

ONE DEADLY STEP VISITS TAMWORTH

Country Rugby League's partnership with the One Deadly Step program continued on Monday at The Youthie in Tamworth. The Local indigenous community came out in force to partake in the services available to them.

Ambassadors Jack Wighton, Julie young and Ricky Walford were in attendance to throw their support behind the initiative.

The One Deadly Step program focuses on bringing local health providers into one area to conduct screening tests for members of the local and outlying communities. Screening on the day is for chronic diseases common within the indigenous community such as Kidney disease, diabetes and heart disease.

Bringing the services to one area along with having the ambassadors present, provides motivation and support to local community member's assisting in breaking down barriers which normally stop them from going to their local GP to be tested for such health issues.

The CRL is proud to support the One Deadly Step program and will be present at the upcoming initiative in Coffs Harbour in early 2016.



FAR SOUTH COAST ACADEMY



The 2015-16 Greater Southern Region Academy program is going from strength-to-strength with the Group 16 Red Energy High Performance squad joining the Far South Coast Academy over the weekend in Batemans Bay.

The second session of the four month program included the coaching staff from both South Coast and Far South Coast Academies coupled with NRL Development Officers. With players coming from as far south as Eden and Cooma to Albion Park in the north, their efforts and commitment is extremely encouraging looking towards its continuance in 2016.

The Greater Southern Regional Manager Kevin Felgate was elated with the promotion. 'The session this weekend was outstanding. Combining the 2 programs was a no-brainer as we are trying to lift the participation numbers of our 16 to 18 year old participants. Our players, coaching staff and parents have shown great commitment thus far which is promising moving forward into next year'.

The third Academy session for the South Coast and Far South Coast will be held on the 19th and 20th of December in Batemans Bay and Appin respectively.

CORRIMAL COUGARS UNVEIL UNIQUE INDIGENOUS MURAL

The Corrimal Cougars Rugby League Club unveiled a unique indigenous mural that will adorn the Cougar's home ground, Ziems Park Corrimal.

The mural is a spectacular representation of the local area and the Cougars club, through the eyes of the local indigenous community. Local indigenous artist, Zachary Bennett-Brook, founder of Saltwater Dreamtime, directed the project and was assisted in mentoring students at Corrimal and Woonona High Schools who have contributed to the project, by teachers Paul Zubovic (Woonona High School) and Joel Foster (Corrimal High School).



CRL Indigenous Programs Manager Ricky Walford was in attendance to

celebrate this significance of the mural and the indigenous history in the local area. Local indigenous community elder Uncle Richard proudly spoke of his own experiences at Ziems Park as a player, and the benefits for all in the community through engaging in sport, and fostering mateship. State member for Keira, Ryan Park MP, praised the efforts of the Corrimal club in working hard within the Corrimal area to not only foster Rugby League, but to be seen as a leader in representing the community.

Corrimal RLFC President Dave Adams is immensely proud of the way the project has engaged local schools and the end result. "This project is a great representation of the club's link to the local indigenous community, who have provided some exceptionally talented players to the Cougars over many years" he said. "This spectacular mural will be display for all who venture to Ziems Park and will no doubt be a talking point. The Cougars have been home to many talented young indigenous players throughout our history, and this is a great celebration of not only these players but the whole indigenous community in the northern Illawarra who have always had a great passion for Rugby League", added Adams.

The mural project is the first in a series of initiatives the Corrimal club is hoping to implement with local schools and community groups to build strong relationships promote Ziems Park as an asset for the wider Corrimal community.