



## South Oval Tongue fest!



Former Canberra Raiders captain and all round good guy, Alan Tongue, will be putting the ANU Griffins and Dixon Advisory reps through our paces with an hour training session on Thursday, February 26 from 6pm at South Oval

This will be followed by a Dixon-sponsored barbecue and a brief info session on Dixon's wide array of services, including an overview of the new ANU Player Referral Program.

This is a free event and we encourage you to bring along any friends and associates who may be interested in having a run.



## Pre-season

So far we have had great numbers at pre-season and lots of old and new faces.

A reminder that Tuesday trainings will be held at Fellows Oval until further notice. Thursday trainings will remain at South. Bring runners, boots and mouth guards to all sessions.



# Griffins in profile

## Jenny Church

**Nickname:** Churchy

**What's your favourite footy memory?**

Driving 6 hours to Wagga, with 17 players, to lose 90-0 in a torrential downpour. One of the most fun and friendly games we played last season, and the Wagga girls were so stoked we made the effort to go.



**What's something you're looking forward to this year?**

Presentation night 2015 - I'm keen to hear about what other sports Jonno O'Bannon has played.

**Who's your Griff's hero?** Creany - for his enthusiasm at training and games, and for his enthusiasm on the Hellenic dancefloor.

**What do you like to do when you're not pulling on the blue and white for the Griff's?** I'm often seen getting on the 2 for 10s at KBs with the other lady Griff's.

**Worst habit?** Rubbish chat.



## Chris Mitchell

**Nickname:** C Dot

**What's something your fellow griff's might not know about you?**

I have webbed toes. Doesn't help my kicking or swimming abilities.

**What's something you're looking forward to this year?** Hopefully staying injury free

**What's your favourite footy memory?** Beating Goulburn in the GF by a point in extra time

**Childhood hero?** Glen Jakovich

**Describe yourself in three words?** I love lamp

# Schitt chat



**with Greg Oberscheidt....**

Bulk Griffins attended pre-Christmas pre-season for 6 solid weeks of work. The focus was primarily on the fitness levels but we managed to get the Sherrins out and hone the skills at every session.

Numbers were solid from the get go and although they tapered off in the run into Christmas a core group of 15-20 guys and girls continued through until the wind up on 18th December.

Early clubhouse leader Lachie Vass set a cracking pace in the endurance work whilst evergreen Dr Dan Chaston was on his clacker the whole time. C-Dot Mitchell grunted his way through every drill to let everyone know he was having a dip and Jobsy, did his best to tan up binning his shirt within 30 seconds every run. No results were acquired. Squirtman did bugger all running but his efforts kept everyone hydrated and were greatly appreciated.

We're now 4 weeks into the post-Christmas work and numbers have swelled again. A handful of new faces and the return of some old (I had thought Boeks was dead...) have been welcome additions and the mood of the group is top notch. We're working hard but everyone is feeding off each other and pushing through which has been great.

We're about a third of the way through our pre-season so if you haven't made the trip down there's plenty of time to get involved and primed for a big year.

## Griff-o-Gram: Smithy goes west

Smithy's gone to Perth, and taken his peanut allergy with him. *The Griff Tale* caught up with him on his new life in the west...



### How's West Oz? Why are you there?

After living together for five years in Canberra, Emma and I relocated to Perth in September 2014 to be closer to Emma's family and friends. Another key factor for the move was the pending arrival of little Oscar Jack who joined us on 30 October.

### What's great about where you are?

The adjustment has been relatively easy with the weather and beach playing a big factor. The lifestyle is a little more relaxed than Canberra and I've finally found some places that make a coffee to the standard expected by Johnny Mitch and Patty.

### What things from home do you miss?

I've not missed seeing Schitty in his Hawthorn shorts and heinous white skins and Wes with his lid off, although I have missed from time to time both of their very ordinary chat. After much harassment Jack Buckley has foolishly requested he wear the infamous number 11. I think Jack is in line for a few peanut sledges.

### Are you playing footy? If so, how's it going?

Pre-season has commenced with the Western Whalers. Only early days, however they seem like a good bunch of blokes who all love their footy. I'm yet to meet within the group an obsessed Simon Tuan or an 'I'm so good looking' Ryan Forsyth type personality.

I have missed the Griff-o pre-season and all the banter, although via text and phone I have been receiving regular updates from Westy and Tuan. Apparently Rosco and Freddy's brother is back training! Go Griffs!

**\*If you're a Griff-o abroad, we'd love to hear what you're up to. Drop us a line at [anugriffintale@gmail.com](mailto:anugriffintale@gmail.com)**



## Show your pryde

Griffins can look forward to some exciting things in 2015:

- Dixon Advisory sponsored BBQ and training sesh with Alan Tongue 26th February
- Griffin Pryde Memberships
- Inaugural ANU vs Melbourne University AFL game

**Stay tuned to hear more about these events in the New Year!**

**\*Pryde: <collective noun> a group of Griffins.**



**dixon**advisory

Dixon Advisory is a local business with very strong and personal ties to our club. ANUAFC and Dixon Advisory are offering \$150 cash for every referral over December and the New Year period. This offer applies to current Griffins, past Griffins and associates of the club.

Dixon offers a range of financial services, including:

- 🏠 Retirement Planning
- 🏠 Superannuation
- 🏠 Investment Advice
- 🏠 Succession/Estate Planning

Dixon Advisory may well be able to provide great value to someone you care about. To make a referral please call 02 6162 5506.

# Coach ~~Ribb~~ Robb looks to finals



New two's coach and full forward, Timmy Robb (pictured holding premiership cup), has high hopes for the reserves in 2015...

**Congrats on the coaching job. What's your coaching philosophy?**

Thanks mate, very much looking forward to the start of the season. As far as philosophy goes, quick ball movement and paddocks of space in the forward 50.

**What areas will you focus on strengthening this year?**

Not sure at this stage. The twos have been a fairly competitive unit for a while now. With fairly vast changes in faces year to year, and often week to week, it will probably take a while to get settled. Working out areas that require improvement will probably be difficult before round 5 or 6.

**What's the most amount of goals you kicked in a game? Against who?**

Kicked ten against Ainslie in round one a few years back. The added media scrutiny afterwards was almost unbearable and provided a huge distraction for the team, so would put the cue in the rack after watching the ninth sail through in games thereafter.

**Favourite Griffos memory?**

Knocking off Belco in the 2012 GF. They were red hot favourites and had dusted us the only other time we had played them that year. We also had to win our last game of the year to even make the finals.

We got up by 2 points in a thriller The Belco boys thought themselves such shoe-ins before the game they had already purchased some bubbles to celebrate. To their credit though, they did seek out BOG Tuany after the game and handed over the bottle.

**What's a pass mark for season 2015 mate? What are you hoping to achieve?**

A return to finals would probably warrant a pass mark, but am most certainly hoping to win the flag.

**Final word? Moist.**



## Sweet new training kit

This year the committee are trialling some new items on the runway with Griffins training singlets due to arrive in the next week.

The singlets come in blue and white and will cost \$25 each.

We have also ordered some size and design samples for a Griffins game day hoodie. Stay tuned for more details.

Keeping with last year's cashless policy, all uniform payments must be made into the Griffins account below.

### Uniform and Prices

Playing jersey \$60

Team polo \$20

Shorts \$45

Socks \$15

Training singlets \$25 (currently on order)

### Bank details

Account Name: ANU Australian Football Club

Account number: 464 641 279

BSB: 112-908

Reference: E.g. MCrawshaw fees