

Micronesian Games 2014 - 21/07/2014 to 24/07/2014**Pohnpei - Federated States of Micronesia****Results - Wednesday 23rd July 2014****Women 100 Metre**

Name	Year Team	Seed	Heats	H#
Preliminaries				
1 Fritz, Lanja	Nru		13.21Q	1
2 Gabriel, Ruby Joy	Plw		13.31Q	4
3 Abrams, Rachel	Cnmi		13.45Q	3
4 Thomsin, Aleina	Pni		13.86Q	2
5 Cress, Mariana	Rmi		13.36Q	4
6 Ngungutau, Sofaia	Yap		13.47Q	1
7 Ligorio, Anitra	Pni		14.01Q	3
8 Mungwaath, Juanita Marie	Yap		14.47Q	2
9 Wendolin, Mihter	Pni		13.54Q	1
10 Apiner, Ashley	Pni		13.74Q	4
11 Albert, Stacy Ann	Kos		14.39Q	3
12 Britt, Millie	Chk		14.65Q	2
13 Jonas, Lihen	Kos		13.81q	4
14 Pena, Friendly Joy	Cnmi		13.88q	1
15 Sapong, Zarinae	Cnmi		13.96	4
16 Sasser, Mattie	Rmi		13.97	1
17 Koshiba-Panuelo, Eliana	Plw		14.11	1
18 Arechy, Yolanda	Chk		14.14	1
19 Sewralur, Natalie	Plw		14.58	3
20 Siimo, Joamisa	Chk		14.79	3
21 Dois, Jessica	Chk		14.83	4
22 Olkeriil, Dorene Ngeroi	Plw		14.89	2
23 Debrum, Hemrita	Rmi		14.92	3
-- Palik, Selina	Kos		FS	2

Women 100 Metre

Name	Year Team	Heats	Semis	H#
Semi-Finals				
1 Abrams, Rachel	Cnmi	13.45	13.44Q	2
2 Fritz, Lanja	Nru	13.21	13.46Q	1
3 Cress, Mariana	Rmi	13.36	13.74Q	1
4 Gabriel, Ruby Joy	Plw	13.31	13.77Q	2
5 Wendolin, Mihter	Pni	13.54	13.86q	1
6 Ngungutau, Sofaia	Yap	13.47	14.11q	2
7 Apiner, Ashley	Pni	13.74	14.12q	2
8 Ligorio, Anitra	Pni	14.01	14.27	2
9 Jonas, Lihen	Kos	13.81	14.34	1
10 Pena, Friendly Joy	Cnmi	13.88	14.45	1
10 Thomsin, Aleina	Pni	13.86	14.45	1
12 Albert, Stacy Ann	Kos	14.39	14.67	2
13 Mungwaath, Juanita Marie	Yap	14.47	14.97	1
14 Britt, Millie	Chk	14.65	15.11	2

Women 100 Metre

Name	Year Team	Semis	Finals	Points
Finals				
1 Fritz, Lanja	Nru	13.46	12.80	
2 Abrams, Rachel	Cnmi	13.44	13.03	

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3	Cress, Mariana	Rmi	13.74	13.32
4	Wendolin, Mihter	Pni	13.86	13.33
5	Gabriel, Ruby Joy	Plw	13.77	13.41
6	Ngungutau, Sofaia	Yap	14.11	13.59
7	Apiner, Ashley	Pni	14.12	13.71

Women 800 Metre Run

Name	Year	Team	Seed	Finals	Points
1	Wicker, Christina	Plw		2:28.01	
2	Alexander, Mary Linda	Pni		2:44.47	
3	Wicker, Carolyn	Plw		2:48.70	
4	Mariano, Merisen	Chk		2:56.64	
5	Edgar, Demi	Pni		3:00.74	
5	Rivera, Dilluna	Plw		3:00.74	
7	Sanel, Lisabella	Pni		3:17.82	
8	Lomongo, Marianne	Plw		3:19.25	
9	Samson, Denise	Cnmi		3:24.71	
--	Burns, Eve	Rmi		DNF	

Women 400 Metre Hurdles

Name	Year	Team	Seed	Finals	Points
1	Gabriel, Ruby Joy	Plw		1:15.51	
2	Apiner, Ashley	Pni		1:20.35	
3	Thomsin, Aleina	Pni		1:21.86	
4	Wicker, Carolyn	Plw		1:23.07	

Women 4x400 Metre Relay

Team	Seed	Finals	Points
1 Pni 'A' 1) Ligorio, Anitra 3) Apiner, Ashley	2) Poll, Geraldine 4) Wendolin, Mihter	4:32.50	
2 Plw 'A' 1) Maidu, Rema Joy 3) Koshiha-Panuelo, Eliana	2) Wicker, Carolyn 4) Wicker, Christina	4:36.66	
3 Kos 'A' 1) Wesley, Filona L. 3) Albert, Stacy Ann	2) Jonas, Lihen 4) Palik, Selina	5:07.71	

