

## National Championship 2015

### Sponsors



## NSW State Championship 2015/16

### Major Sponsor



### Race Sponsor



## Manly Junior Sailing Association Of New South Wales

### Regatta Wrap

Catch up on the results after round 2 of the [NSW State Championship](#) and see the round 2 regatta wrap on the [states event page](#).

### Nationals

Entry is now [open online](#). Visit the MJ website for the [Notice of Race](#), [welcome letter](#) and [venue information](#). Late fee applies to registration after Tues 22 Dec.

### States Round 3 Point Wolstoncroft

Round 3 is on 13 – 14<sup>th</sup> February at Point Wolstoncroft Sport Centre, Lake Macquarie. Accommodation bookings will open online soon. See the [venue information](#) page on the website or page 2 of this newsletter for more details.

### Venue medical and dietary requirements declaration form

Point Wolstoncroft have a change of process this year and require a [medical and dietary form](#) be completed by 1 Feb 2016 for everybody staying at the venue including parents, families and friends. Our event booking number (needed for the form) is 0470142, the event start date is 12/02/2016 and the event location is Point Wolstoncroft Sport and Recreation Centre. Some contact details are also required.

### Video Competition

Get your family or friends to help you make a 1 minute instructional video and submit it by Round 3 for the chance to win a great prize. Check out last years entries on the [MJ website](#) or our [YouTube channel](#). See page 3 for more details.

### Teams Challenge

The [MYC Junior Challenge Trophy](#) is back. Middle Harbour are hosting a teams race event in March. It's a huge trophy last won by RMYC in 2005. Will your club be the next winner?



### Welcome Woolwich Sailing School

Did you know that [Woolwich Sailing School](#) uses Manly Juniors as their training boat? They affiliated with the MJ Association this year and have 3 MJ's competing in the novice division. They will also be at Nationals. Please make them welcome.

### MJ to Olympics

[Lisa Darmanian](#) and [Jason Waterhouse](#) have been selected as [Australia's representatives in the Nacra class](#) for the Olympics. Both are ex-MJ sailors. Lisa started out in MJ's at Manly Skiff 16ft Club and is the current Australian Female Sailor of the Year. She will visit us at Manly during the Nationals!

### Annual General Meetings

The National Association AGM will be held on Tues 29 December at Manly 16ft Skiff Club. The State Association AGM on Wed 11 May 2016 7:30pm at the Middle Harbour 16' Skiff Sailing Club. Please support our Associations and consider a role.

### What can I help with?

Publicity officer and photographer needed. We also need a Rookie co-ordinator for Round 3. If you have photos to share, send a link to [manly.junior@gmail.com](mailto:manly.junior@gmail.com). We are also seeking a sponsor for our video competition.

# Point Woolie – are you ready?

## States Rnd 3 – Point Wolstoncroft Sport Centre

Kanangra Drive, Gwandalan NSW 2259

Round 3 of the 2014-15 MJ States is at the magnificent NSW Sports and Recreation camp [Point Wolstoncroft](#) on scenic Lake Macquarie.

Dates: **Sat 13th Feb & Sun 14th Feb** (arrive Friday 12th from 3pm)

What do I need to do:

- Complete [dietary and medial consent](#) (required for all attendees) Code 0470142, Start date 12/02/2016.
- Book Accommodation via TryBooking (opening soon)
- Event entry for Rookies and Casual entries only - if you entered at Round 1 that covered all 3 rounds

Accommodation available on-site. Prices include meals from Friday evening through to lunch Sunday.

Adult	\$ 192
Child 5-17	\$ 145
Child under 5	nil
Family A (2 Adults + 2 Children)	\$ 767
Family B (2 Adults + 3 Children)	\$ 883
Family C (2 Adults + 4 Children)	\$ 967
Family D (2 Adults + 5 Children)	\$ 967
Camping(per Person)	\$ 115



These prices include the fees that Trybooking charge the Association. Camping is limited to 60 persons until the lodges are full due to min booking requirements. A \$5 per head late fee will be added to all bookings from the 1/2/15.

