Port Moresby	04	Jun	1994
25=	16.3	Daniel KAPUTIN	Port Moresby	02	May	1998
29=	16.5	Richard LERORI	Goroka, NCh	21	Jun	1986
29=	16.5	Winston NAFAB	Goroka, NCh	07	Jun	1997
29=	16.5 Oct	Simon BENARI	Lae			2005
32	16.6	Percy BURUA	Port Moresby	20	May	1978
33=	16.6	Michael KALAS	Rabaul	10	Jul	1965
33=	16.7	Rekis RAIPA	Port Moresby, SPG	14	Aug	1969

* In 1971 the official PNG National Records made no distinction between fully automatic timing, and hand timing. The 14.84 NR, set in the 1971 SPG was recorded as 14.8 in the list of "Papua New Guinea Open and Resident Records as at 1/9/1973". The 14.8 recorded by Raki Leka was run on the same day as the 14.84 seconds NR, and is actually the same performance. Raki Leka's next best hand-timing performance was 14.9 seconds in Port Moresby on the 13/8/1971. It is now the equal fastest hand timing for the 110m Hurdles.

200 metres Hurdles

1	25.56	Wala GIME	Gold Coast	21	Aug	2011
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300 metres Hurdles (Automatic Timing)

1	37.06	Ivan WAKIT	Pirae	14	Aug	1995
2	38.97	Peniel JOSHUA	Gold Coast	20	Jun	2015
3	39.32	Kaminiel SELOT	Port Moresby	09	Sep	1991
4	40.39	Spencer URUKA	Port Moresby	09	Sep	1991

300 metre Hurdles (Manual Timing)

1=	38.1	Ivan WAKIT	Port Moresby	05	Aug	1995
1=	38.1	Mowen BOINO	Goroka	15	Mar	2003
3	38.8	Nathan KABILU	Suva	02	Jul	2003

400 metres Hurdles (Automatic Timing)

1	50.37	Mowen BOINO	Melbourne, CG	21	Mar	2006
	<i>50.57</i>	<i>Mowen BOINO</i>	<i>Loughborough</i>	<i>07</i>	<i>Jul</i>	<i>2012</i>
	<i>50.61</i>	<i>Mowen BOINO</i>	<i>Gold Coast</i>	<i>19</i>	<i>Jul</i>	<i>2008</i>
	<i>50.68</i>	<i>Mowen BOINO</i>	<i>Melbourne</i>	<i>13</i>	<i>Apr</i>	<i>2012</i>
	<i>50.78</i>	<i>Mowen BOINO</i>	<i>Melbourne, CG</i>	<i>22</i>	<i>Mar</i>	<i>2006</i>
	<i>50.88</i>	<i>Mowen BOINO</i>	<i>Sydney</i>	<i>18</i>	<i>Feb</i>	<i>2012</i>
	<i>50.90</i>	<i>Mowen BOINO</i>	<i>Sydney</i>	<i>05</i>	<i>Feb</i>	<i>2006</i>
	<i>50.92</i>	<i>Mowen BOINO</i>	<i>Melbourne</i>	<i>18</i>	<i>Feb</i>	<i>2006</i>
	<i>50.96</i>	<i>Mowen BOINO</i>	<i>Noumea, PG</i>	<i>08</i>	<i>Sep</i>	<i>2011</i>
	<i>50.97</i>	<i>Mowen BOINO</i>	<i>Athens, OG</i>	<i>23</i>	<i>Aug</i>	<i>2004</i>
	<i>51.03</i>	<i>Mowen BOINO</i>	<i>Brisbane</i>	<i>10</i>	<i>Mar</i>	<i>2007</i>
	<i>51.05</i>	<i>Mowen BOINO</i>	<i>Manchester, CG</i>	<i>28</i>	<i>Jul</i>	<i>2002</i>
	<i>51.06</i>	<i>Mowen BOINO</i>	<i>Melbourne</i>	<i>17</i>	<i>Feb</i>	<i>2006</i>
	<i>51.07</i>	<i>Mowen BOINO</i>	<i>Los Angeles</i>	<i>08</i>	<i>Jun</i>	<i>2003</i>
	<i>51.17</i>	<i>Mowen BOINO</i>	<i>Carson</i>	<i>22</i>	<i>May</i>	<i>2004</i>
	<i>51.20</i>	<i>Mowen BOINO</i>	<i>Birmingham</i>	<i>08</i>	<i>Jul</i>	<i>2012</i>
	<i>51.27</i>	<i>Mowen BOINO</i>	<i>Hobart</i>	<i>09</i>	<i>Feb</i>	<i>2007</i>
	<i>51.27</i>	<i>Mowen BOINO</i>	<i>Perth</i>	<i>11</i>	<i>Feb</i>	<i>2012</i>
	<i>51.31</i>	<i>Mowen BOINO</i>	<i>Melbourne</i>	<i>02</i>	<i>Mar</i>	<i>2007</i>
	<i>51.35</i>	<i>Mowen BOINO</i>	<i>Apia, SPG</i>	<i>07</i>	<i>Sep</i>	<i>2007</i>
	<i>51.35</i>	<i>Mowen BOINO</i>	<i>Melbourne</i>	<i>02</i>	<i>Mar</i>	<i>2012</i>
	<i>51.38</i>	<i>Mowen BOINO</i>	<i>Sydney, OG</i>	<i>24</i>	<i>Sep</i>	<i>2000</i>
	<i>51.39</i>	<i>Mowen BOINO</i>	<i>Brisbane</i>	<i>23</i>	<i>Mar</i>	<i>2001</i>
	<i>51.39</i>	<i>Mowen BOINO</i>	<i>Walnut</i>	<i>18</i>	<i>Apr</i>	<i>2004</i>
	<i>51.40</i>	<i>Mowen BOINO</i>	<i>Scotstoun</i>	<i>14</i>	<i>Aug</i>	<i>2004</i>
	<i>51.41</i>	<i>Mowen BOINO</i>	<i>Eagle Rock</i>	<i>08</i>	<i>May</i>	<i>2004</i>

(Top 26 performances, all by the same athlete)

2	51.47	Ivan WAKIT	Santa Rita, SPG	09	Jun	1999
3	51.71	Wala GIME	Santa Monica	25	Jul	2009
4	52.50	Baobo DUABA-NEUENDORF	Port Moresby, SPG	18	Sep	1991

5	53.10	Paiwa BOGELA	Suva, SPG	31	Aug	1979
6	53.14	Peniel JOSHUA	Port Moresby, PG	17	Jul	2015
7	53.24	Kaminiel SELOT	Port Moresby, SPG	18	Sep	1991
8	54.28	Iroa PAMOA	Christchurch, CG	27	Jan	1974
9	54.29	Ephraim LERKIN	Lae, NCh	19	Apr	2015
10	54.57	Nathan KABILU	Apia, SPG	07	Sep	2007
11	55.03	Daniel KAPUTIN	Darwin, ASF	11	May	1995
12	55.48	Spencer URUKA	Port Moresby, SPG	18	Sep	1991
13	55.61	Janos SUAGOTSU	Suva, SPG	30	Aug	1979
14	55.65	Raymond KONIEL	Lae, NCh	19	Apr	2015
15	55.76	Manuai KENAS	Ulapia, NCh	14	Jul	2013
16	56.71	Leroy MURIKI	Townsville, OceCh	28	Nov	1996
17	57.25	Emmanuel TOMARUM	Noumea, SPG	14	Dec	1987
18	57.64	Dibili WAGAMISI	Rarotonga, MSPG	03	Aug	1985
19	57.66	Bernard MANAU	Port Moresby, NCh	21	Jul	1991
20	57.92	Robson YINAMBE	Ulapia, NCh	14	Jul	2013
21	58.14	Richard LERORI	Rarotonga, MSPG	02	Aug	1985
22	58.28	Mong TAVOL	Lae, PNG Games	22	Nov	2014
23	58.50	Ratu HOU	Lae, NCh	19	Apr	2015
24	58.88	Nabase DUABA	Port Moresby, NCh	21	Jul	1991
25	58.92	Jeffrey LUVEANA	Lae	22	Nov	2014
26	58.94	Pais JUDAH	Lae	22	Nov	2014

400 metres Hurdles (Manual Timing)

1	51.6	Mowen BOINO	Manila	17	May	2001
2	52.4	Ivan WAKIT	Pirae, SPG	21	Aug	1995
3	53.8	Iroa PAMOA	Sydney	12	Jan	1974
4=	54.1	Moses PURPURUK	Adelaide, AJC	21	Mar	1970
4=	54.1	Baobo NEUENDORF	Port Moresby	06	Jul	1992
6	54.1	Kaminiel SELOT	Lae, NCh	01	Jul	1994
7	54.2	Paiwa BOGELA	Port Moresby	18	Jul	1975
8	54.5	Nathan KABILU	Lae	13	Jun	2005
9	54.6	Leroy MURIKI	Port Moresby	03	Oct	1999
10	54.7	Nathan KABILU	Lae	22	Apr	2003
11	54.9	Daniel KAPUTIN	Lae	01	Jul	1994
12	55.6	Dibili WAGAMISI	Goroka	11	Aug	1984
13	55.7	Henry VUIA	Port Moresby	19	Jun	1994
14	55.8	Janos SUAGOTSU	NCh Lae	18	Sep	1976
15	56.0	Wala GIME	Lae, NCh	12/4	Sep	2008
16	56.2	Nabase DUABA	Port Moresby	09	Apr	1995
17	56.3	Spencer URUKA	Port Moresby	30	Oct	1993
18	56.3	Vickson BOMA	Lae	25	Jun	1995
19	57.0	Raymond KONIEL	Ulapia	19	Apr	2014
20	57.1	Roland SHIANEL	Port Moresby, NCh	29	Sep	1996
21	57.2	Manuai KENAS	Port Moresby	08	Jun	2013
22	57.3	Joel TAIKIKA	Rabaul, NCh	24	Jun	1990
23	57.4	Richard LERORI	Port Moresby	25	May	1985
24	57.5	Mong TAVOL	Lae	21	Mar	2015
25=	57.6	Bernard MANAU	Lae	23	Jun	1991
25=	57.6	Edward BAI	Lae, NCh	05	Jul	1992
25=	57.6	Willie MARUM	Lae	31	mar	2013
28	57.8	Rekis RAIPA	Port Moresby, NCh	08	Jun	1969
29	58.0	Ivan MALA	Port Moresby	07	Sep	2002
30=	58.2	Kaiva LERORI	Port Moresby	04	Jun	1994
30=	58.2	Poiya WAGI	Port Moresby	25	May	2013
32	58.3	Richard LERORI	Goroka, NCh	01	Jul	1984
33=	58.8	Raki LEKA	Port Moresby	23	Jun	1972
33=	58.8	Lewis IARO	Port Moresby	25	Aug	1972
33=	58.8	Stanley KERO	Lae, NCh	01	Jul	1994
36	58.9	Emmanuel TOMARUM	Goroka, NCh	22	Jun	1986
37=	59.6	Percy BURUA	Rabaul, NCh	15	Jun	1980
37=	59.6	Vinston NAFAB	Port Moresby, NCh	29	Sep	1996

39	59.7	Andrew BURRAU	Goroka	04	May	1985
40	60.0	Peter MOREA	Port Moresby	11	Jun	1981
41=	60.1	Simon VEVE	Port Moresby	29	Jun	1991
41=	60.1	Diat PASSINGAN	Lae	13	Jun	2005
41=	60.1	Jeffrey LUVEANA	Ulapia	06	Apr	2013

400m Hurdles (Indoors)

1	54.94	Wala GIME	Cedar Falls, Iowa	26	Jan	2013
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4 x 100metres Relay (Automatic Timing) *

