



PAPUA NEW GUINEA SWIMMING INC

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NEWS BULLETIN ISSUE 1 - 1ST QUARTER 2009

Executive Members:

President Elizabeth Wells
Secretary: Henrietta Ampa'oi
Registrar: Barbara Skelton

Vice President: Bruce Mead
Treasurer: Sarenah Pini
Property: Lois Nakmai

Papua New Guinea Swimming Inc major and support sponsors:

Bank South Pacific (BSP)

TNT

Theodist Stationary

Daltron

Hertz Rent a Car

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Coca Cola Amatil (PNG) Limited

Boroko & Lae Club members

FINA

PNG Sports Federation Olympic Committee

Olympic Solidarity

PNG Sports Foundation

American Home Assurance

PNGSI is Affiliated to:

PNG Sports Federation Olympic Committee

FINA

Oceania Swimming Association

Dear Member affiliates

Welcome to the 1st edition for 2009

Papua New Guinea Swimming Inc (PNGSI) welcomes you all back for another exciting and eventful year in the sport of swimming.

PNGSI will continue to promote the sport through education and good governance, and will strive to look for opportunities that will best carry our sport forward in 2009 in a positive direction.

We have created a culture that places quality service delivery in both administration and competition as a priority in our sport.

With the unwavering support and committed dedication of our executive members and our affiliated clubs working together we will continue this direction to best serve the athletes and coaches in Papua New Guinea.

The 2009 PNGSI Year book is now available. If you have not yet received one via the email please contact Liz Wells on 3258573 or 6938685.

PNGSI welcomes back our valued sponsors of our sport who provide the necessary support both financially and in-kind for our swimming activities to be realised and swimming to grow on the national and international scene.

They are Bank South Pacific, PNGSFOC, PNG Sports Foundation, FINA, Oceania Swimming Association, Airlines PNG, American Home Assurance, Theodist Limited, TNT, Daltron, Coca Cola Amatil (PNG) Ltd, sponsors of the Clubs and all media outlets.

To our coaches: as our athletes return to the pool to begin the 2009 training program please ensure they are properly covered up from the rays of the penetrating sun.

Remember the slogan: **Slip slop slap.** It is our duty of care to make sure they are well advised on the detrimental effects the

sun can have on the body if not taking the necessary precautions to prevent sunburn. And don't forget the bottle of water poolside.

We look forward to an exciting year ahead – stay motivated, positive and enjoy the experience.

Enjoy Swimming on.....

SP Sports Awards

The Papua New Guinea Sports Federation has launched the 2009 **SP Sports Awards** for 2008.

The **SP Sports Awards** is an incentive scheme that recognizes the efforts of sportsmen and sports women around the country.

Nominations will only be accepted on the Official Nomination Form found in the Post Courier (daily newspaper) in respect to performance and achievements during the period of January 1 to December 31, 2008.

There are thirteen categories in the **SP Sports Awards 2009**.

Sports Man of the Year	K4500
Sports Woman of the Year	K4500
Team of the Year	K4500
National Performance Award	K4500
Junior Male Athlete of the Year	K3000
Junior Female Athlete of the Year	K3000
Junior Team of the Year	K3000
(Note Junior status is 19 years and under)	
Best Sports person with a disability	K3000
Distinguished Service to Sport	K3000
Coach of the Year	K2000
Sports Administrator of the Year	K2000
Technical Official of the Year	K2000
Sports Reporter of the Year	K2000

Nominations can be submitted by anyone including national sporting associations, individual sportsmen and women, coaches, administrators, clubs, sports officials, the media and the public for any of the above awards.