Women High Jump SH 1.20

Name	Year	Team	Seed	Finals	Points
1	Abrams, Rachel	Cnmi		1.38m	
2	Pena, Friendly Joy	Cnmi		1.25m	

Micronesian Games 2014 - 21/07/2014 to 24/07/2014**Pohnpei - Federated States of Micronesia****Results - Wednesday 23rd July 2014****Women Discus Throw**

Name	Year Team	Seed	Finals	Points
1 Rangamar, Dolores	Cnmi		26.42m	
2 Rangamar, Lia'mwar	Cnmi		26.40m	
3 Grundler, Nina	Nru		25.81m	
4 Ardos, Tracy	Pni		25.50m	
5 Steven, Deborah	Pni		25.07m	
6 Likor, Sandonia	Pni		23.53m	

Men 100 Metre

Name	Year Team	Seed	Heats	H#
Preliminaries				
1 Kapiriel, Kitson	Pni		11.21Q	4
2 Teltull, Shaquille	Plw		11.40Q	3
3 Fiti, Scott	Chk		11.56Q	1
4 Namelo, Yondan	Chk		11.80Q	2
5 Abraham, Kavika	Kos		11.60Q	3
5 Smith, Tarrell	Chk		11.60Q	4
7 Kanai, Joab	Plw		11.75Q	1
8 Tau, Junior Dagiario	Nru		11.81Q	2
9 Uehara, Gwynn	Plw		11.64Q	4
10 Pluhs, Benter	Pni		11.70Q	3
11 Rodriguez, X-Ler	Pni		11.78Q	1
12 Mike, Diovil	Kos		11.87Q	2
13 Phillip, Brandon	Cnmi		11.80q	3
14 Koshiba, Ian Basiou	Plw		11.85q	4
15 Ngirchongor, Beouch	Cnmi		11.88	1
16 Jagroop, James	Yap		12.09	4
16 Killin, Ernist	Kos		12.09	4
18 Buchun, Julius	Yap		12.15	1
19 Cantero, O'Neill	Pni		12.25	2
20 Ais, Dickenson	Rmi		12.88	2
21 Aho, Sione	Rmi		13.12	1
-- Namelo, Yonder	Chk		NT	3
-- Cress, Roman	Rmi		DNF	3

Men 100 Metre

Name	Year Team	Heats	Semis	H#
Semi-Finals				
1 Kapiriel, Kitson	Pni	11.21	11.49Q	1
2 Teltull, Shaquille	Plw	11.40	11.59Q	2
3 Fiti, Scott	Chk	11.56	11.80Q	2
4 Uehara, Gwynn	Plw	11.64	11.88Q	1
5 Smith, Tarrell	Chk	11.60	11.81q	2
6 Pluhs, Benter	Pni	11.70	11.82q	2
7 Kanai, Joab	Plw	11.75	11.88q	2
8 Rodriguez, X-Ler	Pni	11.78	11.91	2
8 Namelo, Yondan	Chk	11.80	11.91	1
10 Abraham, Kavika	Kos	11.60	11.94	1
11 Koshiba, Ian Basiou	Plw	11.85	11.95	2
12 Mike, Diovil	Kos	11.87	12.05	1

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13 Phillip, Brandon	Cnmi	11.80	12.28	1
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Men 100 Metre

Name	Year Team	Semis	Finals	Points
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Finals

1 Kapiriel, Kitson	Pni	11.49	11.20	
2 Teltull, Shaquille	Plw	11.59	11.21	
3 Fiti, Scott	Chk	11.80	11.53	
4 Smith, Tarrell	Chk	11.81	11.56	
5 Uehara, Gwynn	Plw	11.88	11.68	
6 Pluhs, Benter	Pni	11.82	11.69	
7 Kanai, Joab	Plw	11.88	11.97	

Men 800 Metre Run

Name	Year Team	Seed	Finals	Points
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1 Henry, Casey	Pni		2:09.95	
2 Mongkeya, Carson	Kos		2:11.65	
3 Togogae, John-Rico	Nru		2:12.35	
4 Muritok, Rexter	Chk		2:12.77	
5 Mancao, Michael	Cnmi		2:13.25	
6 Gallen, Jay	Pni		2:15.03	
7 Alexander, Alex	Pni		2:17.59	
8 Eda, Sieya	Cnmi		2:17.71	
9 Stills, Jacques	Plw		2:19.59	
10 James, Jessie	Cnmi		2:21.39	
11 Ellis, Charley	Plw		2:21.43	
12 Ackerman, Dylan	Cnmi		2:28.95	
13 Soichy, Jackson	Chk		2:35.30	