1	40.29	PAPUA NEW GUINEA (Akia, Pulu, Ali, Babo)	Pirae, SPG	24	Aug	1995
2	40.34	PAPUA NEW GUINEA (Akia, Pulu, Ali, Babo)	Pirae	14	Aug	1995
3	40.54	PAPUA NEW GUINEA (Wartovo, Babo, B. Duaba, Tuna)	Port Moresby, SPG	21	Sep	1991
4	40.57	PAPUA NEW GUINEA (Niulai, Kirika, Ben, Lui)	Melbourne, CG	24	Mar	2006
5	40.62	PAPUA NEW GUINEA (Piniau, Stone, Logorava, Wisil)	Port Moresby, PG	17	Jul	2015
6	40.90	PAPUA NEW GUINEA (Wartovo, Babo, Pulu, Neuendorf)	Port Vila, MSPG	16	Dec	1993
7	40.94	PAPUA NEW GUINEA (Wartovo, Hou, Mack, Tuna)	Auckland, CG	03	Feb	1990
8	40.94	PAPUA NEW GUINEA (Ben, J. Bai, Kirika, Pulu)	Suva, SPG	12	Jul	2003
9	41.06	PAPUA NEW GUINEA (Gunasinghe, Stone, Matmat, Wisil)	Bangalore, Asian GP	05	Jun	2010
10	41.07	PAPUA NEW GUINEA (Stone, Gime, Piniau, Wisil)	Glasgow, CG	01	Aug	2014
11	41.10	PAPUA NEW GUINEA (Doonar, Kirika, Ben Lui)	Sydney	17	Feb	2007
12	41.16	PAPUA NEW GUINEA (Wartovo, Hou, Mack, Tuna)	Auckland, CG	02	Feb	1990
13	41.28	PAPUA NEW GUINEA (Roboam, Akia, Irima, Varo)	Santa Rita, SPG	11	Jun	1999
14	41.33	EASTERN HIGHLANDS (Nongkas, Selot, Tuna, Wartovo)	Port Moresby, NCh	22	Jul	1991
15=	41.34	PAPUA NEW GUINEA (Akia, Pulu, Ali, Babo)	Sydney	08	Mar	1996
15=	41.34	PAPUA NEW GUINEA (Roboam, Kirika, Ben, Levi)	Brisbane	24	Feb	2007
17	41.44	PAPUA NEW GUINEA (Wartovo, Babo, B. Duaba, Tuna)	Port Moresby	31	Aug	1991
18	41.47	PAPUA NEW GUINEA (Wisil, Stone, Worealevi, Gunasinghe)	Noumea, PG	09	Sep	2011
19	41.49	PAPUA NEW GUINEA (Logorava, Stone, Marai, Wisil)	Gold Coast	28	Jun	2015
20	41.52	PAPUA NW GUINEA (Jorim, Kirika, Ben, Pulu)	Cairns	14	Aug	2007
21	41.56	PAPUA NEW GUINEA (Worealevi, Stone, Matmat, Gunasinghe)	Wujiang, AsianGP	29	May	2011
22	41.58	PAPUA NEW GUINEA (Niulai, Kirika, Ben, Lui)	Sydney, NCh	19	Feb	2006
23	41.63	PAPUA NEW GUINEA (Akia, Pulu, Ali, Babo)	Canberra	01	Mar	1996
24	41.69	PAPUA NEW GUINEA (Kirika, Lui, Buidal, Jorim)	Lae	23	Apr	2005
25	41.70	PAPUA NEW GUINEA (Livuan, Marai, Stone, Logorava)	Cairns, OceCh	09	May	2015
26	41.71	PAPUA NEW GUINEA (Mack, Hou, Susame, Tuna)	Noumea, SPG	16	Dec	1987

27	41.74	PAPUA NEW GUINEA (Niulai, Kirika, Ben Lui)	Brisbane	10	Feb	2006
28	41.76	PAPUA NEW GUINEA (Pokana, Piniiau, Matmat, Wisil)	Kafika, MPG	06	Sep	2013
29=	41.77	PAPUA NEW GUINEA (Wartovo, Babo, Pulu, Neuendorf)	Port Vila, MSPG	15	Dec	1993
29=	41.77	PAPUA NEW GUINEA (Akia, Babo, Seph, J. Bai)	Tafuna, MSPG	20	Aug	1997
31=	41.84	PAPUA NEW GUINEA (Flierl, Selot, Babo, Pulu)	Kamloops, BC	10	Aug	1994
31=	41.84	PAPUA NEW GUINEA (Ben, Kirika, Niulai, Lui)	Sigatoka	12	Dec	2006
33	41.86	PAPUA NEW GUINEA (Matmat, Kapmatana, Stone, Wisil)	Shawnee, Oklahoma	09	May	2014
34	41.87	PAPUA NEW GUINEA	Gold Coast	11	Feb	2006
35	41.88	PAPUA NEW GUINEA (Wisil, Rivan, Gunasinghe, Stone)	Pune, Asian GP	01	Jun	2010
36	41.89	PAPUA NEW GUINEA (Niulai, Kirika, Ben, Lui)	Melbourne	19	Feb	2006
37	41.90	PAPUA NEW GUINEA	Gold Coast	06	Aug	2009
38	41.92	PAPUA NEW GUINEA	Koror, MSPG	29	Jul	2005
39	41.96	PAPUA NEW GUINEA (Ben, Pulu, Wakit, J.Bai)	Adelaide, OceCh	25	Aug	2000
40	41.97	PAPUA NEW GUINEA (Gunasinghe, Worealevi, Matmat, Rivan)	Kunshan, Asian GP	26	May	2011
41	42.01	PAPUA NEW GUINEA (Niulai, Kirika, Ben, Lui)	Apia, OceCh	16	Dec	2006
42	42.01	PAPUA NEW GUINEA (Gunasinghe, Worealevi, Matmat, Rivan)	Jiaying, Asian GP	22	May	2011
43	42.02	PAPUA NEW GUINEA (Livuan, Ray, Matmat, Yinambe)	Gold Coast	28	Jun	2015
44	42.04	PAPUA NEW GUINEA (Kuamin, Pulu, Ben, Kirika)	Middlegate, MSPG	14	Dec	2001
45	42.18	PAPUA NEW GUINEA (Gunasinghe, Gime, Junior Avefa, Wisil)	Tereora, OceCh	25	Jun	2014
46	42.21	PAPUA NEW GUINEA – “B”	Port Moresby	31	Aug	1991
47	42.21	PAPUA NEW GUINEA (Akia, Babo, Seph, J. Bai)	Tafuna, MSPG	20	Aug	1997
48	42.22	PAPUA NEW GUINEA (Akia, J. Bai, E. Bai, Pulu)	Nuku'alofa, OceCh	28	Aug	1998
49	42.26	PAPUA NEW GUINEA (Mack, Nongkas, Wartovo, Umul)	Nuku'alofa, MSPG	30	Aug	1989
50	42.30	PAPUA NEW GUINEA (Worealevi, Kapmatana, Kaiap, Matmat)	Cairns, OceCh	28	Jun	2012
51	42.31	PAPUA NEW GUINEA (Mack, Nongkas, Wartovo, Umul)	Nuku'alofa, MSPG	29	Aug	1989
52	42.32	PORT MORESBY (B. Duaba, Babo, Sawa, Hou)	Port Moresby, NCh	22	Jul	1991
53	42.33	“MANLY ‘A” (Kavoi, Doonar, Stone, Kirika)	Lae, NCh	01	Jul	2007
54	42.36	“TIGERS” (Jorim, Roboam, Ben, Wisil)	Lae, NCh	01	Jul	2007
55	42.40	PAPUA NEW GUINEA (Nongkas, Babo, Toreia, Wartovo)	Suva, OCh	14	Jul	1990
56	42.43	EAST NEW BRITAIN (Kennedy, Kapmatana, Piniiau, Rivan)	Ulapia, PNG Games	29	Nov	2012
57	42.48	PAPUA NEW GUINEA (Tuna, Karava, Mack Hou)	Wellington, NZCh	07	Mar	1987
58	42.52	PNG – A TEAM (Ben, J.Bai, Akia, Pulu)	Brisbane	15	Aug	2000
59	42.54	EAST NEW BRITAIN (Pennie, Matlaun, Matmat, Livuan)	Lae, PNG Games	27	Nov	2014

60	42.60	LAE (Worealevi, Wisil, Ben, Matmat)	Ulapia, PNG Games	24	Nov	2012
61	42.62	MOROBE PROVINCE (Worealevi, Matmat, Susame, Kauke)	Ulapia, NCh	14	Jul	2013
62	42.65	PAPUA NEW GUINEA (Aiam, Henry, Ligo, Tamean)	Apia, SPG	15	Sep	1983
63	42.69	PAPUA NEW GUINEA (Kembu, Pulu, Ben, Kirika)	Middlegate, MSPG	12	Dec	2001
64	42.71	PAPUA NEW GUINEA	Saipan, OceCh	28	Jun	2008
65	42.77	EAST NEW BRITAIN (H. Wartovo, Matlaun, Matmat, Livuan)	Lae, PNG Games	25	Nov	2014
66	42.81	PAPUA NEW GUINEA (Akia, Wakit, S. Bai, Harokave)	Darwin, ASF	09	May	1995
67	42.90	LAE	Lae	23	Apr	2005
68	42.92	NCD (Pokana, Gime, Kaiap, Kenias)	Darwin, AraG	10	May	2011
69	42.99	PAPUA NEW GUINEA (Mack, Karava, Raka, Tuna)	Rarotonga, MSPG	09	Aug	1985

Relay teams may include non PNG citizens - but not for record purposes. This convention was introduced in the 1970's and has continued to the present. Very few expatriates now compete in the sport, but it was common pre-Independence and in the early years of of Independence.

4 x 100 metres Relay (Manual Timing) *

1	40.9	PAPUA NEW GUINEA (Worealevi, Wisil, Ben, Stone)	Lae, NCh	16	Jul	2011
2=	41.1	LAE (Rivan, Matmat, Ben, Wisil)	Lae, NCh	10	Jul	2010
2=	41.1	LAE (Worealevi, Wisil, Kalin, Matmat)	lae, NCh	08	Apr	2012
4=	41.4	PORT MORESBY (Seph, Babo, S. Bai, Pulu)	Goroka, NCh	7	Jun	1997
4=	41.4	PAPUA NEW GUINEA (G. Bai, Kirika, Ben, Pulu)	Lae, MelCh	27	Apr	2003
6	41.7	PAPUA NEW GUINEA #1 (Doonar, Kirika, Ben, Lui)	Lae	21	Dec	2005
7	41.8	MOROBE #1	Lae, NCh	25	Sep	2004
8	41.9	PAPUA NEW GUINEA (Berom, Wisil, Ben, Worealevi)	Lae	12	Jun	2011
9=	42.1	PAPUA NEW GUINEA (Tuna, Mack, Karava, Tamean)	Goroka, NCh	22	Jun	1986
9=	42.1	PORT MORESBY (Seph, Babo, Vuia, Fleirl)	Lae, NCh	01	Jul	1995
9=	42.1	LAE (Ben, Wolwolit, Wisil, Siguria)	Lae, NCh	12/4	Sep	2008
12=	42.2	PAPUA NEW GUINEA (Tuna, Mack, Karava, Siguria)	Kuala Lumpur, NCh		Aug	1986
12=	42.2	PAPUA NEW GUINEA (Wolwolit, Kirika, Ben, Lui)	Lae	09	Sep	2006
12=	42.2	GAZELLE (Roboam, Rivan, Piniau, Tobing)	Lae	08	Apr	2012
15=	42.3	GAZELLE (Kaputin, Wakit, S. Bai, Pulu)	Lae, NCh	02	Jul	1994
15=	42.3	PAPUA NEW GUINEA (Doonar, Niulai, Jorim, Kirika)	Lae		Sep	2005
17=	42.4	PAPUA NEW GUINEA (Richter, Muga, Kaumata, Tita)	Port Moresby	02	Aug	1969
17=	42.4	EASTERN HIGHLANDS (Tuna, Hou, Nongkas, Selot)	Rabaul, NCh	23	Jun	1990
17=	42.4	EASTERN HIGHLANDS (Wartovo, Tuna, Selot Manau)	Lae	23	Jun	1991