Closing date for nominations in all categories of the **SP Sports Awards 2009** is **Tuesday 31st March, 2009.**

PNGSI CALENDAR OF EVENTS IN 2009 – SANCTIONED COMPETITIONS

Date	Event	Location
January 15-17	1 ST FINA Swim Coaches World Confer.	Singapore
January 29 – February 1	Brisbane Snr Metropolitan	Chandler Brisbane
February 6	BASC Westpac Night (A)	Ela Murray Pool
February 7-8	Zoggs Qld Sprint	Chandler Brisbane
February 21	BASC Carnival 1 / LASC Carnival 1A	Ela Murray Pool / Coronation Pool
March 6	BASC Westpac Night (B)	Ela Murray Pool
March 7	PNGSI Annual General Meeting	TBA Date to be confirmed
March 13-15	Brisbane Jnr Metropolitan Champs	Brisbane
March 14	BASC Carnival 2	Ela Murray Pool
March 17 - 22	2009 Telstra Aus. Swimming Champs	Sydney Aquatic Centre
March 20- 22	2009 National TNT SC Champs	LAE, PNG
April 3	BASC Westpac Night (C)	Ela Murray Pool
April 4	LASC Carnival 2B	Coronation Pool
April 13 - 18	2009 Australian Age Championships	Sydney Aquatic Centre
April 26	LASC Carnival 3C	Coronation Pool
May 2	BASC Carnival 3	Ela Murray Pool
May 9 - 17	2009 Arafura Games	Darwin
May 16 - 17	2009 Telstra Grand Prix 1	AIS, Canberra
May 22	BASC Westpac Night (D)	Ela Murray Pool
May 23	LASC Carnival 4A	Coronation Pool
June 13	BASC Carnival 4 / LASC Carnival 5B	Ela Murray Pool / Coronation Pool
June 20-21	BASC Westpac Dolphin Sprints	Ela Murray Pool
June 20 - 21	2009 Telstra Grand Prix 2	(TBC)
July 11	LASC Carnival 6C	Coronation Pool
July 19 –2 Aug	13th FINA World Championships	Rome, Italy
July 31	BASC Westpac Night E	Ela Murray Pool
August 8 - 12	2009 Telstra Australian SC Champs	AIS, Canberra
August 8	BASC Carnival 5	Ela Murray Pool
August 14-16	Coca Cola Huon Gulf	Coronation Pool LAE
August 28	BASC Westpac Night (F)	Ela Murray Pool
August 29	LASC Carnival 7A	
September 5	BASC Carnival 6	Ela Murray Pool
September 18 - 20	PNGSI Theodist National Champs	NCD, PNG
October 3	LASC Carnival 8B	Coronation Pool
October 16	BASC Westpac Night (G)	Ela Murray Pool
October 31	BASC Carnival 7 / LASC Carnival 9C	Ela Murray Pool / Coronation Pool
November(TBC)	2009 Telstra FINA Swimming World Cup	(TBC)
November 6-8	BASC City Pharmacy/LASC Coca Cola Club Championships	POM/LAE

ON THE NOTICE BOARD

Reminder to all OVERSEAS SWIMMERS registered with Papua New Guinea Swimming Inc

PNGSI wishes to advise all overseas members of Papua New Guinea Swimming Inc please notify the PNGSI Registrar Barbara Skelton on email: barbaraskelton@bigpond.com.au of all competitions (dates and nominated events) you wish to compete in representing Papua New Guinea as soon as possible. This needs to be done prior to the event being swum.

The competitions need to be sanctioned by PNGSI and a clearance given to Swimming Australia.

Websites

PNGSI Website can be found at: www.oceaniasport.com

Click on 'swimming', Scroll down - Click on 'Papua New Guinea Swimming Association', click on a subject in the left hand menu box titles to receive content.

FINA WEBSITE www.fina.org

OCEANIA SWIMMING ASSOCIATION Website can be found by either looking it up on google or yahoo search engines by typing in "oceania swimming association" or you can find it on the sportingpulse website which is www.sportingpulse.com

ARAFURA GAMES web site can be found at www.arafuragames.nt.gov.au

Qualifying Criteria for ARAFURA GAMES 9th -17th May 2009 Darwin, Australian Northern Territory

To all coaches and athletes: Please be advised of the Qualifying criteria to enable you a spot on the travelling team to the Arafura Games.