Rookie Regatta Entry Fee \$50.00 per boat - all sailors are to have a YA number to enter and **all boats must be insured and have \$10,000,000 public liability cover.**

Point Wolstoncroft Terms & Conditions Documents. You do not need to fill them in but it is a condition of attending that you agree & comply.

- [Point Wolstoncroft Term & Conditions](#)
- [Point Wolstoncroft Swimming Pool Conditions](#)

Point Woolie is a real highlight of MJ season and a great opportunity for sailors and families to enjoy a relaxed and friendly weekend together. Below are some other quick points to remember;

- Riders of scooters and bikes **MUST WEAR HELMETS**
- Need to bring all your own linen/towels and tea towels
- Access to accom from 3pm on Friday.
- The Key collection procedure and room allocation will be announced closer to the date
- Make sure everyone wears shoes in the water - beware of the [Razor Fish](#)
- [Camp Map](#)
- [Accommodation Layouts](#)

## Where to in 2017?

Due to the increasing costs of hosting round 3 at Point Wolstoncroft the committee is reviewing alternate venues for 2017 and beyond. Got a suitable location in mind - Let us know.

# Video competition

Our video competition is back in 2015 after a successful launch in 2016. Check out the prior year entries and other MJ videos on [YouTube](#) or via the [MJ Website](#)

## Competition Objectives

Create good quality instructional videos by junior sailors for junior sailors.

Knowledge transfer between junior sailors

General promotion of the Manly Junior class online

## Competition rules

Video length should be approximately 1 min, maximum length 90 seconds

Entries should focus on one aspect of rigging, sailing or racing techniques.

Submission prior to race briefing on Day 1, Round 3 of 2015/2016 State Titles

3 Prizes awarded for:

1. Best instructional video
2. Runner up
3. Best submission by a Novice Fleet sailor

Competition entrants should be current MJ sailors. Recent MJ sailors interested in participating should apply in advance to the competition committee.

Video content must be presented by junior sailors in keeping with the competition objectives

Content may be on land or on water

Parents may assist with video filming and editing or similar tasks to ensure entries are of appropriate quality

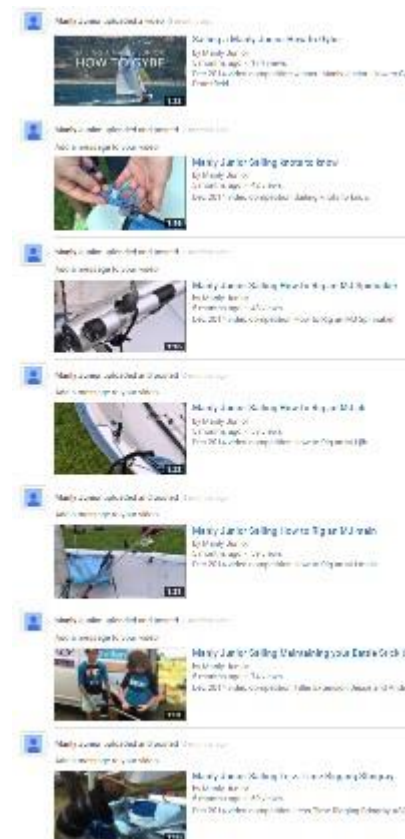
Preferred submission by USB or similar electronic storage format at Round 3 registration readable by a laptop.

Acceptance of entries that (i) can not be viewed by committee at Round 3 (e.g. due to no internet access) or (ii) do not comply with the above guidelines, at the sole discretion of Competition committee.

## Suggested 'How to' Topics

Roll tacks; Gybing; Where to sit and when; Planing on reach, Setting or dropping spinnakers, Sail settings/shape, Rig tension, Rigging 101 for new parents, Fast starts, Knots, Race Tactics, Launching; Rules

Videos will be placed on YouTube on the [Manly Junior channel](#) and titled Manly Junior Sailing – How to ....



# Your committee

State President     Mike Salter  
Vice President     Rebecca Curry  
Treasurer           Paul Dalton  
Secretary           Stuart Thorpe

National President     Kelvin Lawrence  
Registrar           Neil Richardson  
Handicapper           John de Monfort  
Measurer           Hugh Stodart

You can contact the association at [manly.junior@gmail.com](mailto:manly.junior@gmail.com)

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