17=	42.4	PORT MORESBY (Babo, Neuendorf - -)	Lae, NCh	05 Jul	1992
17=	42.4	Consort Shipping	Port Moresby	25 May	1997
22=	42.5	PORT MORESBY	Lae, NCh	25 Sep	2004
22=	42.5	MIXED TEAM (Albert, Wisil, Ben, Kirika)	Lae, NCh	26 Jun	2009
24=	42.6	PORT MORESBY (Flierl, Umul, Babo, Pirika)	Lae, NCh	02 Jul	1994
24=	42.6	Southlanders	Port Moresby	25 May	1997
24=	42.6	MOROBE	Lae, NCh	16 Aug	1998
24=	42.6	PAPUA NEW GUINEA (Niulai, Kirika, Ben, Lui)	Apia, OceCh	14 Dec	2006
28=	42.7	PORT MORESBY	Rabaul, NCh	Oct	1966
28=	42.7	PAPUA NEW GUINEA (Maraga, Tita, Raula, McCubbery)	Pirae, SPG	Sep	1971
28=	42.7	MOROBE	Goroka, NCh	7 June	1997
28=	42.7	PAPUA NEW GUINEA (Wakit, Akia, E. Bai, Pulu)	Port Vila	23 May	1998
28=	42.7	EAST NEW BRITAIN #1	Lae, NCh	27 Sep	2002
28=	42.7	EAST NEW BRITAIN	Lae, NCh	25 Sep	2004
28=	42.7	PAPUA NEW GUINEA #2 (Buidal, Niulai, Joram, Akia)	Lae	21 Dec	2005
35=	42.8	PAPUA NEW GUINEA (Richter, Vuia, Sale, Muga)	Suva, SPG	04 Sep	1963
35=	42.8	GAZELLE (J. Bai, Tokele, Irima, Pulu)	Port Moresby, NCh	28 Sep	1996
35=	42.8	PORT MORESBY	Lae, NCh	16 Aug	1998
38=	42.9	NEW IRELAND (Seph, Tommy, Salom, ---)	Lae, NCh	02 Jul	1994
38=	42.9	PORT MORESBY (S. Bai, Seph,,)	Port Moresby, NCh	28 Sep	1996
40=	43.0	PAPUA NEW GUINEA (Walekwate, Kaumata, Tita, Richter)	Noumea, SPG	Dec	1966
40=	43.0	MOROBE (Flierl, ---, ---, ---)	Lae, NCh	05 Jul	1992
40=	43.0	NATIONAL "B-TEAM" (Urai, Seph, Akia, Ali)	Port Moresby	05 Aug	1995
40=	43.0	PAPUA NEW GUINEA (Ben, Matthies, Kirika, Kembu)	Suva	14 Apr	2001
40=	43.0	GAZELLE / MIXED TEAM (Lui, Ali, Kabilu, Mala)	Lae, MelCh	27 Apr	2003
45=	43.2	PAPUA NEW GUINEA (Tuna, Mack, Karava, Tamean)	Goroka	07 Jun	1986
45=	43.2	NEW GUINEA ISLANDS (Wakit, Kuamin, Kembu, Ben)	Vunakanau	02 Jul	2001
45=	43.2	EASTERN HIGHLANDS	Lae, NCh	27 Sep	2002
4 x 400 metres Relay *					
1	3:09.55	PAPUA NEW GUINEA (Tuna, Duaba/Neuendorf, Selot, Babo)	Port Moresby, SPG	21 Sep	1991
2	3:10.30	PAPUA NEW GUINEA (Stone, Piniiau, Matlaun, Gime)	Glasgow, CG	01 Aug	2014
3	3:10.52	PAPUA NEW GUINEA (Babo, S. Bai, Pulu, Wakit)	Pirae, SPG	24 Aug	1995
4	3:11.43	PAPUA NEW GUINEA (Abai, Boino, Pulu, J. Bai)	Suva, SPG	12 Jul	2003
5	3:11.96	PAPUA NEW GUINEA (Stone, Gime, Niulai, Boino)	Apia, SPG	08 Sep	2007
6	3:12.34	PAPUA NEW GUINEA (Rivan, Boino, Gime, Stone)	Noumea, PG	09 Sep	2011
7	3:12.89	PAPUA NEW GUINEA (Wakit, Pulu, Boino, J.Bai)	Bangkok	18 May	2000

8	3:13.35	PAPUA NEW GUINEA (Neuendorf, Selot, Manana, Babo)	Barcelona, OG	07	Aug	1992
9	3:13.86	PAPUA NEW GUINEA (Boino, Matlaun, Piniau, Stone)	Port Moresby, PG	16	Jul	2015
10	3:14.27	PAPUA NEW GUINEA (Rivan, Gime, Boino, Stone)	Pune, Asian GP	01	Jun	2010
11	3:14.47	PAPUA NEW GUINEA (Abai, Boino, Roboam, Wakit)	Santa Rita, SPG	11	Jun	1999
12	3:14.7	PORT MORESBY (Babo, Neuendorf, Torea, Sawa)	Lae, NCh	05	Jul	1992
13	3:15.03	PAPUA NEW GUINEA (Rivan, Matmat, Gime, Stone)	Chennai, Asian GP	09	Jun	2010
14	3:15.60	PAPUA NEW GUINEA (Pokana, Rivan, Matmat, Kapmatana)	Cairns, OceCh	29	Jun	2012
15	3:16.16	PAPUA NEW GUINEA	Brisbane	29	Jul	2000
16	3:16.19	PAPUA NEW GUINEA (Kapmatana, Boino, Matlaun, Piniau)	Kafika, MPG	06	Sep	2013
17	3:16.42	EASTERN HIGHLANDS (Torea, Selot, Manau, Tuna)	Port Moresby, NCh	22	Jul	1991
18	3:16.45	PORT MORESBY (Pilisa, Hou, Neuendorf, Babo)	Port Moresby, NCh	22	Jul	1991
19	3:16.54	PAPUA NEW GUINEA (Babo, Selot, Umul, Neuendorf)	Port Vila, MSPG	16	Dec	1993
20	3:16.63	PAPUA NEW GUINEA (Abai, Babo, S. Bai, J. Bai)	Tafuna, MSPG	20	Aug	1997
21	3:16.72	QE II TRACK CLUB (Brisbane) (Albert, Gime, Gebo, Niulai)	Brisbane	25	Feb	2007
22	3:16.72	PAPUA NEW GUINEA (Matlaun, Gime, Joshua, Piniau)	Tereora, OceCh	26	Jun	2014
23	3:17.14	PAPUA NEW GUINEA (Rivan, Boino, Kapmatana, Stone)	Brisbane	14	Feb	2012
24	3:17.44	PAPUA NEW GUINEA (Mack,Kasi, Torea, Hou)	Nuku'alofa, MSPG	30	Aug	1989
25	3:17.80	PAPUA NEW GUINEA (Torea, Kasi, Nongkas, Babo)	Suva, OCh	14	Jul	1990
26	3:18.00	PAPUA NEW GUINEA (Wakit, Mek, Roboam, Abai)	Darwin	24	May	1999
27	3:18.11	"PNG A" (Stone, Doonar, Egora, Albert)	Lae, NCh	01	Jul	2007
28	3:18.36	PAPUA NEW GUINEA (Kali, Aiam, Suagotsu, Bogela)	Suva, SPG	08	Sep	1979
29	3:18.38	PAPUA NEW GUINEA (Stone, Albert, Egora, Niulai)	Cairns	19	Aug	2007
30	3:18.49	"PNG B" (Gime, Boino, Gebo, Roboam)	Lae, NCh	01	Jul	2007
31	3:18.56	PAPUA NEW GUINEA (Wakit, Boino, Pulu, J.Bai)	Adelaide, OceCh	26	Aug	2000
32	3:18.98	PAPUA NEW GUINEA (Kuamin, Pulu, Mission, Boino)	Middlegate, MSPG	14	Dec	2001
33	3:18.99	PAPUA NEW GUINEA (Hou, Tuna, Taipala, Torea)	Noumea, SPG	18	Dec	1987
34	3:19.1	PORT MORESBY (Babo, Neuendorf ,----, ----)	Goroka, NCh	3	Jul	1993
35	3:19.50	PAPUA NEW GUINEA (Wakit, S. Bai, Harokave, Sena)	Darwin. ASF	11	May	1995
36	3:19.6	PAPUA NEW GUINEA (Purpuruk, Koiti, McCubbery, Kayo)	Pirae, SPG	15	Sep	1971
37	3:19.92	PAPUA NEW GUINEA (S. Bai, Wakit, Ali, Babo)	Atlanta, OG	02	Aug	1996
38	3:20.0	PAPUA NEW GUINEA	Lae, NCh	17	Jul	2011
39	3:20.3	GAZELLE (Wakit, Malili, Bata, J. Bai)	Goroka, NCh	8	Jun	1997

40	3:20.4	PAPUA NEW GUINEA (J. Bai, Wakit, Pulu, Boio)	Lae, MelCh	27	Apr	2003
41	3:20.5	PORT MORESBY (E. Bai, S. Bai, Babo, --)	Goroka, NCh	8	Jun	1997
42	3:20.95	PAPUA NEW GUINEA (Gunasinghe, Gime, Rivan, Boio)	Bangalore, Asian GP	05	Jun	2010
43	3:21.04	PAPUA NEW GUINEA (Bogela, Patuku, Wagamisi, Tamean)	Apia, SPG	15	Sep	1983
44	3:21.18	PAPUA NEW GUINEA (Kali, Aiam, Suagotsu, Bogela)	Suva, SPG	07	Sep	1979
45	3:21.23	PAPUA NEW GUINEA	Koror, MSPG	29	Apr	2005
46	3:21.3	EASTERN HIGHLANDS (Harokave, S. Bai, Pulu, Wakit)	Lae, NCh	02	Jul	1995
47	3:21.51	PAPUA NEW GUINEA	Townsville, OceCh	30	Nov	1996
48	3:21.74	PAPUA NEW GUINEA (Torea, Kasi, Mack, Hou)	Nuku'alofa, MSPG	29	Aug	1989
49	3:22.0	PAPUA NEW GUINEA (Abai, Babo, E. Bai, J. Bai)	Tafuna, MSPG	18	Aug	1997
50	3:22.09	EAST NEW BRITAIN (Komen, Matlaun, Aliel, Piniau)	Ulapia, NCh	08	Jun	2014
51	3:22.1	EASTERN HIGHLANDS (Sasanui, Bais, Sipo, Sasama)	Lae	01	Oct	2005
52=	3:22.2	PAPUA NEW GUINEA (Gough, Purpuruk, Pou, Kilori)	Port Moresby, SPG	19	Aug	1969
52=	3:22.2	PORT MORESBY	Lae	01	Oct	2005
54	3:22.45	EAST NEW BRITAIN (Matlaun, Matmat, Aliel, Babob)	Lae, PNG Games	27	Nov	2014
55	3:22.6	GAZELLE (Rivan, Roboam, Piniau, Kapmatana)	Lae, NCh	08	Apr	2012
56	3:22.84	PAPUA NEW GUINEA (Wakit, J. Bai, Pulu, E. Bai)	Nuku'alofa, OceCh	28	Aug	1998
57	3:22.99	PAPUA NEW GUINEA U20	Townsville, OceCh	30	Nov	1996
58	3:23.0	EAST NEW BRITAIN #1	Lae, NCh	26	Nov	2004
59	3:23.07	PAPUA NEW GUINEA	Gold Coast	04	Aug	2009
60	3:23.7	PORT MORESBY (Gima, Gebo, Yapumi, Kima G)	Lae, NCh	22/4	Sep	2006
61	3:23.5	PORT MORESBY (Egora, Gime, Gebo, Stone)	Lae, NCh	12/4	Sep	2008
62	3:24.3	PAPUA NEW GUINEA (Harrison, Maina, Vela, Richter)	Suva, SPG	04	Sep	1963