- Criteria for Train on Squad: **Gold** AX Program or Target Squad - 11 yrs and over (as at May 2009).
- To retain a place on the squad swimmers will need to retain Gold times at TNT Nationals for age of competition at Arafura. Taking into account the entry restrictions for Arafura - swimmers will need to be at least 11 yrs of age on the blocks at Arafura
- Additions may be made at TNT Nationals to be held in March.
- At the completion 2008 a train-on squad for the Arafura Games was named

Males: Bobby Akunai, Adam Ampa'oi, Riley Albrecht, Ian Nakmai, Jenixon Lim, Stanford Gore, Ishan Guru Peter Pokawin, Danny Pryke, Nathan Ampa'oi, Nathan Nades

Females: Barbara Leana- Vali, Tegan McCarthy, Judith Meauri

- Swimming a time does not bestow automatic right to represent PNG at the Oceania Championships.
- Training programs, attitude and commitment to training will also be taken into account.

The final team will be named one month prior to departure, at which time those who have not fulfilled the training, medical and levy requirements will be taken off the team.

To stay in the train-on squad swimmers will need to commit themselves to their training programs with the purpose of achieving a Gold Time for age at competition by the 2009 TNT National Short Course championships.

Swimmers may be added to the squad up until the 2009 TNT National Short Course championships at the discretion of PNGSI.



2009 TNT national short course championships

To be held in LAE at the Coronation International School Pool

Hosted by Lae Amateur Swimming Club

From Friday 20th March to Sunday 22nd March over four sessions

PNGSI sincerely thanks TNT for supporting and sponsoring the championships

Entries for the TNT national short course championships will close with your Club Registrar at 6:00pm on Monday 17th March 2008.

Entries close with the PNGSI Registrar Barbara Skelton on Monday the 9th March.

All competitors must be registered with a PNGSI club in Papua New Guinea or be an invited guest of PNGSI.

At the completion of the TNT National Short Course Championships Papua New Guinea Swimming Inc will name the team to travel to Darwin Australia to compete in the 2009 Arafura Games and the train on squad for the FINA World Championships to be held in July 2009.

LAE AMATEUR SWIMMING CLUB CONTACT DETAILS

Position	Name	E-Mail	Telephone
President	Matthew Cooper	mcooper@coralseahotels.com.pg	W 472 3744 - 24 hrs /M 696 0740
Vice – President	John Nilan	moale@mainland.com.pg	W 472 3233
Treasurer	Upali Lakshman	ulakshman@datec.com.pg	H 472 0635 / W 472 3433
Secretary / Publicity	Liz Stitt	stitt@global.com.pg	H 479 1531 / W 687 4515
Head Coach	Matthew Cooper	As Above	
Property Officer	Lynne Seeto		H 479 2112
Register / Recorder	Gill Rees	gillrees@daltron.com.pg	H 472 3248 / M 651 1550
Caterer	Caroline Cooper		M 697 1032

BOROKO AMATEUR SWIMMING CLUB CONTACT DETAILS

Position	Name	E-Mail	Committee
President	Warick Vele	wvele@datec.com.pg	Greg Runnegar
Vice – President	Tony Witham	tonywitham@fincorp.com.pg	Catherine Tkatchenko
Treasurer	Peter Pokawin	pppokawin@daltron.com.pg	Caroline Terz
Secretary / Publicity	Julie Wickens	Tony Burslem [burslem@grapevine.com.au]	Fiona Raftery
Head Coach	Elizabeth Wells	wells@daltron.com.pg	
Register / Recorder	Jo-Anne McAskill	jomcaskill@online.net.pg	



NEWS FROM THE FINA PRESS RELEASE N° 2/2009

1st FINA WORLD SWIMMING COACHES CONFERENCE - SINGAPORE

231 participants from 74 countries discover the secrets behind success

Lausanne (SUI), January 19, 2009 – 231 delegates from 74 nations had a unique opportunity to gather for the first edition of the FINA World Swimming Coaches Conference, held in Singapore (SIN) from January 15-17, 2009. Papua New Guinea was represented by Liz Wells.

During three days of discussion many successful coaches shared their experiences with an audience interested in learning the latest trends in swimming training.

The mentors of 2008 Olympic gold medal winners Kosuke Kitajima (JPN), Stephanie Rice (AUS) and Leisel Jones (AUS) explained how much work and preparation their athletes face on a daily basis for achieving optimal performances.