Men 400 Metre Hurdles

Name	Year Team	Seed	Finals	H#	Points
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1 Ngirchongor, Beouch	Cnmi		1:00.89	1	
2 Edwin, Savier	Pni		1:02.13	1	
3 Gilmete, McCaffrey	Pni		1:02.47	1	
4 Stills, Jacques	Plw		1:02.76	1	
5 Asher, Francis	Kos		1:04.10	2	
6 Kostka, Irvine	Pni		1:05.95	2	
7 Wendolin, Jenson	Pni		1:17.93	2	

Men 4x400 Metre Relay

Team	Seed	Finals	Points
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1 Plw 'A'		3:25.52	
1) Uehara, Gwynn	2) Kanai, Joab		
3) Tkel, Francis	4) Teltull, Shaquille		
2 Pni 'A'		3:38.02	
1) Laurdine, Johnathan	2) Edwin, Savier		
3) Gilmete, McCaffrey	4) Ardos, Pahnrasco		

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3 Chk 'A'			3:38.82
1) Smith, Tarrell	2) Kapiar, Miurha		
3) Nomar, Doone	4) Fiti, Scott		
4 Cnmi 'A'			3:46.39
1) Ngirchongor, Beouch	2) Pharmin, Orrin		
3) Mancao, Michael	4) James, Jessy		
5 Rmi 'A'			4:01.84
1) Ais, Dickenson	2) Kelep, Jesen		
3) Woodall, Elisha	4) Antibas, Derickson		
-- Kos 'A'			DNF
1) Abraham, Kavika	2) Killin, Earnist		
3) Mike, Diovil	4) Mongkeya, Carson		

Men High Jump SH 1.30

Name	Year Team	Seed	Finals	Points
1 Demei Jr., Adolph Speng	Plw		1.50m	
2 White, Jaynard	Cnmi		1.50m	
3 Stills, Jacques	Plw		1.45m	

Men Shot Put

Name	Year Team	Seed	Finals	Points
1 Dabana, Joseph	Nru		13.46m	
2 Temengil, Florian	Plw		12.59m	
3 Ramngen, Daniel G.	Yap		11.18m	
4 Iyar, Jersey	Plw		10.84m	
5 Mongkey, Robin	Kos		10.73m	
6 Perez, George	Pni		10.57m	
7 Soumwei, Dison	Pni		10.25m	
8 Aho, Rais	Rmi		10.22m	
9 Joab, Daniel	Cnmi		9.99m	
10 Mooteb, Javez T.	Yap		9.96m	
11 Skilling, Henry	Kos		9.94m	
12 Anson, Patterson	Pni		9.79m	
13 Etscheit, Ronald	Pni		9.72m	
14 Opolai, Ronald	Cnmi		9.69m	
15 Skilling, Tulensa	Kos		9.37m	
16 Rangamar, Sylvan	Cnmi		8.90m	

Octathlon: #8 Men 1000 Metre Run Octathlon

Name	Year Team	Finals	Points
1 Jack, Jesse	Pni	3:12.51	547
2 Tkel, Francis	Plw	3:12.57	546
3 Hairens, Jesse	Pni	3:21.48	469
4 Pharmin, Orrin	Cnmi	3:24.82	442
5 Kapriel, Brian	Pni	3:30.97	393

Micronesian Games 2014 - 21/07/2014 to 24/07/2014**Pohnpei - Federated States of Micronesia****Results - Wednesday 23rd July 2014****Octathlon: #5 Men 110 Metre Hurdles Octathlon**

Name	Year Team	Finals	Points
1 Kapriel, Brian	Pni	19.76	368
2 Tkel, Francis	Plw	19.84	362
3 Jack, Jesse	Pni	20.37	321
4 Hairens, Jesse	Pni	20.73	294
5 Pharmin, Orrin	Cnmi	20.98	276

Octathlon: #6 Men High Jump Octathlon

Name	Year Team	Finals	Points
1 Pharmin, Orrin	Cnmi	1.60m	464
2 Tkel, Francis	Plw	1.45m	352
3 Jack, Jesse	Pni	1.42m	331
4 Hairens, Jesse	Pni	1.39m	310
5 Kapriel, Brian	Pni	1.27m	231

Octathlon: #7 Men Javelin Throw Octathlon

Name	Year Team	Finals	Points
1 Pharmin, Orrin	Cnmi	37.08m	400
2 Tkel, Francis	Plw	35.98m	384
3 Kapriel, Brian	Pni	31.48m	320
4 Hairens, Jesse	Pni	31.14m	315
5 Jack, Jesse	Pni	28.42m	277