High Jump

1=	2.06	Hapo MALIAKI	Port Moresby, NCh	29	Sep	1996
1=	2.06	Sandy KATUSELE	Suva, SPG	10	Jul	2003
3	2.05	Peniel RICHARD	Cairns, OceCh	10	May	2015
	2.03	Hapo MALIAKI	Pirae	14	Aug	1995
	2.01	Sandy KATUSELE	Port Moresby	02	Oct	1999
4=	2.00	Alfred ANTIPAS	Lae	09	Apr	1995
	2.00	Hapo MALIAKI	Lae	02	May	1998
	2.00	Hapo MALIAKI	Lae	09	May	1998
	2.00	Hapo MALIAKI	Lae	02	Sep	2002
	2.00	Hapo MALIAKI	Lae	23	Apr	2005
4=	2.00	Norman TSE	Los Angeles	15	May	2010
	2.00	Peniel RICHARD	Lae, NCh	18	Apr	2015
6	1.99	David JESSEM	Apia, OceRCh	21	Jun	2011
	1.98	Alfred ANTIPAS	Lae	06	Mar	1993
	1.98	Alfred ANTIPAS	Port Moresby	09	Oct	1993
	1.98	Hapo MALIAKI	Goroka	08	Jun	1997
	1.98	Sandy KATUSELE	Apia	26	Jun	2003
	1.98	Norman TSE	San Diego	14	Jun	2009
7=	1.97	Peiwa WAEA	Port Moresby, NCh	14	Oct	1967
	1.97	Hapo MALIAKI	Tereora	04	May	1995

	1.97	David JESSEM	Noumea, PG	08	Sep	2011
7=	1.97	Connelius PASCHA Jnr	Port Moresby, PG	16	Jul	2015
	1.96	Sandy KATUSELE	Christchurch	12	Dec	2002
	1.96	Norman TSE	Gold Coast	04	Aug	2009
	1.96	David JESSEM	Lae	12	Jun	2011
	1.96	David JESSEM	Lae	16	Jul	2011
	1.96	David JESSEM	Kafika, MPG	06	Sep	2013
9=	1.95	Kevin RARUA	Port Moresby	03	Apr	1993
	1.95	Alfred ANTIPAS	Darwin	25	Apr	1993
	1.95	Alfred ANTIPAS	Lae	16	Oct	1993
	1.95	Alfred ANTIPAS	Port Moresby	30	Oct	1993
	1.95	Alfred ANTIPAS	Goroka	25	Jun	1994
	1.95	Hapo MALIAKI	Lae	09	Apr	1995
	1.95	Alfred ANTIPAS	Darwin	07	May	1995
	1.95	Alfred ANTIPAS	Port Moresby	10	Jun	1995
	1.95	Hapo MALIAKI	Lae	02	Jul	1995
	1.95	Hapo MALIAKI	Port Moresby	29	Jul	1995
	1.95	Hapo MALIAKI	Port Moresby	03	Oct	1999
	1.95	Sandy KATUSELE	Adelaide, OceCh	24	Aug	2000
9=	1.95	Daniel SANDOL	Adelaide, OceCh	26	Aug	2000
	1.95	Sandy KATUSELE	Lae	24	Apr	2003
	1.95	Sandy KATUSELE	Townsville	09	Jun	2003
	1.95	Sandy KATUSELE	Lae	26	Sep	2004
	1.95	Sandy KATUSELE	Lae	30	June	2007
	1.95	Norman TSE	Irvine	03	May	2009
	1.95	David JESSEM	Lae	07	Apr	2012
	1.95	Peniel RICHARD	Lae, PNG Games	27	Nov	2014

(Top 47 performances by 10 different athletes)

11	1.94	Michael ELISHA	Rarotonga, MSPG	02	Aug	1985
12=	1.93	Edward LABORAN	Perth, CG	24	Nov	1962
12=	1.93 D	Eric MOMBERGER	Emmitsburg, USA	27	Jun	1992
14	1.93 D	Robson YINAMBE	Port Moresby, PG	13	Jul	2015
15	1.92	John BOINO	Goroka, NCh	05	Jul	1987
16	1.91	Karo IGA	Port Moresby, PG	16	Jul	2015
17=	1.90	Jeremiah KATUSELE	Lae, NCh	02	Jul	1995
17=	1.90	Noel TAMTU	Lae	26	Apr	2005
17=	1.90	Liebert KIRAKAR	Ulapia	29	Nov	2012
17=	1.90	Peniel JOSHUA	Ulapia, NCh	07	Jun	2014
21	1.89 Oct	Simon BENARI	Goroka	09	Jul	2005
22=	1.88	Sisia MOREA	Port Moresby	18	Jul	1975
22=	1.88	Casper WIN	Port Moresby	13	May	1978
22=	1.88	Mathew ARU	Goroka	16	Apr	1988
22=	1.88	Exoki BOB	Rabaul	08	Jun	1990
22=	1.88	Rodney SAWI	Hoskins	25	May	2001
22=	1.88	Reginald MONAGI	Lae	24	Apr	2011
22=	1.88	Roland HURE	Port Moresby	18-20	Sep	2015
29=	1.87	Michael BENE	Rabaul, NCh		Oct	1966
29=	1.87	Sali SIGA	Lae	06	Mar	1993
31	1.86	Maino MAINO	Goroka, NCh	05	Jul	1987
32=	1.85	J. PELIGUP	Port Moresby	08	Aug	1970
32=	1.85	John SIPO	Lae, NCh	15	Aug	1998
32=	1.85	Wesley PIRIT	Vunakanau	03	Jul	2001
32=	1.85	Elizah PASSINGAN	Lae, NCh	30	Jun	2007
32=	1.85	Edmund LALO	Lae	12/4	Aug	2008
32=	1.85	Raymond BOGA	Lae, NCh	16	Jul	2011
32=	1.85	Fini BONKI	Goroka	15/7	May	2009
32=	1.85	Steven RAY	Lae	04	Apr	2015
32=	1.84	Andrew VELE	Port Moresby		Jun	1992
32=	1.84	Rawali BOKUIK	Port Moresby	04	Jun	1994
32=	1.84	Francis BAVAI	Lae, PNG Games	27	Nov	2014
43=	1.83	Raki LEKA	Port Moresby, NCh	28	Sep	1968

43=	1.83	Joseph MEKEU	Port Moresby, NCh	07	Jun	1969
43=	1.83	Nganining MALIAKI	Lae, NCh	05	Jul	1992
43=	1.83	Adrian WALEILA	Port Moresby	27	Nov	2009
47=	1.82	LAPE	Port Moresby	15	Jun	1981
47=	1.82	Jonathan PAMA	Goroka	04	Jun	1994
47=	1.82	Ezekiel TAKSIR	Kavieng	21-23	Sep	2015
50=	1.80	Toua WILLIE	Port Moresby	06	Jun	1987
50=	1.80 D	Ferdinand NONGKAS	Nuku'alofa, MSPG	25	Aug	1989
50=	1.80	William SARAGUM	Rabaul, NCh	23	Jun	1990
50=	1.80	Chris KAINES	Lae	15	Jun	1991
50=	1.80	John ELISHA	Lae	13	Nov	1993
50=	1.80	Robin PONDIKOU	Goroka	08	Jun	1997
50=	1.80	Molosen ALUSI	Lae	09	May	1998
50=	1.80	Joe SIPO	Kavieng	30	Jun	2001
50=	1.80	Ronley BOBOL	Lae, NCh	30	Jun	2007
50=	1.80	Hilary VALUKA	Lae, NCh	11	Jul	2010
50=	1.80	Desmond KIRANA	Ulapia	29	Nov	2012
50=	1.80	Terrence SAHEMBO	Kavieng	06	Jul	2013
50=	1.80	Moses DARIUS	Kavieng	06	Jul	2013
50=	1.80	Bonaventure POLAU	Brisbane	27	Feb	2015
Pole Vault						
1	4.20D	Eric MOMBERGER	Barcelona, OG	06	Aug	1992
	<i>4.19D</i>	<i>Eric MOMBERGER</i>	<i>Oklahoma</i>	<i>09</i>	<i>Mar</i>	<i>1991</i>
2	4.10	Karo IGA	Gold Coast	21	Jun	2015
	<i>4.10</i>	<i>Karo IGA</i>	<i>Gold Coast</i>	<i>28</i>	<i>Jun</i>	<i>2015</i>
	<i>4.00D</i>	<i>Eric MOMBERGER</i>	<i>Emmitsburg, MD</i>	<i>28</i>	<i>Jun</i>	<i>1992</i>
	<i>3.96D</i>	<i>Eric MOMBERGER</i>	<i>Shawnee</i>	<i>10</i>	<i>Jun</i>	<i>1990</i>
	<i>3.96D</i>	<i>Eric MOMBERGER</i>	<i>Oklahoma City</i>	<i>24</i>	<i>Apr</i>	<i>1992</i>
	<i>3.90</i>	<i>Karo IGA</i>	<i>Gold Coast</i>	<i>08</i>	<i>Jun</i>	<i>2015</i>
	<i>3.85</i>	<i>Karo IGA</i>	<i>Port Moresby, PG</i>	<i>15</i>	<i>Jul</i>	<i>2015</i>
3	3.70	Peniel RICHARD	Gold Coast	08	Jun	2015
	<i>3.70</i>	<i>Karo IGA</i>	<i>Brisbane</i>	<i>14</i>	<i>Jun</i>	<i>2015</i>
	<i>3.70</i>	<i>Peniel RICHARD</i>	<i>Gold Coast</i>	<i>21</i>	<i>Jun</i>	<i>2015</i>
4	3.66	Joseph BUBOI	Port Moresby, SPG	16	Aug	1969
	<i>3.65</i>	<i>Peniel RICHARD</i>	<i>Port Moresby, PG</i>	<i>14</i>	<i>Jul</i>	<i>2015</i>
5	3.60 D	Reginald MONAGI	Townsville	30	Sep	2012
	<i>3.60</i>	<i>Peniel RICHARD</i>	<i>Cairns, OceCh</i>	<i>08</i>	<i>May</i>	<i>2015</i>
	<i>3.60</i>	<i>Karo IGA</i>	<i>Cairns, OceCh</i>	<i>08</i>	<i>May</i>	<i>2015</i>
6	3.51	Otto MALATANA	Rabaul, NCh	06	Jul	1963
7	3.50	Thomas TAMA	Port Moresby, SPG	14	Sep	1991
	<i>3.50</i>	<i>Peniel RICHARD</i>	<i>Gold Coast</i>	<i>28</i>	<i>Jun</i>	<i>2015</i>
8	3.40	Jackson BARTOK	Port Moresby, NCh	08	Jun	1969
	<i>3.40</i>	<i>Eric MOMBERGER</i>	<i>Goroka</i>	<i>25</i>	<i>Jan</i>	<i>1989</i>
	<i>3.40</i>	<i>Peniel RICHARD</i>	<i>Brisbane</i>	<i>28</i>	<i>Feb</i>	<i>2015</i>
	<i>3.40</i>	<i>Karo IGA</i>	<i>Brisbane</i>	<i>28</i>	<i>Feb</i>	<i>2015</i>
9	3.40 D	Robson YINAMBE	Port Moresby, PG	14	Jul	2015
10	3.35 D	Raki LEKA	Port Moresby, SPG		Aug	1969
11	3.33	John LAPUN	Port Moresby, NCh	08	Jun	1969
12=	3.30	J. VAVOLO	Rabaul, NCh	06	Jul	1963
12=	3.30	Simon KANAMOA	Rabaul, NCh	22	Oct	1966
12=	3.30D	Ferdinand NONGKAS	Noumea, SPG	18	Dec	1987
15=	3.30D	Simon BENARI	Townsville	25	Sep	2005
15=	3.30	Idau ASIGAU	Gold Coast	08	Jun	2015
17	3.27	Simon TOBAINING	Rabaul	21	Oct	1972
	<i>3.23</i>	<i>John LAPUN</i>	<i>Port Moresby</i>	<i>14</i>	<i>Jun</i>	<i>1971</i>
(Top 34 performances by 17 different athletes)						
18=	3.20	D. YAKAM	Port Moresby, NCh	14	Jun	1971
18=	3.20	Spencer URUKA	Port Moresby	13	Apr	1991
18=	3.20	Peter KAUMU	Port Moresby	31	Aug	1991
21	3.14	P. MALAI	Rabaul, NCh		Oct	1966