Other examples of training programmes were presented, such as the case of Tao Li (SIN), the team of Canada, the development of swimming schools in Malaysia or in the importance of early planning for success.

“This conference demonstrates our desire to involve the Swimming coaches as key players of our sport. We need their support so we can have the best swimmers represented as often as possible in FINA events. We need to be visible all year long, year by year and not only every four years during Olympic Games. Together we need to ‘think big’”, said FINA President Mustapha Larfaoui in his opening speech.

Besides the coaching presentations, the participants were briefed about upcoming FINA challenges: the FINA Strategic Plan 2009-2013, the opportunities created by the TV coverage of FINA events, the organisation of the FINA World Championships in 2009 in Rome and the 1st Youth Olympic Games in 2010 in Singapore, and an update on the new FINA Doping Control Rules enforced since January 1, 2009.

Another key moment of this conference was the much-awaited and appreciated debate between Mark Schubert, Head Coach of USA, and Alan Thompson, his counterpart for Australia, about the programmes of the two swimming powerhouses on the planet.

Given the enthusiasm generated during these three days, the first edition of this Conference will certainly not be the last one!

For more news, visit: www.fina.org

2nd Oceania Masters Swimming Championships

2nd Oceania Masters Championships

From 18th-19th July 2009
The Hobart Aquatic Centre
Davies Avenue
Hobart, Tasmania, Australia

Please be advised that Tasmania Branch has been awarded the right to host the 2nd Oceania Masters Swimming Championships on behalf of Masters Swimming Australia.

The event will take place at The Hobart Aquatic Centre, 18-19 July 2009.

An invitation has been extended to all our Masters Swimmers to compete at this event.

The Hobart Aquatic Centre is a major aquatic sporting facility located on the Queens Domain, within less than 1 kilometre of the CBD of Hobart.

The facility is fully indoors, and features a full 50 metre Olympic Standard 8 lane competition swimming pool and smaller 25 metre warm-up and leisure pool.

Minimum Age limit is 25 years, age determined as at 31st December 2009.

Program of Events – Short Course

1st Session Saturday 18th July (Warm up 1pm)

- 1 400 Freestyle
- 2 200 Breaststroke
- 3 50 Freestyle
- 4 100 Backstroke
- 5 200 Butterfly
- 6 50 Breaststroke
- 7 50 Butterfly
- 8 200 IM
- 9 200 Mixed Free Relay

2nd Session Sunday 19th July (Warm up 8am)

- 10 200 Freestyle
- 11 100 Butterfly
- 12 50 Backstroke
- 13 100 IM
- 14 200 Backstroke
- 15 100 Breaststroke
- 16 100 Freestyle
- 17 400 IM
- 18 200 Mixed Medley Relay

Social Function – Sunday 19th July from 12:30pm

At the conclusion of the event, there will be lunch at the Black Buffalo Hotel.

The final date for receipt of individual entries by the Organising Committee is Friday 6 June 2009.

If you are interested in attending, please email Liz Wells for further information regarding Registration form, Individual Entry Forms and other necessary information.

A GREAT COMPETITION FOR OUR MASTERS

Loren Bartley Chief Executive Officer

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ceo@mastersswimming.org.au | www.mastersswimming.org.au

Part of Message from the
National President of
Masters swimming
Australia – Mr John Pugh

*My first official task on
becoming President of
Masters Swimming
Australia was to attend the
first Oceania Masters
Swimming Championships
in Suva, Fiji Islands.*

*Masters Swimming
Australia, through its
Tasmania Branch is
delighted to stage the
second Oceania Masters
Championships in Hobart.
Life Fiji, Tasmania is an
Island, but its climate is
temperate and if you are
lucky you may see snow on
Mt Wellington, which
overlooks the city and the
pool. However, the pool
and air temperatures in the
pool will be comfortably
warm, and you will be only
a few minutes' walk from
accommodation and
restaurants in the city.
After the competition there
are lots of beautiful places
to explore.*

*I hope you will join us in
this Championship Meet.
On behalf of Masters
Swimming Australia and
the Tasmanian Branch I
welcome you to Tasmania.*