

# Our Programs



**3-6yrs | 60 min sessions | Run every school term**

Aussie Hoops is open to children of all abilities and is aimed at children who are 3-6 yrs old. The program is focused on having fun and using a "game sense" approach, while learning the experience of basketball by playing a series of games. This program is a pathway to the GC Minihoops program.



**7-11yrs | 90 min sessions | Run every school term**

GC Minihoops Basketball Program has been designed so that children can learn to play basketball in an enjoyable, fun and friendly environment, whilst also learning the necessary fundamentals to progress through to playing games in our local club competition. Please note it is beneficial for players to continue in this program after they join their local club.



**Under 9 - Under 11 Competition Saturday Mornings**

**Under 13 - Under 19 Competition Friday Nights**

The GCJBL is a weekly competition that sees our seven clubs compete against each other for the club shield.



**10yrs+ | 90 min sessions | 20 player max per session**

"Rookie Pro" is for players to improve their fundamentals, gain confidence, advance their skills on defense, shooting, dribbling and passing. Rookie Pro is also the pathway to our "Triple Threat Program".



**10yrs+ | Exp. players | 90 min sessions | 20 player max per session**

GC Triple Threat is focused on developing advanced fundamentals and skills in older and more advanced junior players to help them take the next step in their game. This program is a pathway to the GC Academy.



**15yrs+ | Elite, selected players | Sessions vary**

The GC Academy is a program that is based on nurturing Gold Coast Basketball's most promising talent. The Academy is by a selection process and for players 15yrs+. Players must be registered with Gold Coast Basketball to be eligible. Training sessions are focused on preparing these athletes for higher level basketball.



**Basketball Queensland Junior Basketball Competition - (BQJBC)**

Gold Coast Basketball enter representative teams from Under 12's through to Under 20's into the BQJBC which runs from October through to April. To be eligible to represent the Gold Coast Basketball Association in this competition and the Queensland State Championships you must be registered with one of the clubs overleaf and play in our GCJBL.



**Development League**

Gold Coast Basketball enters a Men and Women's team into the Queensland Development League each year. These teams are made up of Gold Coast's most promising players under the age of 23. The league has been designed as a pathway to the Queensland Basketball League (QBL).



**Senior Competitions**

Tuesday, Wednesday, Thursday nights at The Southport School

**Mixed • Social Men • A Grade Men • A Grade Women • B Grade Men**

If you require any further information please contact Jennelle Cameron, Programs/Clubs Manager on [jennelle@gccrba.com.au](mailto:jennelle@gccrba.com.au) or call our office on **07 559 44108**

We are located inside Carrara Indoor Stadium, Broadbeach Nerang Rd, Carrara, 4211, Qld.

**Gold Coast Basketball run regular camps, courses and target specific programs which are advertised on our website. To keep up with all that is basketball on the Gold Coast visit [www.goldcoast.basketball.net.au](http://www.goldcoast.basketball.net.au) or join us on facebook: [www.facebook.com/GoldCoastBasketball](http://www.facebook.com/GoldCoastBasketball)**