22	3.13	Rekis RAIPA	Port Moresby	08	Aug	1970
23	3.13	Kila RAULA	Port Moresby	08	Aug	1970
24	3.10	Joseph MEKEU	Rabaul, NCh	12	Sep	1970
25	3.08	Neville VITAH	Port Moresby	14	Jun	1971
26	3.00	Michael VOHIA	Madang	21/2	Sep	1974
27=	2.90	Mamena BOWALIYA	Suva, SPG	07	Sep	1979
27=	2.90 D	Cletus MOSI	Gold Coast	09	Nov	2014

Long Jump

1=	7.21	Edward BAI	Port Moresby	16	May	1998
1=	7.21	Sandy KATUSELE	Apia, OceCup	27	Jun	2003
3	7.18	Kila RAULA	Port Moresby	20	Aug	1971
	<i>7.18</i>	<i>Sandy KATUSELE</i>	<i>Lae</i>	<i>01</i>	<i>Jul</i>	<i>2007</i>
	<i>7.17</i>	<i>Sandy KATUSELE</i>	<i>Apia, SPG</i>	<i>05</i>	<i>Sep</i>	<i>2007</i>
	<i>7.15</i>	<i>Kila RAULA</i>	<i>Port Moresby</i>	<i>12</i>	<i>May</i>	<i>1970</i>
4	7.15	Norman TSE	Santa Monica	25	Jul	2009
	<i>7.11</i>	<i>Sandy KATUSELE</i>	<i>Brisbane</i>	<i>25</i>	<i>Feb</i>	<i>2007</i>
5	7.12	Idau ASIGAU	Port Moresby, PG	17	Jul	2015
6	7.10	Ferdinand NONGKAS	Rabaul, NCh	24	Jun	1990
	<i>7.10</i>	<i>Sandy KATUSELE</i>	<i>Gold Coast</i>	<i>04</i>	<i>Mar</i>	<i>2007</i>
	<i>7.07</i>	<i>Sandy KATUSELE</i>	<i>Eagle Rock</i>	<i>05</i>	<i>June</i>	<i>2004</i>
7	7.05	Leroy MURIKI	Lae	02	May	1999
	<i>7.05</i>	<i>Norman TSE</i>	<i>Azusa</i>	<i>15/6</i>	<i>Apr</i>	<i>2010</i>
	<i>7.04</i>	<i>Kila RAULA</i>	<i>Rabaul, NCh</i>	<i>12</i>	<i>Sep</i>	<i>1970</i>
8	7.04	Henry HOKO	Port Moresby	30	Oct	1993
	<i>7.03</i>	<i>Ferdinand NONGKAS</i>	<i>Port Moresby</i>	<i>21</i>	<i>Jul</i>	<i>1991</i>
9	7.03	Teni OKEA	Port Moresby	30	Oct	1993
	<i>7.02</i>	<i>Sandy KATUSELE</i>	<i>Suva, SPG</i>	<i>11</i>	<i>Jul</i>	<i>2003</i>
10	7.01	Richard LERORI	Goroka, NCh	22	Jun	1986
	<i>7.00</i>	<i>Edward BAI</i>	<i>Tafuna, MSPG</i>	<i>15</i>	<i>Aug</i>	<i>1997</i>
	<i>7.00</i>	<i>Teni OKEA</i>	<i>Port Moresby</i>	<i>16</i>	<i>May</i>	<i>1998</i>
11	6.99	Peter PULU	Port Moresby, NCh	29	Sep	1996
	<i>6.98</i>	<i>Sandy KATUSELE</i>	<i>Gold Coast</i>	<i>11</i>	<i>Feb</i>	<i>2006</i>
	<i>6.98</i>	<i>Sandy KATUSELE</i>	<i>Susupe</i>	<i>27</i>	<i>Jun</i>	<i>2008</i>

(Top 25 performances by 11 different athletes)

12	6.96	Evan IEWAGO	Madang, NCh	21	Sep	1974
13	6.93	Peiwa WAEA	Madang, NCh	21	Sep	1974
14	6.92D	Eric MOMBERGER	OCU Okl U.S.A.	08	Mar	1991
15	6.90	Nicholas MEK	Port Moresby	03	Oct	1999
16	6.89	Steven RAY	Lae	30	May	2015
17=	6.83	Simon KUNAI	Rabaul, NCh	09	Sep	1972
17=	6.83	Robert KARAVA	Port Moresby	02	May	1987
17=	6.83	Rawali BOKUIK	Port Moresby	04	Jun	1994
20	6.81	Noel TAMTU	Lae	17	Dec	2005
21	6.80	Bai MOTTO	Lae	12	Apr	1978
22	6.79	Simon VEVE	Rabaul, NCh	24	Jun	1990
23=	6.77	Alipet VARKUVE	Mt Hagen, NCh	10	May	1981
23=	6.77	Colin ELIAS	Port Moresby	8	May	1993
23=	6.77	Glen HOPPING	Goroka, NCh	08	Jun	1997
26=	6.76	Placid WALEKWATE	Noumea, SPG	13	Dec	1966
26=	6.76	Wilfred AMAI	Port Moresby	30	Oct	1993
26=	6.76	Shaun BABAO	Lae	02	May	1999
26=	6.76	Mong TAVOL	Lae, NCh	17	Jul	2011
30=	6.75	Karoa LERORI	Port Moresby	30	Apr	1994
30=	6.75	Philip BENNIOL	Goroka	04	Jun	1994
32	6.74	David MOMBERGER	Goroka, NCh	22	Jun	1986
33=	6.72	Ali KUVO	Port Moresby	11	May	1985
33=	6.72	Warren EVARA	Goroka, NCh	08	Jun	1997
33=	6.72	Simon BENARI	Lae	15	Jul	2000
36=	6.71	Ronnie CHEE	Mt Hagen, NCh	10	May	1981
36=	6.71	John BINGEDING	Rabaul, NCh	24	Jun	1990

38=	6.70	Lohia RAKA	Port Moresby	01	May	1981
38=	6.70	Clement ABAI	Port Moresby	13	Jun	1998
40	6.68	George VAVINE	Madang	17	Sep	1977
41=	6.67	Toua WILLIE	Goroka, NCh	05	Jul	1987
41=	6.67	Wagi NAVU	Port Moresby	08	May	1999
43	6.66	Thomas KIMBIAN	Kerowagi		Jun	1994
44	6.64	Martin LIRI	Lae	30	May	1987
45	6.64	Alan AKIA	Lae	01	Jul	1994
46=	6.62	Subul BABO	Port Moresby	28	Jun	1992
46=	6.62	David JESSEM	Lae, NCh	17	Jul	2011
46=	6.62	Ben LEVI	Goroka	24	May	2013
46=	6.62	Peniel RICHARD	Lae, NCh	19	Apr	2015
46=	6.62 D	Robson YINAMBE	Port Moresby, PG	13	Jul	2015
51=	6.61	U. KORE	Port Moresby, NCh	14	Jun	1982
51=	6.61	Reginald MONAGI	Goroka	15/7	May	2009
53	6.60	Reginald WOREALEVI	Goroka	15/7	May	2009
54	6.59	Heni KAOA	Rabaul	13	May	1994
55=	6.58	Donsen MERVYN	Goroka	07	Jun	1986
55=	6.58	Benson GUBORO	Rabaul	13	May	1994
57=	6.57	Mowen BOINO	Auckland	26	Dec	2003
57=	6.57	Idau ASIGAU	Lae, PNG Games	26	Nov	2014
57=	6.57	Patrick HOU	Lae, NCh	19	Apr	2015
57=	6.55	Tom MANDUI	Port Moresby	02	Jun	1990
57=	6.55	Jeremiah KATUSELE	Goroka, NCh	08	Aug	1997
62	6.54	Daniel KAPUTIN	Rabaul	27	Jun	1992
63=	6.53	Jack ROKA	Rabaul, NCh	23	Jun	1990
63=	6.53	Charles MANAU	Kimbe	06	Jul	2001
63=	6.53	Karo IGA	Lae, PNG Games	26	Nov	2014
66=	6.52	Meli LIULIU	Malabunga	21	Sep	1995
66=	6.52	Asi TAU	Goroka, NCh	22	Jun	1986
66=	6.52 Oct	Cletus MOSI	Ulapia, NCh	06	Jun	2014
69=	6.51	Henry VUIA	Goroka	25	Jun	1994
69=	6.51	Paul CASPAR	Malabunga	21	Sep	1995
71=	6.50	Maino KILINA	Goroka	26	Apr	1985
71=	6.50	Dalos UMUL	Port Moresby	02	Jun	1990
71=	6.50	John HOU	Port Moresby	28	Jun	1992
71=	6.50	Kingston GAWI	Malabunga	21	Sep	1995
71=	6.50	Jeffrey BAI	Port Moresby, NCh	29	Sep	1996

Wind Assisted

7.32w	Idau ASIGAU	Port Moresby, PG	17	Jul	2015
7.24w	Sandy KATUSELE	Claremont	15	May	2004
7.16w	Henry HOKO	Port Moresby	27	Nov	1993
7.11w	Wilfred AMAI	Port Moresby	09	Oct	1993
7.06w	Peter PULU	Port Moresby	11	Jun	1995
6.94w	Steven RAY	Port Moresby, PG	17	Jul	2015
6.75w	Idau ASIGAU	Gold Coast	06	Jun	2015
6.67w	Wesley TAKAP	Ulapia, NCh	06	Jun	2014
6.64w	Idau ASIGAU	Cairns, OceCh	09	May	2015
6.61w	Patrick HOU	Ulapia, NCh	06	Jun	2014
6.54w	Kelvin POKEL	Ulapia, NCh	06	Jun	2014
6.51w	Peniel JOSHUA	Ulapia, NCh	06	Jun	2014
6.50w	Rex WUAL	Ulapia, NCh	06	Jun	2014

Triple Jump

1	15.30	Mong TAVOL	Los Angeles	09	May	2010
2	15.11	Evan IEWAGO	Brisbane	08	Dec	1973
3	15.01	Peiwa WAEA	Pirae, SPG	13	Sep	1971
4	14.82	Sandy KATUSELE	Apia OceCup	26	Jun	2003
	14.79	<i>Evan IEWAGO</i>	<i>Port Moresby</i>	16	May	1975
	14.75	<i>Sandy KATUSELE</i>	<i>Azusa</i>	10	Apr	2004

