



# Coaches' GAME PLAN



## Skills

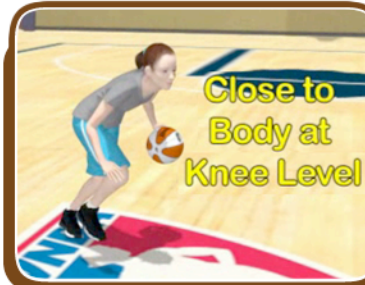
### Crossover Dribble



# 01



Cross the ball in front, switching from 1 hand to other at backward angle.



# 02



Keep dribble close to body and around knee level.



# 03



Then change lead foot and body position to protect ball.



# 04



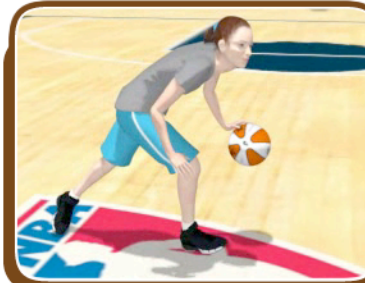
Accelerates toward intended direction.



# 05



She must keep her head up so she can see her teammates.



# 06



To master this move, be able to dribble with both hands.

## Notes: