

NATIONAL RECORDS - PAPUA NEW GUINEA

MEN

100m (e)	10.40 [+1.6]	Peter PULU	250875	Stuttgart	29.07.95
100m (h)	10.3	Nelson STONE	060284	Lae	26.06.09
200m (e)	21.09 [+0.5]	Nelson STONE	020684	Cairns	25.09.10
400m (e)	46.70	Nelson STONE	060284	New Delhi	08.10.10
800m	1:48.29	Clement ABAI	140479	Baton Rouge	20.04.02
1500m	4:00.02	Sebastine SENA	121075	Adelaide	08.02.97
5000m	14:43.4	John KOKINAI	300651	Rabaul	10.09.72
10000m	31:21.4	Tau John TOKWEPOTA	250656	Lae	.76
Half Marathon	1:11:16	Sapolai YAO	150982	Gold Coast	04.07.10
Marathon	2:28:13	Tau John TOKWEPOTA	250656	Honolulu	07.12.80
3000m St	9:25.8	John KOKINAI	300651	Port Moresby	27.08.71
110mH (e)	14.37 [+1.8]	Wala GIME	161279	Kingsville, Texas	22.03.14
400mH (e)	50.37	Mowen BOINO	161279	Melbourne	21.03.06
High Jump	2.06	Hapo MALIAKI	120379	Port Moresby	29.09.96
	2.06	Sandy KATUSELE	131280	Suva	10.07.03
Pole Vault	4.20	Eric MOMBERGER	060868	Barcelona	06.08.92
Long Jump	7.21 [nwi]	Edward BAI	121072	Port Moresby	16.05.98
	7.21 [+1.0]	Sandy KATUSELE	131280	Apia	27.06.03
Triple Jump	15.30	Mong TAVOL	171089	Eagle Rock, CA	09.05.10
Shot Putt	14.45	Eric MOMBERGER	060868	Denton, TX	24.04.08
Discus	45.62	Eric MOMBERGER	060868	Norman, OK	12.04.90
Hammer	34.68	Vipi SEJUK	240460	Port Vila	10.12.93
Javelin	58.62	Albert MOMBERGER	1970	Port Moresby	27.04.91
Decathlon (e)	7178	Eric MOMBERGER	060868	Emmitsburg	28.06.92 (11.07, 13.48, 1.93, 6.91, 50.10 / 15.63, 38.64, 4.00, 52.20, 4:46.04)
4 X 100m (e)	40.29	NATIONAL TEAM (Akia, Pulu, Ali, Babo)		Pirae	24.08.95
4 x 400m (e)	3:09.55	NATIONAL TEAM (Tuna, Neuendorf, Selot, Babo)		Port Moresby	21.09.91

WOMEN

100m (e)	11.37 [+1.8]	Mae KOIME	141283	Brisbane	10.03.07
200m (e)	23.46	Toea WISIL	010188	Melbourne	10.03.12
400m (e)	53.19	Toea WISIL	010188	Gold Coast	14.08.10
800m	2:03.53	Salome DELL	210383	Delhi	10.10.10
1500m	4:27.77	Salome DELL	21.03.83	Brisbane	11.02.11
3000mSt	11:48.74	Poru GAHEKAVE	160693	Apia	07.09.07
5000m	18:09.30 mx	Rosemary OMUNDSEN	060664	Flein, Germany	26.07.95
	18:18.1	Rosemary OMUNDSEN	060664	Lae	30.06.95
10000m	38:01.73	Rosemary OMUNDSEN	060664	Port Vila	11.12.93
Half Mar	1:27:21	Rosemary OMUNDSEN	060664	Port Moresby	05.06.94
100mH (e)	13.88 [+1.1]	Sharon KWARULA	080687	San Marcos, Texas	29.03.14
400mH (e)	60.53	Sharon KWARULA	080687	Austin, Texas	27.03.14
High Jump	1.76	Angela WAY	250573	Santa Rita	05.06.99
Pole Vault	1.85	Mathilda LEONG	1984	Malala, Madang	09.09.98
Long Jump	5.75 [nwi]	Lily TUA	280968	Port Moresby	13.07.91
Triple Jump	12.03 [+1.4]	Angela WAY	250573	Pirae	18.08.95
Shot Put	13.50	Iammo LAUNA	160957	Port Moresby	17.09.91
Discus	38.46	Iammo LAUNA	160957	Port Moresby	05.06.93
Javelin	48.10	Iammo LAUNA	160957	Port Moresby	05.05.01
Hammer	26.88	Iammo LAUNA	160957	Canberra	29.10.97
Heptathlon	5037	Iammo LAUNA	160957	Nuku'alofa	29.08.89
		(15.49, 1.53, 12.25, 25.26 / 5.20, 49.80, 2:38.29)			
4 x 100m (e)	45.99	NATIONAL TEAM (Koime, Wisil, Mooney, Baki)		Apia	08.09.07
4 x 400m (e)	3:40.40	NATIONAL TEAM (Burua, Dell, Philemon, Wisil)		Delhi	11.10.10

(e) - fully electronic timing

(h) - hand timing

nwi - no wind information

mx - mixed gender race

Records updated 30th March, 2014