5	14.75	Sandy KATUSELE	Lae	30	Jul	2007
	14.72	Kila RAULA	Lae, NCh	09	Sep	1973
	14.70	Sandy KATUSELE	Townsville	12	Dec	2004
	14.68	Peiwa WAEA	Port Moresby	27	Aug	1971
6	14.66	Mong TAVOL	Ulapia, NCh	13	Jul	2013
	14.64	Peiwa WAEA	Madang	21	Sep	1974
	14.63	Peniel RICHARD	Port Moresby, PG	14	Jul	2015
	14.59	Evan IEWAGO	Madang	21	Sep	1974
	14.59	Sandy KATUSELE	Lae	27	Apr	2003
	14.56	Peiwa WAEA	Lae	17	Jun	1979
	14.56	Mong TAVOL	Irvine	02	May	2010
	14.54	Peiwa WAEA	Port Moresby	16	May	1975
	14.52	Sandy KATUSELE	Claremont	25	Mar	2004
	14.52	Peniel RICHARD	Lae, NCh	19	Apr	2015
14.50	Peiwa WAEA	Port Moresby	11	Aug	1973	
14.48	Mong TAVOL	Azusa	15/6	Apr	2010	

(Top 22 performances by 6 different athletes)

7	14.43	Leroy MURIKI	Lae	02	May	1999
8	14.41	David ERI	Brisbane	23	Mar	2001
9	14.17	Martin LIRI	Goroka	24	May	1986
10	14.15	Kelvin POKEL	Lae, PNG Games	22	Nov	2014
11	14.16	Ila MARI	Lae, NCh	18	Sep	1976
12	14.04	Pius LONDRON	Lae, NCh	17	Jun	1979
13=	14.02	Heano OFORO	Port Moresby	02	Jul	1971
13=	14.02	Edward BAI	Lae, NCh	04	Jul	1992
15	13.97	Rawali BOKUIK	Port Moresby	04	Jun	1994
16	13.96	Reginald MONAGI	Sydney	12	Mar	2010
17	13.95	Ferdinand NONGKAS	Port Moresby, NCh	22	Jul	1991
18	13.92	Patrick HOU	Lae	19	Apr	2015
19	13.82	Simon KUNAI	Port Moresby	06	Jul	1973
20	13.80	Teni OKEA	Port Moresby	20	May	1995
21	13.78	Lohia RAKA	Port Moresby, NCh	14	Jun	1982
22	13.77	Hapo MALIAKI	Port Moresby, NCh	28	Sep	1996
23=	13.72	Vali LEKA	Port Moresby, NCh	12	Jun	1971
23=	13.72	Michael TOMUN	Lae, NCh	18	Sep	1976
25	13.70	Wesley PIRIT	Lae, NCh	28	Sep	2002
26	13.67	Noel TAMTU	Townsville	21	Sep	2005
27	13.66	Simon BENARI	Lae, NCh	28	Sep	2002
28	13.63	Henry HOKO	Port Moresby, NCh	22	Jul	1991
29	13.62	Ben LEVI	Ulapia, PNG Games	26	Nov	2012
30	13.61	Graham MAILEI	Goroka, NCh	21	Jun	1986
31	13.58	Diat PASSINGAN	Lae	22	Sep	2012
32	13.54	Tolake SIUME	Port Moresby, NCh	20	Jul	1991
33	13.50	Alex DOU	Lae, NCh	28	Sep	2002
34	13.46	Lloyd BURENG	Lae, NCh	30	Jun	2007
35	13.44	A. TOLOM	Port Moresby	25	May	1963
36	13.44	Daniel BAILEY	Lae, NCh	15	Nov	2004
37	13.42	Mikes ARERE	Port Moresby	04	Jun	1988
38=	13.41	Chris KAINES	Lae	15	Jun	1991
38=	13.41	Simon VEVE	Port Moresby, NCh	22	Jul	1991
40	13.40	Ronnie CHEE	Lae	24	Apr	1983
41	13.39	Elijah TRAVIS	Lae, NCh	30	Jun	2007
42=	13.36	David YAMA	Mt Hagen, NCh	09	May	1981
42=	13.36	Nicholas MEK	Port Moresby	02	Oct	1999
44	13.32	Peter BRAY	Vunakanau	26/7	May	2004
45	13.30	Roy SORAME Jnr	Port Moresby	26	Nov	2009
46	13.26	John MAYANG	Lae, NCh	01	Jul	1994
47	13.25	Alan AKIA	Lae, NCh	01	Jul	1994
48=	13.23	John BOINO	Noumea, SPG	16	Dec	1987
48=	13.23	Mathew ARU	Goroka	04	Jun	1988

50	13.21	Tioti SENO	Port Moresby, NCh	22	Jul	1991
51	13.20	Lison SALLE	Goroka	29	Jun	1991
Wind Assisted						
	15.31w	Evan IEWAGO	Brisbane	08	Dec	1973
	15.22w	Peniel RICHARD	Port Moresby, PG	14	Jul	2015
	14.81w	Peniel RICHARD	Cairns, OceCh	10	May	2015
	14.71w	Peniel RICHARD	Brisbane	08	Mar	2015
	14.49w	Peniel RICHARD	Brisbane	14	Feb	2015
	14.40w	Peniel RICHARD	Brisbane	24	Mar	2015
	14:34w	Patrick HOU	Port Moresby, PG	14	Jul	2015
	14.22w	Mong TAVOL	Port Moresby, PG	14	Jul	2015
	14.11w	Peniel RICHARD	Ulapia, NCh	07	Jun	2014
	13.90w	Patrick HOU	Tereora, OceCh	26	Jun	2014
	13.64w	Patrick HOU	Ulapia, NCh	07	Jun	2014
	13.63w	Kelvin POKEL	Ulapia, NCh	07	Jun	2014
<u>Shot Putt</u>						
1	15.15	De'bono PARAKA	Port Moresby	19	Jun	2015
	<i>15.07</i>	<i>De'bono PARAKA</i>	<i>Lae</i>	<i>07</i>	<i>Mar</i>	<i>2015</i>
	<i>14.96</i>	<i>De'bono PARAKA</i>	<i>Port Moresby, PG</i>	<i>17</i>	<i>Jul</i>	<i>2015</i>
2	14.45m	Erich MOMBERGER	Denton, Tx	24	Apr	2008
	<i>14.10</i>	<i>De'bono PARAKA</i>	<i>Lae, NCh</i>	<i>18</i>	<i>Apr</i>	<i>2015</i>
	<i>13.88 i</i>	<i>Eric MOMBERGER</i>	<i>Pittsburgh, Kansas</i>	<i>19</i>	<i>Jan</i>	<i>1991</i>
	<i>13.80 D</i>	<i>Eric MOMBERGER</i>	<i>Abbstford, BC</i>	<i>22</i>	<i>May</i>	<i>1992</i>
	<i>13.79</i>	<i>Eric MOMBERGER</i>	<i>Oklahoma City</i>	<i>19</i>	<i>Apr</i>	<i>1992</i>
	<i>13.57D</i>	<i>Eric MOMBERGER</i>	<i>Barcelona, OG</i>	<i>05</i>	<i>Aug</i>	<i>1992</i>
	<i>13.54</i>	<i>De'bono PARAKA</i>	<i>Lae</i>	<i>30</i>	<i>May</i>	<i>2015</i>
	<i>13.48D</i>	<i>Eric MOMBERGER</i>	<i>Emmitsburg, MD</i>	<i>27</i>	<i>Jun</i>	<i>1992</i>
	<i>13.35D</i>	<i>Eric MOMBERGER</i>	<i>Shawnee</i>	<i>09</i>	<i>Jun</i>	<i>1990</i>
	<i>13.28D</i>	<i>Eric MOMBERGER</i>	<i>Stephenville, Texas</i>	<i>23</i>	<i>May</i>	<i>1991</i>
	<i>13.12</i>	<i>De'bono PARAKA</i>	<i>Port Moresby</i>	<i>18-20</i>	<i>Sep</i>	<i>2015</i>
3	13.01	David LOTH	Madang	23	May	1980
	<i>13.00</i>	<i>De'bono PARAKA</i>	<i>Lae, PNG Games</i>	<i>25</i>	<i>Nov</i>	<i>2013</i>
	<i>12.93 D</i>	<i>Eric MOMBERGER</i>	<i>Oklahoma City</i>	<i>23</i>	<i>Apr</i>	<i>1992</i>
	<i>12.75</i>	<i>Eric MOMBERGER</i>	<i>Port Moresby</i>	<i>19</i>	<i>Sep</i>	<i>1987</i>
4	12.74	John WAI	Goroka, NCh	4	Jul	1993
	<i>12.66</i>	<i>Eric MOMBERGER</i>	<i>Lae</i>	<i>28</i>	<i>May</i>	<i>1988</i>
5	12.60	Simon BENARI	Rabaul	4	Aug	2012
	<i>12.57</i>	<i>De'bono PARAKA</i>	<i>Lae, PNG Games</i>	<i>22</i>	<i>Nov</i>	<i>2014</i>
	<i>12.53</i>	<i>Eric MOMBERGER</i>	<i>Oklahoma City</i>	<i>05</i>	<i>Apr</i>	<i>2008</i>
6	12.52	Joe MALTS	Madang	09	Aug	1976
	<i>12.43</i>	<i>Eric MOMBERGER</i>	<i>Oklahoma City</i>	<i>04</i>	<i>Apr</i>	<i>2009</i>
	<i>12.42</i>	<i>De'bono PARAKA</i>	<i>Ulapia, NCh</i>	<i>08</i>	<i>Jun</i>	<i>2014</i>
	<i>12.31</i>	<i>David LOTH</i>	<i>Goroka, NCh</i>	<i>04</i>	<i>Jul</i>	<i>1987</i>
	<i>12.30</i>	<i>De'bono PARAKA</i>	<i>Ulapia</i>	<i>28</i>	<i>Jan</i>	<i>2014</i>
	<i>12.29</i>	<i>Simon BENARI</i>	<i>Rabaul</i>	<i>24</i>	<i>Mar</i>	<i>2012</i>
7	12.28	Misikarum MASUN	Port Moresby, SPG	15	Aug	1969
	<i>12.23</i>	<i>David LOTH</i>	<i>Goroka, NCh</i>	<i>21</i>	<i>Jun</i>	<i>1986</i>
8	12.22	Vuega KILA	Port Moresby, NCh	14	Oct	1967
(Top 32 performances by 8 different athletes)						
9	12.21	Lison SALLE	Port Moresby, NCh	20	Jul	1991
10	12.15	Martin YAKOPU	Madang	09	Aug	1976
11	12.04	John KAPUTIN	Port Moresby	07	Jul	1962
12	12.00	Semi VUIA	Rabaul	14	Jul	2012
13	11.94	Peni PANG	Madang	09	Aug	1976
14	11.92	Mason KANGA	Rabaul	11	Aug	2012
15	11.77	John TOM	Lae, NCh	18	Apr	2015
16	11.75 D	Raki LEKA	Pirae, SPG	14	Sep	1971
17	11.70 D	Ferdinand NONGKAS	Port Moresby, SPG	17	Sep	1991
18=	11.66	Kepas TOVILL	Port Moresby, NCh	07	Jun	1971

18=	11.66	Vipi SEJUK	Port Moresby			1988
18=	11.66 Oct	Chris JOHNS	Lae		Sep	2005
21	11.62	Samuel TOMMY	Rabaul	24	Mar	2012
22	11.55	Eremas KUBAU	Rabaul	18	Sep	1979
23	11.47	Mason KANGA	Rabaul	04	Aug	2012
24	11.45	J. TAIYA	Lae	15	Feb	1978
25	11.45	Stanis	Rabaul	03	Jun	1979
26	11.44	John RARAU	Rabaul	30	Apr	1994
27	11.28	Vincent GAGMA	Rabaul	20	Apr	1991
28	11.27	P. KAPSON	Port Moresby	06	May	1992
29	11.13	Isimel MARNAPAL	Rabaul	15	Jun	1991
30	11.11	Dom ALBERT	Lae, NCh	02	Jul	1995
31	11.08 Oct	Reginald MONAGI	Ulapia, NCh	06	Jun	2014
32	11.06	Tolo IGO	Port Moresby	3	Apr	1993
33=	11.02	Joe KATIWA	Asaroka	13	Jun	1987
33=	11.02	Thomas TAMA	Port Moresby	20	Mar	1993

Albert KARO has been removed from the list above as it has been discovered that he is not a PNG citizen. If he obtains PNG citizenship his performances from that date will be added to the list.

Discus

1	49.72	De'bono PARAKA	Lae	30	May	2015
	<i>49.01</i>	<i>De'bono PARAKA</i>	<i>Lae, NCh</i>	<i>19</i>	<i>Apr</i>	<i>2015</i>
	<i>48.24</i>	<i>De'bono PARAKA</i>	<i>Port Moresby</i>	<i>31</i>	<i>May</i>	<i>2014</i>
	<i>47.13</i>	<i>De'bono PARAKA</i>	<i>Port Moresby, PG</i>	<i>14</i>	<i>Jul</i>	<i>2015</i>
2	45.62 D	Eric MOMBERGER	Norman, USA	12	Apr	1990
	<i>44.96 D</i>	<i>Eric MOMBERGER</i>	<i>Stephenville, Texas</i>	<i>24</i>	<i>May</i>	<i>1991</i>
	<i>44.50</i>	<i>De'bono PARAKA</i>	<i>Gerehu</i>	<i>10</i>	<i>May</i>	<i>2014</i>
	<i>44.03</i>	<i>De'bono PARAKA</i>	<i>Ulapia</i>	<i>03</i>	<i>Feb</i>	<i>2014</i>
	<i>43.75</i>	<i>De'bono PARAKA</i>	<i>Port Moresby</i>	<i>18-20</i>	<i>Sep</i>	<i>2015</i>
	<i>43.02</i>	<i>De'bono PARAKA</i>	<i>Port Moresby</i>		<i>Dec</i>	<i>2013</i>
	<i>42.90</i>	<i>De'bono PARAKA</i>	<i>Ulapia, NCh</i>	<i>07</i>	<i>Jun</i>	<i>2014</i>
	<i>42.42</i>	<i>De'bono PARAKA</i>	<i>Port Moresby</i>	<i>24</i>	<i>May</i>	<i>2014</i>
	<i>42.16 D</i>	<i>Eric MOMBERGER</i>	<i>Shawnee</i>	<i>10</i>	<i>Jun</i>	<i>1990</i>
	<i>42.14</i>	<i>Eric MOMBERGER</i>	<i>Oklahoma City</i>	<i>18</i>	<i>Apr</i>	<i>1992</i>
	<i>41.62 D</i>	<i>Eric MOMBERGER</i>	<i>Oklahoma City</i>	<i>24</i>	<i>Apr</i>	<i>1992</i>
	<i>41.20</i>	<i>De'bono PARAKA</i>	<i>Ulapia</i>	<i>30</i>	<i>Jan</i>	<i>2014</i>
3	40.34	Misikarum MASUN	Port Moresby	18	Jul	1969
	<i>39.82</i>	<i>De'bono PARAKA</i>	<i>Lae, PNG Games</i>	<i>25</i>	<i>Nov</i>	<i>2014</i>
	<i>39.78</i>	<i>Eric MOMBERGER</i>	<i>Noumea, SPG</i>	<i>11</i>	<i>Dec</i>	<i>1987</i>
	<i>39.65</i>	<i>De'bono PARAKA</i>	<i>Lae, PNG Games</i>	<i>24</i>	<i>Nov</i>	<i>2014</i>
4	39.62	James TINGERA	Port Moresby	30	Jun	1991
	<i>39.52 D</i>	<i>Eric MOMBERGER</i>	<i>Barcelona, OG</i>	<i>06</i>	<i>Aug</i>	<i>1992</i>
	<i>39.44</i>	<i>James TINGERA</i>	<i>Port Moresby</i>	<i>07</i>	<i>May</i>	<i>1988</i>
	<i>39.11</i>	<i>Eric MOMBERGER</i>	<i>Oklahoma City</i>	<i>05</i>	<i>Apr</i>	<i>2008</i>
	<i>38.99</i>	<i>Eric MOMBERGER</i>	<i>West Chester, PA</i>	<i>07</i>	<i>Jul</i>	<i>2007</i>
5	38.73	Reginald MONAGI	Ulapia, PNG Games	27	Nov	2012
	<i>38.64 D</i>	<i>Eric MOMBERGER</i>	<i>Emmitsburg</i>	<i>28</i>	<i>Jun</i>	<i>1992</i>
6	38.58	David LOTH	Goroka, NCh		Jun	1986
7=	38.40	Shem PAKE	Port Moresby	07	Sep	1974
7=	38.40	Vipi SEJUK	Port Moresby	15	Jun	1991
	<i>38.40</i>	<i>De'bono PARAKA</i>	<i>Gerehu</i>	<i>27</i>	<i>Apr</i>	<i>2014</i>
	<i>38.20</i>	<i>Eric MOMBERGER</i>	<i>Port Moresby</i>			<i>1988</i>
	<i>37.97</i>	<i>Eric MOMBERGER</i>	<i>Ypsilanti</i>	<i>16</i>	<i>Jun</i>	<i>2007</i>
	<i>37.84</i>	<i>Eric MOMBERGER</i>	<i>Denton</i>	<i>24</i>	<i>Apr</i>	<i>2004</i>
9	37.58	Frank HIOB	Lae, NCh	06	Oct	1962
	<i>37.44</i>	<i>Vipi SEJUK</i>	<i>Port Vila, MSPG</i>	<i>12</i>	<i>Dec</i>	<i>1993</i>
	<i>37.34</i>	<i>De'bono PARAKA</i>	<i>Gerehu</i>	<i>03</i>	<i>May</i>	<i>2014</i>
10	37.23	Moses MERIMBA	Lae, NCh	11/3	Aug	2000
	(Top 38 performances by 10 different athletes)					
11	36.38	John WAI	Lae	13	Nov	1993

12	36.00	Camillus GIGMAI	Ulapia, NCh	07	Jun	2014
13	35.82	John RARAU	Rabaul, NCh	10	Sep	1972
14	35.63	Lison SALLE	Port Moresby, NCh	22	Jul	1991
15	35.62	Peter BOGOSIA	Lae, NCh	09	Sep	1973
16	35.06	Paul ARTHUR	Port Moresby	18	May	1985
17	34.95	Vincent GAGMA	Port Moresby, NCh	22	Jul	1991

Albert KARO has been removed from the list above as it has been discovered that he is not a PNG citizen. If he obtains PNG citizenship his performances from that date will be added to the list.

Javelin (1986 Model)

1	58.62	Albert MOMBERGER	Port Moresby	27	Apr	1991
2	57.80	Lison SALLE	Goroka	29	Jun	1991
	<i>57.74</i>	<i>Lison SALLE</i>	<i>Goroka, NCh</i>	<i>3</i>	<i>Jul</i>	<i>1993</i>
3	57.62	Simon BENARI	Vuvu	7	Jul	2012
	<i>57.54</i>	<i>Simon BENARI</i>	<i>Rabaul</i>	<i>25</i>	<i>Aug</i>	<i>2012</i>
	<i>57.13</i>	<i>Simon BENARI</i>	<i>Lae</i>	<i>28</i>	<i>Sep</i>	<i>2002</i>
	<i>56.96</i>	<i>Simon BENARI</i>	<i>Townsville</i>	<i>21</i>	<i>May</i>	<i>2005</i>
	<i>56.44</i>	<i>Albert MOMBERGER</i>	<i>Canberra</i>	<i>10</i>	<i>Dec</i>	<i>1988</i>
4	56.34	Slater KURUM	Port Moresby, PG	13	Jul	2015
	<i>56.22</i>	<i>Albert MOMBERGER</i>	<i>Brisbane</i>	<i>11</i>	<i>Dec</i>	<i>1987</i>
5	56.07	Royson YOWI	Lae, NCh	28	Jun	2009
6	56.01	Timothy MAGGIE	Lae, PNG Games	26	Nov	2014
7	55.25	Yoiper ONOMA	Darwin, ASF	10	May	2009
	<i>54.48</i>	<i>Simon BENARI</i>	<i>Vunakanau</i>	<i>20/1</i>	<i>May</i>	<i>1989</i>
	<i>54.36</i>	<i>Lison SALLE</i>	<i>Goroka</i>	<i>16</i>	<i>May</i>	<i>1992</i>
8	54.34	Thomas TAMA	Port Moresby	13	Jun	1992
	<i>54.20</i>	<i>Lison SALLE</i>	<i>Port Moresby</i>	<i>16</i>	<i>May</i>	<i>1992</i>
	<i>54.04</i>	<i>Thomas TAMA</i>	<i>Port Moresby</i>	<i>06</i>	<i>Jun</i>	<i>1992</i>
	<i>53.90</i>	<i>Lison SALLE</i>	<i>Port Moresby</i>	<i>14</i>	<i>Mar</i>	<i>1993</i>
9	53.82	Manly WATABAR	Lae, NCh	16	Aug	1998
10	53.72	Richard LERORI	Wellington, NCh	08	Mar	1987
	<i>53.59</i>	<i>Timothy MAGGIE</i>	<i>Lae, PNG Games</i>	<i>24</i>	<i>Nov</i>	<i>2014</i>
	<i>53.52</i>	<i>Slater KURUM</i>	<i>Gerehu</i>	<i>03</i>	<i>May</i>	<i>2014</i>
	<i>53.46</i>	<i>Simon BENARI</i>	<i>Lae</i>	<i>22/4</i>	<i>Sep</i>	<i>2006</i>
11	53.46	Nickson FRED	Vuvu	07	Jul	2012
	<i>53.20</i>	<i>Lison SALLE</i>	<i>Rabaul</i>	<i>24</i>	<i>Jun</i>	<i>1990</i>
	<i>53.20</i>	<i>Simon BENARI</i>	<i>Kavieng</i>	<i>06</i>	<i>Jul</i>	<i>2013</i>
12	53.20	Cletus MOSI	Lae	28	Feb	2015
	<i>53.25</i>	<i>Cletus MOSI</i>	<i>Goroka</i>	<i>25-27</i>	<i>Sep</i>	<i>2015</i>
	<i>53.13</i>	<i>Royson YOWI</i>	<i>Lae</i>	<i>12/4</i>	<i>Sep</i>	<i>2008</i>
	<i>53.11</i>	<i>Slater KURUM</i>	<i>Lae, PNG Games</i>	<i>26</i>	<i>Nov</i>	<i>2014</i>
13	53.06	Eric MOMBERGER	Shawnee OKI USA	10	Jun	1990
	(Top 32 performances by 13 different athletes)					
14	52.96	Vincent GAGMA	Port Moresby, SPG	19	Sep	1991
15	52.64	Uvisa AVOI	Port Moresby	29	Jun	1991
16	52.62	Ferdinand NONGKAS	Goroka	01	Jun	1991
17	52.42	Bernard MAINAM	Rabaul	16	May	1992
18	52.26	Max GIRU	Rabaul	12	Jun	1994
19	51.92	Dalton NAMURI	Port Moresby	28	Sep	1996
20	51.71	Methodius PUSLA	Lae, PNG Games	24	Nov	2014
21	51.27	Sico ANDREWS	Rabaul	08	Jun	1991
22	51.24	Thompson HAROKAVE	Lae, NCh	01	Jul	1994
23	51.22	Charles MANAU	Vunakanau	31	Aug	2002
24	51.16	Taku SAM	Goroka	29	Jun	1991
25	50.98	Grayson KONI	Lae, PNG Games	24	Nov	2014
26	50.94	Henry HOKO	Goroka	03	Jul	1993
27	50.00	Akuila PENNIE	Lae	01	Jul	2007

Hammer Throw

1	34.68	Vipi SEJUK	Port Vila, MSPG	10 Dec 1993
	<i>33.72</i>	<i>Vipi SEJUK</i>	<i>Port Moresby</i>	<i>05 Jun 1993</i>
	<i>33.10</i>	<i>Vipi SEJUK</i>	<i>Port Moresby</i>	<i>31 Aug 1991</i>
	<i>32.34</i>	<i>Vipi SEJUK</i>	<i>Port Moresby</i>	<i>27 Nov 1993</i>
	<i>31.62</i>	<i>Vipi SEJUK</i>	<i>Port Moresby</i>	<i>30 Oct 1993</i>
2	24.08	Steve LAENA	Port Moresby	14 Sep 1990
3	21.19	Kepas TOVILL	Port Moresby	08 Jun 1969
4	17.15	Sandy KATUSELE	Townsville	30 Mar 2003

(Top 8 performances by 4 different athletes)

Octathlon

1	4992	Reginald MONAGI	Lae, NCh	17 Jul 2011
	(11.2, 6.35m, 9.95m, 53.2, 15.8, 1.86m, 41.75m, 3:13.5)			
2	4579	Cletus MOSI	Tereora, OceCh	25 Jun 2014
	(11.58, 6.08, 9.85, 57.75/ 17.06, 1.60, 51.52, 3:09.20)			
3	4453	Robson YINAMBE	Ulapia, NCh	07 Jun 2014
	(12.06, 5.53, 8.40, 53.14 / 17.09, 1.65, 46.10, 3:05.53)			
	<i>4373</i>	<i>Cletus MOSI</i>	<i>Ulapia, NCh</i>	<i>07 Jun 2014</i>
	<i>(12.24, 6.52, 10.18, 55.55 / 19.08, 1.65, 49.07, 3:19.17)</i>			
	<i>4280</i>	<i>Robson YINAMBE</i>	<i>Tereora, OceCh</i>	<i>25 Jun 2014</i>
	<i>(11.70, 5.60, 9.08, 57.75 / 21.37, 1.75, 43.91, 3:00.81)</i>			
	<i>3667</i>	<i>Robson YINAMBE</i>	<i>Ulapia</i>	<i>30 Nov 2102</i>
	<i>(12.93, 8.31m, 1.60m, 54.27 / 20.15, 5.40m, 39.09m, 3:19.81)</i>			
4	3638	Raymond BOGA	Ulapia	30 Nov 2012
	(12.59, 7.85m, 1.80m, 58.18, 20.07, 5.55m, 41.40m, 3:38.21)			
5	3140	Robert GEZARE	Ulapia	30 Nov 2012
	(12.51, 9.76m, nh, 58.98, 20.95, 5.65m, 40.03m, 3:25.94)			
6	3010	Simon BENARI	Ulapia	30 Nov 2012
	(13.87, 10.43m, 1.70m, 69.66m, 25.11, 5.28m, 51.80m, 3:34.43)			

The following performances from the 2014 PNG Games are noteworthy but cannot be incorporated into the list above because the 110mH times were made with 91cm high hurdles. The hurdle height for senior athletes should be 1.06m.

5185 pts	Robson YINAMBE	Lae, PNG Games	25 Nov 2012
	(11.40, 9.96, 1.80, 50.28 / 15.50, 5.83, 40.65, 2:55.71)		
4751 pts	Cletus MOSI	Lae, PNG Games	25 Nov 2012
	(11.89, 9.69, 1.62, 53.82 / 15.85, 6.17, 44.79, 3:6.95)		
4253 pts	David STEGMAN	Lae, PNG Games	25 Nov 2012
	(11.70, 8.29, 1.62, 52.91 / 17.35, 5.52, 31.08, 3:06.04)		
4185 pts	Manuel PENI	Lae, PNG Games	25 Nov 2012
	(11.55, 9.05, 1.62, 52.51 / 18.89, 5.38, 32.96, 3:07.66)		
4129 pts	Alan KITAUN	Lae, PNG Games	25 Nov 2012
	(11.95, 7.28, 1.53, 51.81 / 17.73, 5.32, 30.03, 2:55.85)		
4108 pts	Poiya VAGI	Lae, PNG Games	25 Nov 2012
	(12.16, 5.72, 1.58, 52.41 / 18.79, 5.53, 38.95, 2:53.85)		
4031 pts	Alfred ALOMETER	Lae, PNG Games	25 Nov 2012
	(12.12, 8.18, 1.56, 56.64 / 18.79, 5.80, 34.53, 3:02.55)		
3731 pts	Reginald MONAGI	Lae, PNG Games	25 Nov 2012
	(11.97, 10.96, 1.74, 69.72 / 15.73, 5.52, 46.68, 4:45.10)		
3533 pts	Sadwick BUANGA	Lae, PNG Games	25 Nov 2012
	(11.74, 7.17, nh, 53.55 / 19.23, 5.55, 30.40, 3:02.00)		
3204 pts	Cairo PERUKA	Lae, PNG Games	25 Nov 2012
	(12.11, 9.93, 1.65, 61.73 / nm, 5.40, 47.81, 3:51.66)		

Decathlon (1985 Tables - New Javelin)

1	7178 pts	Eric MOMBERGER	Emmitsburg, USA	27-28 Jun 1992
	(11.07, 13.43, 1.93, 6.91, 50.10 / 15.63, 38.62, 4.00, 52.20, 4:46.02)			
	<i>6982pts</i>	<i>Eric MOMBERGER</i>	<i>Chickasha, OK</i>	<i>8-9 Mar 1991</i>
	<i>6893pts</i>	<i>Eric MOMBERGER</i>	<i>Stephenville, TX</i>	<i>23-4 May 1991</i>
	<i>6871pts</i>	<i>Eric MOMBERGER</i>	<i>Shawnee</i>	<i>9-10 Jun 1990</i>
	<i>(11.3, 6.55, 13.35, 1.87, 51.7/16.3, 42.16, 3.96, 53.06, 4:53.4)</i>			

	6780pts	<i>Eric MOMBERGER</i>	<i>Barcelona, OG</i>	<i>5-6 Aug</i>	<i>1992</i>
	(11.55, 6.63, 13.57, 1.88, 51.78 / 16.68, 39.52, 4.20, 52.24, 4:46.64)				
	6679pts	<i>Eric MOMBERGER</i>	<i>Oklahoma City</i>	<i>23-4 May</i>	<i>1992</i>
2	6362 pts*	Raki LEKA	Pirae, SPG	14-15 Sep	1971
	(11.37, 6.50m, 11.75m, 1.75m, 51.8 / 14.84, 29.82m, 3.00m, 49.16m, 4:33.9)				
3	6288 pts	Robson YINAMBE	Port Moresby, PG	14 Jul	2015
	(11.37 [-4.3], 6.62 [+1.4], 10.25, 1.93, 51.05 / 16.28 [-3.1], 31.07, 3.40, 48.94, 5:00.54)				
	6190pts	<i>Eric MOMBERGER</i>	<i>Nuku'alofa, MSPG</i>	<i>25-6 Aug</i>	<i>1989</i>
	(11.75, 6.52, 12.53, 1.83, 52.88 / 16.62, 36.92, 3.20, 47.52, 4:55.94)				
4	6092 pts	Ferdinand NONGKAS	Nuku'alofa, MSPG	25-6 Aug	1989
	(11.33, 6.96, 11.47, 1.80, 52.47 / 16.32, 30.50, 2.80, 50.80, 5:08.75)				
	6031 pts#	Raki LEKA	Port Moresby, SPG	20 Aug	1969
	(11.8, 6.35, 10.23, 1.72, 52.7 / 16.1, 33.34, 54.00, 4:35.9)				
	5976 pts*	<i>Eric MOMBERGER</i>	<i>Port Moresby</i>	<i>03 Jul</i>	<i>1988</i>
	5869 pts	Ferdinand NONGKAS	Auckland, CG	28-9 Jan	1990
	(11.20, 6.58, 10.97, 1.78, 51.80 / 16.41, 29.42, 2.50, 50.10, 5:15.06)				
	5796 pts	<i>Eric MOMBERGER</i>	<i>Goroka</i>	<i>20-1 May</i>	<i>1989</i>
	5724 pts	Ferdinand NONGKAS	Brisbane	04-5 Feb	1989
	5722 pts	Ferdinand NONGKAS	Noumea, SPG	10-1 Dec	1987
	(11.37, 6.35, 9.81, 1.79, 52.46 / 17.25, 29.56, 3.30, 43.54, 5:10.41)				
	5775 pts	Robson YINAMBE	Brisbane, NCh	27 Mar	2015
	(11.21 (+2.9), 6.28 (+1.8), 8.71, 1.81, 51.22 / 16.06 (-0.4), 27.31, 2.90, 46.35, 5:09.99)				
5	5705 pts	Simon BENARI	Townsville	25 Sep	2005
	(12.06, 6.22, 10.94, 1.83, 53.27 / 3.30, 52.13, ?, ?, ?)				
6	5637pts*	Mamena BOWALIYA	Suva, SPG	6-7 Sep	1979
	(11.78, 6.09m, 10.58m, 1.72m, 51.28 / 17.39, 21.84m, 2.90m, 54.16m, 4:48.79)				
	5559pts	Ferdinand NONGKAS	Goroka	20-1 May	1989
	5522pts	Robson YINAMBE	Cairns, OceCh	09 May	2015
	(11.40 [-0.3], 5.68 [+1.4], 9.12, 1.72, 50.25 / 16.15 [-1.1], 28.35, 2.50, 43.13, 5:00.87)				
	5442pts	<i>Eric MOMBERGER</i>	<i>Noumea</i>	<i>18 Dec</i>	<i>1987</i>
	(11.67 [+1.94], 4.53 [+2.58], 12.15, 1.73, 51.82 / 16.95 [-2.22], 36.32, 2.50, 42.36, 4:57.40)				
	(Top 22 performances by 6 different athletes)				
7	5413 pts**	Kila RAULA	Port Moresby, NCh	7-8 Jun	1969
	(11.4, 6.97m, ?, 1.73m, 53.7 / second day's performances not known)				
8	5311 pts	Cletus MOSI	Gold Coast	8-9 Nov	2014
	(11.61, 6.17, 8.33, 1.68, 54.24 / 17.35, 30.03, 2.90, 47.67, 5:16.52)				
9	5277 pts*	Richard LERORI	Port Moresby, NCh	03 Jul	1988
10	5207	Reginald MONAGI	Noumea, PG	07 Sep	2011
	(11.63, 6.24, 9.79, 1.85, 54.20 / 16.67, 31.57, 3.30, 42.86, dnf)				
11	5143 pts**	Neville VITAH	Rabaul, NCh	9-10 Sep	1972
12	5027 pts**	Francis GARE	Madang, NCh	21-2 Sep	1974
13	4591 pts**	Simon APEA	Rabaul, NCh	12-4 Sep	1970
14	4506 pts	Thomas TAMA	Brisbane	15 Oct	1991

* Using the pre 1986 Javelin, but scored using the current Tables

** Scored using the pre-1985 Tables and using the pre-1986 Javelin

Originally 6185 points on the old tables.

Lists up to date as of 9th January, 2016

ALL CORRECTIONS AND ADDITIONS TO *ATHLETICS PNG* WHO WILL FORWARD THEM TO THE
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Many more performances will be added to the lists as old results and ranking lists come to light and are examined.

The "Top 20+" performances have been included for standard events, and for events 400m and shorter for only the fully-automatic timing.

